Chapter 110-145 WAC
LICENSING REQUIREMENTS FOR GROUP CARE FACILITIES
(Formerly: Chapter 388-145 WAC)

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PURPOSE AND DEFINITIONS

WAC 110-145-1300  What is the purpose of this chapter?  (1) This chapter contains licensing requirements for generalized group care facilities, group homes, crisis residential centers, emergency respite centers, group receiving centers, overnight youth shelters, staffed residential homes, and resource and assessment centers. These licensing regulations are designed to ensure children in group care facilities are safe, healthy, and protected from all forms of child abuse and neglect according to RCW 26.44.020(1) and chapter 110-30 WAC.

(2) These separately licensed programs may provide specialized services such as day treatment services, services to pregnant and parenting youth (maternity services), HOPE beds, responsible living skills programs, and services to medically fragile children, and children with intellectual and developmental disabilities. You must hold a group care license to provide the specialized services outlined in this chapter. These services can be provided through your own program or by using community resources.


WAC 110-145-1305  What definitions do I need to know to understand this chapter?  The following words and terms are for the purpose of this chapter and are important to understand these requirements:

"Abuse or neglect" means the injury, sexual abuse, sexual exploitation, negligent treatment or maltreatment of a child as defined in RCW 26.44.020.

"Adult" means a person 18 years old or older, not in the care of the department.

"Agency" is defined in RCW 74.15.020(1).

"Asexual" means the lack of a sexual attraction or desire for other individuals.

"Assessment" means the appraisal or evaluation of a child's physical, mental, social and emotional condition.

"Bisexual" means individuals who have an emotional or physical attraction to individuals of the same and different genders.

"Business hours" means hours during the day in which state business is commonly conducted. Typically, the hours between 9 a.m. and 5 p.m. on weekdays are considered to be standard hours of operation.

"Capacity" means the age range and maximum number of children on your current license.

"Care provider" means any person who is licensed or authorized to provide care for children and cleared to have unsupervised access to children under the authority of a license.
"Case manager" means a facility employee who coordinates the planning efforts of all the persons working on behalf of a child.

"Case plan" means a written document adhered to and followed by a foster child's parents, foster parents, the department, and all other caregivers. A case plan may include, but is not limited to:

(a) A description of the type of home or facility in which a child is to be placed, including a discussion of the safety and appropriateness of the placement and how the department plans to carry out the voluntary placement agreement entered into or judicial determination made with respect to the child;

(b) A plan for assuring that the child receives safe and proper care and that services are provided to the child, parents or guardians, and foster parents in order to improve the conditions in the parents' home, facilitate returning the child to their own home or the permanent placement of the child, and address the needs of the child while in foster care, including a discussion of the appropriateness of the services that have been provided to the child under the plan;

(c) The health and education records of the child, including the most recent information available regarding:
   (i) The names and addresses of the child's health and educational providers;
   (ii) The child's grade level performance;
   (iii) The child's school records;
   (iv) A record of the child's immunizations;
   (v) The child's known medical conditions;
   (vi) The child's medications; and
   (vii) Any other relevant health and education information concerning the child determined to be appropriate by the department;

(d) Relevant professional assessments of the child;

(e) Court orders concerning the child; and

(f) Any other relevant plan, assessment, knowledge, material, or information concerning the child determined to be appropriate by the department.

"Chapter" means chapter 110-145 WAC.

"Child," "children," or "youth" for this chapter, means a person who is one of the following:

(a) Under 18 years old;

(b) Up to 21 years of age and enrolled in services through the department of social and health services developmental disabilities administration (DDA) the day prior to their 18th birthday and pursuing either a high school or equivalency course of study, such as a GED or HSEC, or vocational program;

(c) Up to 21 years of age and participates in the extended foster care program;

(d) Up to 21 years of age with intellectual and developmental disabilities;

(e) Up to 25 years of age and under the custody of juvenile rehabilitation.

"Child placing agency (CPA)" means an agency licensed to place children for temporary care, continued care, or adoption.

"Compliance agreement" means a written improvement plan to address the changes needed to meet licensing requirements.

"CW" means the division of child welfare within DCYF. CW provides case management to children and families involved in the child welfare system.
"Day treatment" is a specialized service that provides educational and therapeutic group experiences for emotionally disturbed children.

"DDA" means the developmental disabilities administration in the department of social and health services. DDA provides services and case management to children and adults who meet the eligibility criteria.

"Deescalation" means strategies used to defuse a volatile situation, to assist a child to regain behavior control, and to avoid a physical restraint or other behavioral intervention.

"Department" means the department of children, youth, and families (DCYF).

"Developmental disability" is a disability as defined in RCW 71A.10.020.

"Direct care" means direct, hands-on personal care and supervision to group care children.

"DOH" means the department of health.

"Electronic monitoring" means video or audio monitoring or recording used to watch or listen to children as a way to monitor their behavior.

"Emergency respite center (ERC)" means a licensed facility that may be commonly known as a crisis nursery, which provides emergency or crisis care for nondependent children birth through 17 years for up to 72 hours to prevent child abuse or neglect per RCW 74.15.020(d). ERCs may choose to be open up to 24 hours a day, seven days a week. Facilities may also provide family assessment, family support services, and referrals to community services.

"FBI" means the Federal Bureau of Investigation.

"Full-time" as used throughout this chapter when describing work experience means a minimum of 1,664 work hours in a calendar year or the equivalent of 32 work hours per week.

"Gay" means a sexual orientation to describe individuals who are emotionally or physically attracted to someone of the same gender. Gay is sometimes an umbrella term for the LGBTQIA+ community.

"Gender" or "gender identity" means an individual's inner sense of being a female, male, a blend of both or neither, or another gender. This may or may not correspond with an individual's sex assigned at birth.

"Gender expression" means individuals' outward communication of their gender through behavior or appearance. This may or may not conform to their sex assigned at birth or socially defined behaviors and characteristics typically associated with being either masculine or feminine.

"Gender fluid" means individuals whose gender identities are flexible, not permanent.

"Group care" is a general term for a licensed facility that is maintained and operated for a group of children on a 24-hour basis to provide a safe and healthy living environment that meets the developmental needs of the children in care, per RCW 74.15.020 (1)(f).

"Group home" is a specific license for residential care that provides care and supervision for children.

"Group receiving center" means a licensed facility that provides the basic needs of food, shelter, and supervision for children placed by the department, generally for 30 or fewer days.

"Guardian" has the same meaning in this chapter as defined in RCW 26.33.020(11).
"Guns or weapons" means any device intended to shoot projectiles under pressure or that can be used to attack. These include, but are not limited to, BB guns, pellet guns, air rifles, stun guns, antique guns, handguns, rifles, shotguns, and archery equipment.

"Health care staff" means anyone providing qualified medical consultation to your staff or medical care to the children in your care.

"Hearing" means the administrative review process conducted by an administrative law judge.

"I, my, you, and your" refers to an applicant for a license issued under this chapter, and to any party holding a license under this chapter.

"Infant" means a child less than 12 months of age.

"Intellectual and developmental disability" means children with deficits in general mental abilities and impairment in everyday adaptive functioning.

