**WAC 388-845-1870 What are life skills services?** (1) Life skills services provide community-based and individualized support with the intent of reaching an identified habilitative goal in the person-centered service plan.

(2) Service must assist a client to learn or maintain skills in categories of:

(a) Self-empowerment;

(b) Safety awareness and self-advocacy;

(c) Interpersonal effectiveness and effective social communication;

(d) Coping strategies for everyday life changes; and

(e) Managing daily tasks and acquiring adaptive skills.

(3) Life skills services must promote inclusion in the community.

(4) Life skills services are available on the basic plus, IFS, core, and CIIBS waivers.

(5) Life skills services, when authorized as a stabilization service, is available on all five HCBS waivers.

[Statutory Authority: RCW 71A.12.030, 71A.12.380, 71A.12.380(1), and 42 C.F.R. 441.301. WSR 26-01-053, s 388-845-1870, filed 12/11/25, effective 1/11/26. Statutory Authority: RCW 71A.12.030, 71A.12.120, and 42 C.F.R. 441.301 (c)(6). WSR 23-18-035, § 388-845-1870, filed 8/29/23, effective 9/29/23. Statutory Authority: RCW 71A.12.030 and 71A.12.120. WSR 21-19-108, § 388-845-1870, filed 9/20/21, effective 10/21/21.]