

**WAC 388-76-10420 Meals and snacks.** The adult family home must:

- (1) Serve at least three meals:
  - (a) In each twenty-four hour period;
  - (b) At regular times comparable to normal meal times in the community; and
  - (c) That meet the nutritional needs of each resident.
- (2) Make nutritious snacks available to residents:
  - (a) Between meals; and
  - (b) In the evening.
- (3) Get input from residents in meal planning and scheduling;
- (4) Serve nutrient concentrates, supplements, and modified diets only with written approval of the resident's physician;
- (5) Only serve pasteurized milk;
- (6) Process any home-canned foods served in the home, according to the latest guidelines of the county cooperative extension service; and
- (7) Ensure food is:
  - (a) In sufficient supply; and
  - (b) Safe, sanitary, and uncontaminated.

[Statutory Authority: RCW 70.128.040. WSR 10-03-064, § 388-76-10420, filed 1/15/10, effective 2/15/10. Statutory Authority: RCW 70.128.040 and chapters 70.128 and 74.34 RCW. WSR 07-21-080, § 388-76-10420, filed 10/16/07, effective 1/1/08.]