"Interim facility" means an overnight youth shelter, emergency respite center or a resource and assessment center.

"Intersex" is an umbrella term used to describe a wide range of natural bodily variations when the body is born with a combination of chromosomes, internal organs, or external genitalia that do not develop as expected.

"Lesbian" means females or women who have an emotional or physical attraction for other females or women.

"LGBTQIA+" means lesbian, gay, bisexual, transgender, queer or questioning, intersex, and asexual. The "+" represents identities not specifically named in the LGBTQIA acronym, e.g., pansexual, gender nonbinary, and Two-Spirit.

"License" means a permit issued by us that your facility meets the licensing standards established in this chapter.

"Licensed health care provider" means an MD (medical doctor), DO (doctor of osteopathy), ND (doctor of naturopathy), PA (physician's assistant), or an ARNP (advanced registered nurse practitioner).

"Licensing division (LD)" means the division within DCYF that licenses and monitors foster homes, child placing agencies, and licensed group care facilities.

"Licensing provider portal" means the internet connected provider application system used by the department and agencies to securely store digital employment and licensing documents and data.

"Local fire authority" means your local fire inspection authority having jurisdiction in the area where your facility is located.

"Maternity service" as defined in RCW 74.15.020. These are also referred to as pregnant and parenting youth programs.

"Medically fragile" means the condition of a child who requires the availability of 24-hour skilled care from a health care professional or specially trained staff or volunteers in a group care setting. These conditions may be present all the time or frequently occurring. If the technology, support, and services being received by the medically fragile children are interrupted or denied, the child may, without immediate health care intervention, experience death.

"Missing child" means any child less than 18 years of age in licensed care or under the care, custody, and authority of DCYF and the child's whereabouts are unknown, the child has left care without the permission of the child's caregiver or DCYF, or both. This does not include children in a dependency guardianship.

"Multidisciplinary teams (MDT)" means groups formed to assist children who are considered at-risk children in need of services, and their parents.
"Negative action" means a court order, court judgment, or adverse action taken by an agency, in any state, federal, local, tribal, or foreign jurisdiction, that results in a finding against the applicant reasonably related to the individual's suitability, and competence to care for or have unsupervised access to children in out-of-home care. This may include, but is not limited to:
(a) A decision issued by an administrative law judge;
(b) A final determination, decision, or finding made by an agency following an investigation;
(c) An adverse licensing action, including termination, revocation, or denial of a license or certification, or if there is a pending adverse action, the voluntary surrender of a license, certification, or contract in lieu of an adverse action;
(d) A revocation, denial, or restriction placed on any professional license; or
(e) A final decision of a disciplinary board.
"Nonambulatory" means not able to walk or exit to safety without the physical assistance of another individual.
"Nonbinary" is a term of self-identification for individuals who do not identify within the limited and binary terms that have described gender identity, e.g., female and male. Nonbinary is also an umbrella term for many identities such as gender expansive, gender fluid, and genderqueer.
"Out-of-home placement" means a child's placement in a home or facility other than the child's parent, guardian, or legal custodian.
"Overnight youth shelter" means a licensed nonprofit agency that provides overnight shelter to homeless or runaway youth in need of emergency sleeping arrangements.
"Parent" has the same meaning in this chapter as defined in RCW 26.26A.010(15).
"Probationary license" means a license issued as part of a corrective action to an individual or agency that has previously been issued a full license but is out of compliance with minimum licensing requirements and has entered into an agreement aimed at correcting deficiencies.
"Property or premises" means a facility's buildings and adjoining grounds that are managed by a person or agency in charge.
"Psychotropic medication" means a type of medicine that is prescribed to affect or alter thought processes, mood, sleep, or behavior. These include antipsychotic, antidepressant, and antianxiety medications.
"Queer" is a term used to express LGBTQIA+ identities and orientations. The term is sometimes used as an umbrella term for all LGBTQIA+ individuals.
"Questioning" means individuals who are exploring their sexual orientation, gender identity, or gender expression at any age.
"Relative" means a person who is related to a child under RCW 74.15.020.
"Resource and assessment center" means an agency that provides short-term emergency and crisis care for a period up to 72 hours, (excluding Saturdays, Sundays, and holidays) to children who have been removed from their parent's or guardian's care by child protective services or law enforcement.
"Secure crisis residential center" means a licensed facility open 24 hours a day, seven days a week that provides temporary residential placement, assessment and services in a secure facility to prevent
youth from leaving the facility without permission, per RCW 13.32A.030(15).

"Semi-secure crisis residential center" means a licensed facility open 24 hours a day, seven days a week that provides temporary residential placement, assessment and services for runaway youth and youth in conflict with their family or in need of emergency placement.

"Sexual orientation" means an individual's emotional or physical attraction to other individuals.

"SOGIE" is an acronym for sexual orientation, gender identity, and expression which are distinct identifiers everyone has. LGBTQIA+ is a subdistinction within SOGIE self-identifiers. SOGIE includes LGBTQIA+ as well as heterosexual, cisgender, and nonquestioning individuals.

"Staff" or "staff member" means a person who provides services for your facility and is paid by your facility. The definition of staff member includes paid interns.

"Staffed residential home" means a licensed facility that provides 24-hour care to six or fewer children who require more supervision than can be provided in a foster home.

"Transgender" is an umbrella term for individuals whose gender identity or expression is different from cultural expectations based on the sex they were assigned at birth. Gender-affirming medical care is not a prerequisite to identify as transgender. Being transgender does not imply any specific sexual orientation.

"Treatment plan" means individual plans that identify the service needs of the child, including the child's parent or guardian, and identifies the treatment goals and strategies for achieving those goals.

"Two-Spirit" means a modern, pan-indigenous, umbrella term used by some indigenous North Americans to describe Native people in their communities who fulfill a traditional third-gender or other gender-variant, ceremonial, and social role in their cultures. Being Two-Spirit does not imply any specific sexual orientation.

"Volunteer" means a person who provides services for your facility without compensation.

"Washington state patrol fire protection bureau (WSP/FPB)" means the state fire marshal.

"We, our, and us" refers to DCYF and its staff.

"Young child" refers to a child age 12 months through eight years old.

LICENSING PROCESS

WAC 110-145-1310  Am I required to have a license to provide care to children? You must be licensed if you provide care on a twenty-four hour basis to a child who is not related to you. Exceptions to this rule are listed in RCW 74.15.020 or by order of the court under chapter 26.10 RCW or RCW 13.34.065.

WAC 110-145-1315  When will the department grant me a license?
(1) We issue you a group care license to care for children on a 24 hour basis when you, your staff, and volunteers, property, and premises meet the licensing regulations contained in this chapter and all required documents are in the department's licensing file. Documents required under this section must be submitted to the department through the licensing provider portal.
(2) Additional requirements specific to your program can be found in WAC 110-145-1890 through 110-145-2200.

WAC 110-145-1320  How old do I have to be to apply for a license to provide care to children? You must be at least twenty-one years old to apply for a license to provide care to children.

WAC 110-145-1325  What is required to apply for a group care facility license? (1) You, the person responsible for the license, must submit a complete application using the licensing provider portal.
(2) You must submit a completed background authorization form for your executive director, agency staff, including those not directly working with children, consultants, volunteers, and anyone paid by the facility per chapter 110-04 WAC.
(3) You must ensure that all paid agency staff and any other paid adults working at your facility, including those not directly working...
with children, complete a FBI fingerprint check and a child abuse and neglect history check of every state in which the individual has lived in the preceding five years prior to conducting the background check.

(4) You must ensure that agency volunteers who provide direct care complete a FBI fingerprint check and a child abuse and neglect history check of every state in which the individual has lived in the preceding five years prior to conducting the background check.

(5) You must ensure that agency volunteers who do not provide direct care and have lived outside of Washington state during any portion of the previous three years complete a FBI fingerprint check.

(6) You must ensure all staff, volunteers, or subcontractors meet the requirements in chapter 110-04 WAC. An individual is not authorized to work in the facility until DCYF issues a background check clearance authorization for the individual.

(7) If you have both a license issued by LD and a contract with the department, you must adhere to the most stringent background check requirement.


WAC 110-145-1330 How does the department determine my suitability to become a licensed provider, or a staff member, intern, or volunteer of a licensed provider? (1) The department determines your suitability as a licensed provider after receiving:

(a) Your application submitted through the licensing provider portal;

(b) Background authorizations for the persons listed in WAC 110-145-1325; and

(c) All documentation required under this chapter.

(2) The department determines the suitability of a licensee, staff member, intern, or volunteer after receiving their background authorization referenced in subsection (1) of this section.

(3) You, your staff members, interns, and volunteers must not have had a license or contract denied or revoked from an agency that regulates the care of children or vulnerable adults, unless the department determines that you do not pose a risk to a child's safety, well-being, and long-term stability.

(4) You, your staff members, interns, and volunteers must not have been found to have committed abuse or neglect of a child or vulnerable adult, unless the department determines that you do not pose a risk to a child's safety, well-being, and long-term stability.

(5) You must demonstrate that you, your staff members, interns, and volunteers have:
(a) The understanding, ability, physical health, emotional stability, and personality suited to meet the physical, mental, emotional, cultural, and social needs of the children under your care; and

(b) The ability to furnish children with a nurturing, respectful, and supportive environment regardless of the child's actual or perceived race, ethnicity, religion, or SOGIE.

(6) At any time, we may require you, your staff members, interns, and volunteers to give us additional information. We may also require an evaluation of your facility or property, or of a staff member, intern, or volunteer working for your facility or agency, by an evaluator we recommend. Any evaluation requested by the department will be at your expense. The evaluator must be given written permission to share information with us prior to and throughout the evaluation process.

(7) Any staff member, intern, or volunteer who is found to have misrepresented or provided fraudulent information may be disqualified.

(8) Before granting or renewing a license, your licensor will assess your ability to provide a safe environment for children and to provide the quality of care needed by children placed in your care. Your licensor will also determine that you meet training requirements.


**WAC 110-145-1335 What additional steps must I complete prior to licensing?**  
(1) You must submit, through the licensing provider portal, a detailed written program description for LD approval. The description must outline:

(a) Your mission and goals;

(b) A description of the services you will provide to children and their families;

(c) Your written policies covering qualifications, duties, and ongoing training for developing and upgrading staff skills; and

(d) A description of your agency's policies and procedures.

(e) For staffed residential facilities in family homes, you must provide a written plan to the child's DCYF caseworker for the supervision of children in your care if you work outside of your staffed residential home.

(2) You must have a site inspection by your LD licensor or someone designated by LD who can verify that your premises have:

(a) Adequate storage for staff and client files;

(b) A landline working telephone;

(c) Adequate space for privacy when interviewing parents and children;

(d) Room or area used for administrative purposes;

(e) Adequate space for visitation;
(f) Appropriate furnishings for the children in your facility; and

(g) Your license clearly posted (if inspection is for a renewal license).

(3) All facilities described in this chapter, (except for staffed residential homes for five or fewer children), are required to meet the health requirements to receive a certificate of compliance from the DOH and the fire safety requirements from the WSP/FPB.

(4) You, your employees, and volunteers are required to submit, through the licensing provider portal, a negative tuberculosis (TB) test or an X-ray, unless you provide documentation of a negative TB test in the previous twelve months. If there is a positive TB test, then the individual must submit a physician's statement identifying that there is no active TB or risk of contagion to children in care.

   (a) We may grant an exception to the TB test requirement, in consultation with a licensed health care provider.

   (b) This exception would require a statement from a licensed health care provider (MD, DO, ND, PA or ARNP) indicating that a valid medical reason exists for not having a TB test.

(5) If you are being licensed to care for children under the age of two, you, your employees, and volunteers working in the facility caring for children under the age of two are required to provide, through the licensing provider portal, documentation verifying you have current pertussis and influenza vaccinations. The department may license you to serve children under the age of two even though you, your employees, or volunteers are unable to obtain an influenza vaccination for medical reasons. In this case, a licensed health care provider's statement is required noting that the influenza vaccination would result in severe medical consequences to the person and that there is no other form of the influenza vaccine that would not cause severe medical consequences. All other employees or volunteers must still be vaccinated. We recommend, but do not require, these immunizations for you, your employees, and volunteers when you serve children age two and older.

(6) You must submit, through the licensing provider portal, proof of current immunizations for any children living on the premises, not in out-of-home care. We may, in consultation with a licensed health care provider, grant exceptions to this requirement if you have a statement from a licensed health care provider, e.g., MD, DO, ND, PA or ARNP.


WAC 110-145-1340 How long do I have to complete the licensing application process? (1) You must complete your licensing application
by submitting all required documents within 90 days of submitting the application through the licensing provider portal and background authorization forms to the department.

(2) If you do not meet this 90-day deadline, your licensor may withdraw your application.

(3) As a courtesy, a renewal notification and renewal materials will be sent 120 days prior to your license expiration date. If you do not receive this renewal notice it is your responsibility to contact your licensor.

(4) You must send the renewal application and all required background authorization forms to your licensor at least 90 days prior to the expiration of your current license.


WAC 110-145-1345 How long is my license valid? (1) Your license is issued for a three-year period.

(2) Your license is valid only for the person or organization named on the license and only for the specific address listed on the license.

(3) Your license must be posted where the public can easily view it.

[WSR 18-14-078, recodified as § 110-145-1345, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1345, filed 12/11/14, effective 1/11/15.]

WAC 110-145-1350 Who shall have access to my facility? The department must have access to your facility, staff, and the children in your care at any time. You must allow us to meet privately with staff or children in your care, at our request. We must also have access to the documents related to your program.

[WSR 18-14-078, recodified as § 110-145-1350, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1350, filed 12/11/14, effective 1/11/15.]

WAC 110-145-1355 Am I required to comply with local ordinances? You are responsible for obtaining a certificate of occupancy and for following all local and state regulations such as zoning regulations, community covenants, local building codes and fire codes. The department may require you to provide proof that you are complying with local regulations.
WAC 110-145-1360 What children may I serve in my group care program?  (1) You may serve children who are at least six years of age and meet one of the following conditions:
   (a) Have behaviors that cannot be safely or effectively managed in foster care;
   (b) Need temporary placement awaiting a more permanent placement;
   (c) Need emergency placement during a temporary disruption of a current placement;
   (d) Have emotional, physical, or mental disabilities;
   (e) Need a transitional living setting;
   (f) Need respite care from a licensed provider; or
   (g) Are age sixteen or older and need to acquire independent living skills.

(2) Your program may serve children younger than six years of age if it meets the following criteria:
   (a) Provides services to children with intellectual and developmental disabilities;
   (b) Provides services to medically fragile children;
   (c) Provides services to expectant mothers or parenting youth;
   (d) Is licensed as a group receiving center;
   (e) Is licensed as an emergency respite center;
   (f) Is licensed as a resource and assessment center; or
   (g) Is a facility approved and certified under chapter RCW 74.15.020 (2)(m).

WAC 110-145-1365 How does the department decide which children will be placed in my care?  (1) The department is responsible for the safety and well-being of the children placed in its custody by the parents or the courts, and we will place children according to their best interest.

(2) We evaluate your ability to care for children. We specify the maximum number, age range, and gender of children on your license. We may base this on the skills and number of caretakers, the physical accommodations of your facility, and the children placed in your facility.

(3) Based on the evaluation, we may license you for the care of fewer children than you normally would serve in your category of care.

(4) Except for a staffed residential home for five or fewer children, the certification of occupancy from the Washington state depart-
ment of health will be considered in deciding the number of children you may serve.

[WSR 18-14-078, recodified as § 110-145-1365, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1365, filed 12/11/14, effective 1/11/15.]

**WAC 110-145-1370**  Do I have to admit or retain all children?  (1) You have the right to refuse to admit or retain a child in a program. The exceptions to this requirement are the individual programs that have contracts that specify a child cannot be denied admission.

(2) A joint decision may be made by the provider, the agency placing the child, and us to serve the child elsewhere, for the health and safety of the child or others.

[WSR 18-14-078, recodified as § 110-145-1370, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1370, filed 12/11/14, effective 1/11/15.]

**WAC 110-145-1375**  What happens when licensing requirements differ from contract requirements?  You may hold a contract with the state to provide services. If you provide services as a group care facility you must also meet the licensing requirements outlined in this chapter. When contract or other statutory requirements differ from licensing, you must meet the highest standard.

[WSR 18-14-078, recodified as § 110-145-1375, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1375, filed 12/11/14, effective 1/11/15.]

**WAC 110-145-1380**  May a group care facility be issued more than one type of license?  (1) A group care facility may not be licensed by LD for more than one type of license in the same building (a group care facility and a CPA for example), unless the department determines that care of one type of client does not interfere with the care of another type of client, and you have approval from the LD administrator. We may require separation of resident populations between the programs. You must meet the requirements for both licenses.

(2) If you have multiple licenses from different agencies in the same location, you must obtain approval from LD prior to providing services and accepting placements.

[Statutory Authority: RCW 74.15.030. WSR 22-11-091, § 110-145-1380, filed 5/18/22, effective 6/18/22. WSR 18-14-078, recodified as § 110-145-1380, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145,
WAC 110-145-1385  When may I be certified to provide care to children?  (1) When you meet the licensing requirements, you may apply to us through the licensing provider portal for certification of your facility, rather than a license, if the following conditions apply:
   (a) You are exempt from needing a license under chapter 74.15 RCW, and you wish to serve department-funded children; or
   (b) You are licensed by authority of an Indian tribe within the state under RCW 74.15.190.

(2) [Statutory Authority: RCW 74.15.030. WSR 22-11-091, § 110-145-1385, filed 5/18/22, effective 6/18/22. WSR 18-14-078, recodified as § 110-145-1385, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.14 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1385, filed 12/11/14, effective 1/11/15.]

RULE VIOLATIONS AND CORRECTIVE ACTIONS

WAC 110-145-1390  Will you license or continue to license me if I violate licensing regulations?  (1) We may modify, deny, suspend or revoke your license when you, your employees or volunteers:
   (a) Do not meet the licensing regulations in this chapter;
   (b) Have not met the background check requirements;
   (c) Have been determined by us to have abused or neglected a child;
   (d) Have committed, permitted, or assisted in an illegal act on the premises of a facility providing care to children;
   (e) Are unable to manage your property and financial responsibilities;
   (f) Tried to get a license by deceitful means, such as making false statements or omitting critical information on the application;
   (g) Knowingly allowed employees or volunteers who made false statements or omitted critical information on their applications to work at your agency; or
   (h) Cannot provide for the safety, health and well-being of the child(ren) in your care.

(2) We may suspend or revoke your license if you have children in your facility for whom you are not licensed, without approval by your DLR licensor. This includes having more children, or children of different ages or gender than the license allows.

(3) We will send you a certified letter informing you of the decision to modify, deny, suspend or revoke your license. In the letter, we will also tell you what you need to do if you disagree with the decision.

(4) The department has jurisdiction over all licenses issued by DLR and over all holders of and applicants for licenses as provided in RCW 74.15.030(5). Such jurisdiction is retained even if an applicant requests to withdraw the application, or you surrender or fail to renew your license.

Certified on 8/9/2023
WAC 110-145-1395 Are there exceptions made if I do not meet the licensing regulations? (1) We may make exceptions and license or continue to license you if you do not meet the minimum licensing regulations. We may allow this if you can demonstrate that you can provide for the safety, health and well-being of children in your care.

(2) In addition, we may limit or restrict your license and/or require you to enter into a compliance agreement to ensure the safety and well-being of the children in your care.

(3) You must keep a copy of the approved exception to the licensing regulations in your files.

(4) You do not have appeal rights if the department denies your request for an exception to the licensing regulations.

WAC 110-145-1400 Must prospective and current staff and volunteers be disqualified from having access to the children in my facility? (1) The department must disqualify prospective and current staff and volunteers if they do not meet the regulations of this chapter, or cannot have unsupervised access to children because of their background check as outlined in chapter 110-04 WAC.

(2) The department must disqualify prospective and current staff and, volunteers, and subcontractors if they have had a negative action taken on a license or contract, or have had a license denied or revoked by an agency that regulates the care of children or vulnerable adults, unless the department determines that the individual does not pose a risk to a child's safety, well-being, and long-term stability.

(3) Applicants, staff, and volunteers must demonstrate that they have the understanding, ability, physical health, emotional stability, and personality suited to meet the physical, mental, emotional, cultural, and social needs of the children under their care.

(4) The department will notify the licensee when prospective staff and volunteers are disqualified from having unsupervised access to children. Hiring a person disqualified by DCYF or continuing to allow unsupervised access to children by a person disqualified by DCYF could also lead to denial, suspension, or revocation of your license issued under this chapter.
WAC 110-145-1405 What may I do if I disagree with your decision to modify, deny, suspend or revoke my license, or to disqualify my background check? You have the right to request an administrative hearing if you disagree with any of these actions. You must request this hearing within twenty-eight calendar days of receiving a certified letter with our decision (see chapter 34.05 RCW). To request a hearing you must send a letter to the Office of Administrative Hearings, P.O. Box 42489, Olympia, Washington 98504-2489, 1-800-583-8271. The letter must have the following:

1. A specific statement indicating why you disagree with our decision and any laws you believe are related to your claim; and
2. A copy of the certified letter we sent to modify, revoke, suspend, or deny your license or to disqualify your background check.

WAC 110-145-1410 How do I appeal the decision of the office of administrative hearings' administrative law judge? (1) The decision of the administrative law judge is the final decision of the department unless you or the department files a petition for review with DCYF board of appeals within 21 calendar days after the administrative law judge's decision is mailed to the parties.

(2) The procedure for requesting or responding to a petition for review with the board of appeals is described in chapter 110-03 WAC.

(3) We will not appeal decisions made by the board of appeals.

(4) If you disagree with the board of appeals, you may file a petition in superior court and ask for further review (RCW 34.05.510 to 34.05.598).
WAC 110-145-1415  Can I be issued a probationary license?  (1) We may issue a probationary license in order to correct a deficiency.
   (2) We will consider the following when deciding whether a probationary license will be issued:
      (a) An intentional or negligent violation of licensing regulations;
      (b) A history of violation of licensing regulations;
      (c) A current violation of licensing regulations;
      (d) Whether you are making a good faith effort to comply; and
      (e) Any other factors relevant to the specific situation.
   (3) A probationary license may be issued for up to six months. At our discretion, we may extend the probationary license for an additional six months. You may not appeal our decision to not issue a probationary license.

[WSR 18-14-078, recodified as § 110-145-1415, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1415, filed 12/11/14, effective 1/11/15.]

STAFF QUALIFICATIONS AND REQUIREMENTS

WAC 110-145-1420  Who must I employ at my facility?  (1) You must employ sufficient numbers of qualified staff to meet the physical, safety, health, and emotional needs of the children placed in your care, appropriate for their age and developmental level. Employers and caregivers must:
   (a) Demonstrate competency, good judgment, and self-control in the presence of children and when performing duties;
   (b) Report suspected abuse, neglect, and exploitation to the children's administration intake and to the designated administrator or supervisor;
   (c) Know and comply with rules established in this chapter as well as all other applicable laws; and
   (d) Comply with federal and state antidiscrimination laws related to personnel policies and procedures.
   (2) Staff, volunteers, and others caring for children at your facility must provide children with:
      (a) Appropriate adult supervision;
      (b) Emotional support;
      (c) Personal attention; and
      (d) Structured daily routines and living experiences.

[WSR 18-14-078, recodified as § 110-145-1420, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1415, filed 12/11/14, effective 1/11/15.]

WAC 110-145-1425  What are the duties and qualifications of an executive director or administrator?  (1) An executive director or administrator must:
(a) Manage the financial, administrative, and service operations of the facility;
(b) Be available by telephone during the regularly scheduled business hours of the facility and in-person as needed;
(c) Ensure that the program complies with all relevant and applicable laws, specifically chapter 74.15 RCW, and the licensing rules in this chapter;
(d) Communicate to the department the roles, expectations, and purposes of the program;
(e) Assume responsibility for health, safety, and well-being of children in the care of their facility;
(f) Comply with any professional accreditation requirements that apply to the agency; and
(g) Work with representatives of other agencies.

(2) An executive director or administrator must:
(a) Meet the experience and education requirements of a program manager, detailed in WAC 110-145-1430(4), unless the facility employs another person as the program manager;
(b) Have experience with the same or similar duties. Such experience must be relevant to the administrative oversight and program and fiscal management of an agency as indicated in the agency's policies and procedures; and
(c) Meet additional duties and qualifications detailed in any written agreement between the agency and any state governmental entity, if applicable. If the requirements of this section conflict with the terms in a written and signed agreement, then the higher standard will apply.


**WAC 110-145-1430 What are the duties and qualifications of a program manager?**  (1) A program manager must be on-site at their facility according to written and agreed upon terms detailed in the agency's program manager position description, policies and procedures, and in any written and signed agreement between the agency and a state governmental entity, if applicable.
(2) A program manager must:
(a) Coordinate and oversee the facility's day-to-day services provided to children or youth;
(b) Supervise case managers and direct care staff;
(c) Monitor staff development and training;
(d) Ensure each child's or youth's treatment and care plan is executed and completed;
(e) Comply with any professional accreditation requirements that apply to the agency; and
(f) Be available by telephone during the agency's regularly scheduled business hours according to written and agreed upon terms detailed in the agency's program manager position description, policies and procedures, and in any written and signed agreement between the agency and any governmental entity, if applicable.
(3) A program manager must have:
   (a) A bachelor's degree from an accredited college or university and one year of similar, full-time experience working with vulnerable populations;
   (b) An associate's degree from an accredited college or university and two years of similar, full-time experience working with vulnerable populations; or
   (c) Three years of similar, full-time experience working with vulnerable populations.

(4) Program managers must not provide clinical oversight to case managers unless the program manager also meets the qualifications detailed in WAC 110-145-1440.

(5) A case manager or another person with the equivalent training and experience of a program manager may serve as a program manager.

(6) A program manager must meet additional duties and qualifications detailed in any written and signed agreement between the agency and any governmental entity, if applicable. If the requirements of this section conflict with the terms in a written and signed agreement, then the higher standard will apply.


WAC 110-145-1435 What if my on-site program manager must be off-site temporarily when youth are present? The on-site program manager must leave a competent designated staff person in charge who meets the on-site program manager qualifications, if the manager must be temporarily absent.


WAC 110-145-1440 What are the duties and qualifications of a case manager? (1) Case managers are required for facilities that provide medical or therapeutic services to children or youth. A case manager must coordinate and administer services for individual children and youth served by the agency.

   (2) A case manager must have:
   (a) A master's degree from an accredited college or university;
   (b) A bachelor's degree from an accredited college or university and consult with a person with a master's degree at least one hour for every 40 hours of case management work; or
   (c) Four years' full-time work experience directly working with, managing, or overseeing vulnerable populations in a related field and
consult with a person with a master's degree at least one hour for every 40 hours of case management work.

(3) Case managers must:
   (a) Maintain training, experience, knowledge, and demonstrated skills in each area they will be supervising;
   (b) Maintain skills and understanding needed to effectively manage cases; and
   (c) Comply with any professional accreditation requirements that apply to the agency.

(4) An agency may use case managers employed or provided by another agency if:
   (a) The case manager meets the experience and education requirements in this section; and
   (b) There is a written agreement between the agencies describing the scope of services to be provided by the case manager.

(5) A case manager must meet additional duties and qualifications detailed in any written and signed agreement between the agency and any state governmental entity, if applicable. If the requirements of this section conflict with the terms in a written and signed agreement, then the higher standard will apply.


**WAC 110-145-1445 What are the duties and qualifications of direct care staff?**

(1) Direct care staff must:
   (a) Be at least 21 years of age, except as provided for in subsection (2) of this section;
   (b) Have a high school diploma or equivalent credential, for example, a GED or HSEC;
   (c) Have the skills and ability to assist with the needs of children and youth in care;
   (d) Meet at least one of the following criteria:
      (i) Have at least six months of similar, full-time experience working directly with vulnerable populations; or
      (ii) Be attending classes at an accredited college or university related to caring for vulnerable populations; and
   (e) If applicable, meet additional duties and qualifications detailed in:
      (i) Any professional accreditation requirements that apply to the agency; and
      (ii) Any written and signed agreement between the agency and any state governmental entity. If the requirements of this section conflict with the terms in a written and signed agreement, then the higher standard will apply.

(2) Direct care staff may be between 18 and 21 years of age if the direct care staff meet the requirements detailed in subsection (1)(b) through (e) of this section, and work:
(a) At a facility licensed only to provide care for children younger than 13 years of age; or
(b) At a facility licensed to provide care for children 13 years of age and older if the direct care staff person works at all times with at least one other staff person who:
   (i) Is at least 21 years old;
   (ii) Is on-site and readily available to help when needed; and
   (iii) Has at least one year of similar, full-time experience working directly with vulnerable populations.

(3) An agency must maintain sufficient direct care staff who meet the education and training requirements defined in this chapter to ensure the health, safety, and well-being of children and youth in care.

(4)(a) A facility licensed under this chapter that employs direct care staff persons, must have and follow a written policy that describes the duties, responsibilities, professional qualifications, and safety requirements for direct care staff persons.
   (b) A policy under this section must be reviewed and approved by the department:
      (i) After the effective date of subsection (3) of this section but before any newly hired direct care staff person provides services directly to children or youth on behalf of the facility; or
      (ii) Prior to the agency renewing its license.


WAC 110-145-1450 What are the duties and additional qualifications for crisis residential center direct care staff? (1) Direct care staff at a crisis residential center (CRC) must care for, supervise, and manage the behavior of children or youth in care.

(2) At least 50 percent of direct care staff at a CRC must have completed:
   (a) A bachelor's degree from an accredited college or university; or
   (b) At least two academic years' worth of credit hours from an accredited college or university and one year of full-time work experience at a group residential program for adolescents.

(3) Direct care staff at a CRC under subsection (2) of this section may substitute experience for educational requirements on a year-for-year basis.

(4) Direct care staff who do not meet the requirements detailed in subsection (2) of this section must have a high school diploma or equivalent credential, for example, a GED or HSEC and at least one of the following:
   (a) Six months of full-time experience working with youth in a group setting; or
   (b) One year of experience as a foster parent with placement of one or more children or youth in their 24-hour care.
(5) Direct care staff at a CRC under subsection (4) of this section may substitute two academic years' worth of credit hours from an accredited college or university for the required experience under subsection (4)(a) and (b) of this section.

(6) If applicable, direct care staff at a crisis residential center must meet additional duties and qualifications detailed in:
   (a) Any professional accreditation requirements that apply to the agency; and
   (b) Any written and signed agreement between the agency and any state governmental entity. If the requirements of this section conflict with the terms in a written and signed agreement, then the higher standard will apply.

(7)(a) A CRC licensed under this chapter that employees direct care staff persons must have and follow a written policy that describes the duties, responsibilities, professional qualifications, and safety requirements for direct care staff persons.

(b) A policy under this section must be reviewed and approved by the department:
   (i) After the effective date of this subsection but before any newly hired direct care staff person provides services directly to children or youth on behalf of the facility; or
   (ii) Prior to the agency renewing their license.


WAC 110-145-1455 If I have health care staff, what qualifications are required? (1) If your program requires health care staff, they must:
   (a) Meet the full professional competency requirements in their respective field; and
   (b) Maintain their certification or licensure as required.

(2) Applicants with current and active medical licenses or certificates (nurses, physicians and EMS personnel) may submit their licenses or certificates to satisfy the first aid and CPR requirement.

[WSR 18-14-078, recodified as § 110-145-1455, filed 6/29/18, effective 7/1/18. Statutory Authority: RCW 74.15.010, 74.15.030, 74.15.040, 74.15.090, 74.13.031, and P.L. 113-183. WSR 16-17-101, § 388-145-1455, filed 8/19/16, effective 9/19/16. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.44.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1455, filed 12/11/14, effective 1/11/15.]

WAC 110-145-1460 What are the duties and qualifications for case management consultants? (1) An agency must have case management consultants available as needed to work with its staff, the children and youth in care, and the families of children and youth in care. Additional consultants may be used to support programs and services.
A case management consultant is responsible for:
(a) Reviewing treatment or case plans as appropriate;
(b) Consulting with or supervising case managers at least one hour for every 40 hours of case management work. Staff consultations must be documented and available for staff to review as needed;
(c) Monitoring and documenting the skill development of staff; and
(d) Complying with any professional accreditation requirements that apply to the agency.

Each case management consultant must have:
(a) A master's degree from an accredited college or university;
(b) The training, experience, knowledge, and demonstrated skills for each area which they will be supervising or advising;
(c) The ability to ensure staff develop their skills, are adequately trained, and have the understanding needed to effectively manage cases; and
(d) Knowledge of mandatory child abuse and neglect reporting requirements.

A case management consultant may be employed by an agency or operate under a contract.

A case management consultant must meet or exceed the professional competency requirements and academic training required by their professional field.

In addition to the requirements in this section, a case management consultant working in an emergency respite center must have training and experience in early childhood education.

A case management consultant must meet any written and signed agreement between the agency and any state governmental entity, if applicable. If the requirements of this section conflict with the terms in a written and signed agreement, then the higher standard will apply.

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What additional supports do I need for my group care facility? (1) You must have sufficient clerical, accounting and administrative services to maintain proper records and carry out your program.

(2) You must have sufficient support and maintenance services to maintain and repair your facility, and to prepare and serve meals.

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**WAC 110-145-1470** Can one staff person have different responsibilities? (1) The same person may have multiple staff roles and responsibilities as long as they meet the staff qualifications for each position and you maintain the required staffing ratios.

(2) The executive director/administrator may:
   (a) Serve as the program manager when qualified for both positions; and
   (b) Serve as direct care staff when the role does not interfere with the director's management and supervisory responsibilities.

[WSR 18-14-078, recodified as § 110-145-1470, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1470, filed 12/11/14, effective 1/11/15.]

**WAC 110-145-1475** What are the requirements for volunteers working directly with children and youth at my facility? Volunteers who do or may have access to children or youth must:

(1) Be at least 18 years of age;
(2) Be supervised by a staff person who:
   (a) Is at least 21 years of age; and
   (b) Has at least one year of similar, full-time experience working directly with vulnerable populations;
(3) Receive the facility's preservice training that addresses the roles, responsibilities, and duties of a volunteer, as well as the needs of the population of children in care who the volunteer will be working with;
(4) Not have unsupervised access to children in care unless the volunteer:
   (a) Satisfies the preservice training requirements detailed in WAC 110-145-1490; and
   (b) Meets the qualifications of a direct care staff person detailed in WAC 110-145-1445;
(5) Meet all other relevant requirements detailed in this chapter and Title 110 WAC, including background check requirements under chapter 110-04 WAC; and
(6) Meet additional duties and qualifications detailed in the agency's position description, policies and procedures, and any written agreement between the agency and any state governmental entity, if applicable.


**WAC 110-145-1480** What are the general ratios of staff to children under care? (1) You must have at least one case manager providing case management services for every 25 children in care.
If you provide care as a group receiving center, emergency respite center, or a resource and assessment center, you must have at least one case manager for every 15 children in care.

If you provide care as a secure, semi-secure, and regular crisis residential center, you must have one case manager at a minimum, and must maintain a ratio of one case manager for every six children in care.

Staffing ratios specific to your program are outlined in WAC 110-145-1890 through 110-145-2200.

If you have both a license and a contract for services, you must adhere to the most stringent staffing ratios.

To keep the proper ratio of staff to children, the executive director, health care staff, on-site program manager, support staff, and maintenance staff may serve temporarily as direct care staff if they meet all other direct care staff qualifications and training.

You must have relief staff so that all staff can have the equivalent of two days off a week. This is not required for family members if you have a staffed residential facility in a family residence.

Children must be supervised during sleeping hours by at least one awake staff when:
   (a) There are more than six children in care; and
   (b) The major focus of the program is behavioral rather than the development of independent living skills such as a teen parent program or responsible living skills program; or
   (c) The behavior of at least one of the youth poses a risk to self or others.

Staffing ratios may be higher than the minimum listed if necessary for the health and safety of children, staff, or both, or per contract requirement.

You must have one back-up or on-call person available at all times to report to the facility as soon as possible but no later than 30 minutes.


WAC 110-145-1485 May I have more than one licensed program at my facility? If you have more than one program in a building you must submit a plan to your licensor detailing how you plan to manage each of the programs.

TRAINING AND PROFESSIONAL DEVELOPMENT

WAC 110-145-1490  What are the preservice training requirements for staff, interns, and volunteers who directly care for children? (1) Prior to having unsupervised access to children, staff, interns, and volunteers must have a minimum of 16 hours of preservice training, including policies and procedures, job responsibilities and facility administration.

(2) The requirement in subsection (1) of this section is in addition to required first aid and cardiopulmonary training (CPR) in WAC 110-145-1500 and required bloodborne pathogen training in WAC 110-145-1505.

(3) Preservice training must be relevant to the type of children and families and the program services you provide. Preservice training may include, but is not limited to:

(a) Child abuse and neglect identification and reporting requirements;
(b) Incident reporting;
(c) Accessing community resources;
(d) Client confidentiality;
(e) Family dynamics and family intervention techniques;
(f) Licensing regulations specific to your facility;
(g) Child development;
(h) Grief and loss;
(i) Cultural needs of children in care;
(j) Sexually exploited youth;
(k) Behavior management and crisis intervention techniques;
(l) Conflict resolution or problem-solving skills;
(m) Substance abuse;
(n) Sexually aggressive and physically aggressive and assaultive training;
(o) Effects of trauma on children;
(p) Youth supervision requirements;
(q) Fire safety and emergency planning; and
(r) Foundational LGBTQIA+ culture.

(4) Newly hired staff, interns, and volunteers must work shifts with fully trained staff until they have completed all preservice training requirements under this section.


WAC 110-145-1495  What is the in-service training requirement for staff and volunteers having responsibility to provide care to children? (1) If you have employees in your agency, you must offer in-service training programs for developing and upgrading staff skills. If you have five or more employees or volunteers, your training plan must be in writing.
(2) Staff must complete a minimum of 24 hours of ongoing education and in-service training annually. Training must be relevant to the problems experienced by the children you serve, and may include, but is not limited to:
   (a) Crisis intervention techniques, including verbal de-escalation, positive behavior support, and physical response and restraint training as approved by the department;
   (b) Behavior management techniques;
   (c) Substance abuse;
   (d) Suicide prevention, assessment, and intervention;
   (e) Family intervention techniques;
   (f) Indian child welfare and working with Native American children;
   (g) Cultural diversity;
   (h) Mental health issues and interventions;
   (i) Mediation skills;
   (j) Conflict management and problem-solving skills;
   (k) Child abuse and neglect;
   (l) Characteristics and management of sexually aggressive or otherwise predatory behavior and physically assaultive behavior;
   (m) Emergency procedures;
   (n) Bloodborne pathogens;
   (o) Fire safety and emergency planning; and
   (p) Foundational LGBTQIA+ culture.

(3) You must discuss with your staff updated policies and procedures, as well as, the rules contained in this chapter.

(4) Your training on behavioral management must be approved by DLR and must include nonphysical, age-appropriate methods of redirecting and controlling behavior.

(5) You must document all training including a description of the training provided and the date of the training. This information must be kept in each employee's file or in a separate training file.


WAC 110-145-1500 What first-aid and cardiopulmonary resuscitation (CPR) training is required? (1) You or any of your staff who provide supervision or direct care to children, must have basic standard first aid and age-appropriate cardiopulmonary resuscitation (CPR) training.
   (a) The CPR training is not required for staff/volunteers with a statement from their physician that the training is not advised for medical reasons as long as another on-site staff person meets this training requirement.
   (b) Training must be department-approved and be accredited according to nationally recognized standards.

[WSR 18-14-078, recodified as § 110-145-1500, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020,
**WAC 110-145-1505 What bloodborne pathogens training is required?**

(1) You or any of your staff who provide supervision or direct care to children, must have training on bloodborne pathogens, including infection control standards.

(2) You must use infection control requirements and educational material consistent with the current approved curriculum published by the department of health, office on HIV/AIDS.

(3) Staff providing direct care to children must use universal precautions when coming in contact with the bodily fluids of a child.


**MANAGING RECORDS AND REPORTING**

**WAC 110-145-1510 What personnel records must I submit to the department?**

(1) You must submit to the department, through the licensing provider portal, the following personnel records for each person who is employed by or volunteers at your facility:

- An employment or volunteer application, including work and education history;
- Education documentation;
- Job description of the position at your facility;
- Signed confidentiality statement;
- Signed mandated reporter statement;
- A record of participation in the program's orientation and preservice training and in-service training;
- Behavior management training documentation;
- First aid, CPR, and bloodborne pathogens training documentation;
- A copy of a food handlers permit, if applicable;
- A copy of a valid driver's license for staff transporting clients or employees;
- A copy of a government issued photo ID;
- A copy of current auto insurance, if using private vehicle to transport;
- A log with background check information, containing dates of request and completion of the checks on all staff, interns, volunteers, and service contractors;
- A record of a negative Mantoux, tuberculin skin tests results, X-ray, or a medical exemption to the skin test or X-ray; and
- A record of required staff immunizations.

(2) You must maintain a written record of case consultation by a master's level consultant as defined in WAC 110-145-1460 for case managers with a bachelor's degree.

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WAC 110-145-1515  What are the requirements for information kept in facility shift logs for group care facilities?  (1) You must document the following information during each shift:
   (a) Any serious child health or safety issues;
   (b) Any dates and illnesses or accidents while in care;
   (c) Any medications and treatments given with the child's name; and
   (d) Names of staff or volunteers with direct care responsibility during the shift.
   (2) You must also have telephone numbers of the after-hours supervisor, on-call and relief staff clearly identified and available for staff personnel during each shift.
   (3) In addition, you must keep the following information current at all times:
      (a) Incident logs, including a copy of any suspected child abuse and/or neglect referrals made to children's administration and all incident reports;
      (b) Any identified child-specific supervision needs;
      (c) Daily or shift logs;
      (d) Except for overnight youth shelters, written documentation or staff briefings between shifts regarding the whereabouts of any child or youth currently off-site; and
      (e) Verification of weekly inspections of any security and/or safety devices, such as door and window alarms.

WAC 110-145-1520  What are the requirements for children's records?  (1) Any identifying and personal information about a child and the child's family must be kept confidential as required by chapter 26.33 RCW. These records must be kept in a secure place inaccessible to clients, unauthorized staff, and the public. Children's records must never be submitted to the department through the licensing provider portal.
   (2) During a child's placement, the child's record must be kept secure at the site.
   (3) Your facility must attempt to obtain the following information for the child's record, as appropriate to your program:
      (a) The child's name, birth date, and legal status;
      (b) Name and telephone number of the child's DCYF caseworker or case manager and the child's tribal ICW case manager for each child in care, if appropriate;
(c) Written consent, if any, for providing medical care and emergency surgery, unless that care is authorized by a court order;
(d) Names, addresses, and telephone numbers of persons authorized to take the child in care out of the facility;
(e) Copies of the current legal authority to place, if any;
(f) Current case plans;
(g) Social summary;
(h) Documentation of a child's treatment provided by your staff with the signature of the person making the entry to the progress notes;
(i) Information related to suspected child abuse or neglect referrals made to children's administration, including the concern, date and person taking the report;
(j) Intake procedures completed including an assessment of the youth's likelihood to stay in your facility;
(k) Date and time of orientation;
(l) A log and written report that identifies all incidents requiring physical restraints for a child;
(m) Any incident reports involving youth; and
(n) A copy of any discharge summaries and family assessments in the child's case record.
(4) Your records must contain the following information if available:
(a) Names, addresses, and telephone numbers of parents or persons to be contacted in case of emergency;
(b) Information on specific cultural needs of the child;
(c) Medical history including any medical problems, name of doctor, type of medical coverage and provider, date of any illnesses or accidents while at the facility;
(d) Mental health history and any current mental health, chemical dependency, and behavioral issues, including medical and psychological reports when available;
(e) Other pertinent information related to the child's health, including basic medical information, such as current prescription medications, immunizations, allergies, dental records, and eye exams;
(f) Child's school records, report cards, school pictures, and individual education plans (IEP), 504 plans;
(g) Special instructions including supervision requirements and suggestions for managing problem behavior;
(h) Inventory of the child's personal belongings at the time of placement;
(i) Approved list of individuals the child may have contact with;
(j) The child's visitation plan; and
(k) For pregnant and parenting youth, information on the mother and father of the youth's child, if available.
(5) If a child's placement extends beyond 72 hours, you must obtain the child's immunization records. If the child is not current with immunizations, they must be updated as soon as medically possible. Immunization records are not required to be current for children placed in:
(a) Interim facilities;
(b) Group receiving centers; or
(c) Crisis residential centers.
(6) If you are unable to obtain this information from the department, you must document your attempt to obtain the requested information in the child's file.
WAC 110-145-1525 How long should my facility keep the child records? (1) If you have client files with information not returned to the department, you must keep them for six years following the termination or expiration of any license or contract you have with the department.

(2) If your facility closes then you must return all client file information to the department for each child(ren) who are/were in the custody of the department and whose records were not previously destroyed according to subsection (1) above.

(3) You must inform DLR and your regional licensor about the closure of your facility and where the files will be kept.

WAC 110-145-1530 What information can be shared about a child or a child's family? (1) Information about a child or the child's family is confidential and must only be shared with people directly involved in the case plan for a child.

(2) For children placed by the department, you may discuss information about the child, the child's family and the case plan only with:

(a) A representative of the department, including staff from CWP and LD;

(b) A representative of the department of health, the department of social and health services, the office of the state fire marshal, and the office of the family and children's ombuds;

(c) A group residential program staff;

(d) The child's attorney;

(e) The child's assigned guardian ad litem; and

(f) Others designated by the child's DCYF caseworker.

(3) You may check with your child's DCYF caseworker for guidance about sharing information with the child's teacher, counselor, doctor, respite care provider, any other professional, or others involved in the case plan.
WAC 110-145-1535  What incidents involving children must I report?  (1) You must report the following incidents immediately and in no instance later than 48 hours after the incident to your local DCYF intake staff and the child's DCYF caseworker or CPA case manager and the child's tribal Indian child welfare (ICW) case manager as applicable:

(a) Death, serious illness or injury, or psychiatric care that requires medical treatment or hospitalization of a child in care;
(b) Any time you suspect physical or sexual abuse, neglect, or exploitation of a child as required under chapter 26.44 RCW;
(c) Sexual contact between two or more children that is not considered typical play between preschool age children;
(d) Any disclosure by a child in care of sexual or physical abuse;
(e) Any child's suicide attempt that results in injury requiring medical treatment or hospitalization;
(f) Any use of physical restraint alleged to have been improperly applied or excessive;
(g) Physical assault between two or more children that results in injury requiring off-site medical attention or hospitalization;
(h) Physical assault of an employee, volunteer, or others by a child in care that results in injury requiring off-site medical attention or hospitalization;
(i) Any medication given or consumed incorrectly that requires off-site medical attention; or
(j) Property damage that is a safety hazard and not immediately corrected or may affect the children's health and safety.

(2) You must report the following incidents related to a child in care as soon as possible or in no instance later than 48 hours after the incident, to the child's DCYF caseworker or CPA case manager and the child's tribal ICW case manager as applicable:

(a) Suicidal or homicidal thoughts, gestures, or attempts that do not require professional medical treatment;
(b) Unexpected health problems outside the usual range of reactions caused by medications that do not require professional medical attention;
(c) Any incident of medication incorrectly administered or consumed;
(d) Any professional treatment for emergency medical or emergency psychiatric care;
(e) Physical assault between two or more children that results in injury but does not require professional medical treatment;
(f) Physical assault of a foster parent, employee, volunteer, or others by a child that results in injury but does not require professional medical treatment;
(g) Drug or alcohol use by a child in your care;
(h) Any inappropriate sexual behavior by or toward a child; or
(i) Use of prohibited physical restraints for behavior management.

(3) You must maintain a written record of any report with the date, time, and staff person who makes the report.

(4) Programs that provide care to medically fragile children who have nursing care staff on duty may document the incidents described in subsection (2)(b) and (c) of this section in the facility daily logs, rather than contacting the DCYF caseworker or DSHS case manager and the child's tribal ICW case manager, if agreed to in the child's case plan.
WAC 110-145-1540  What are my reporting responsibilities when a child is missing from care, except for overnight youth shelters? (1)

As soon as you or your staff have reason to believe a child in your care is missing as defined in WAC 110-145-1305, has refused to return to or remain in your care, or whose whereabouts are otherwise unknown, you are required to notify the following:

(a) The child's assigned DCYF caseworker, as appropriate;
(b) DCYF intake, if the DCYF caseworker is not available or it is after normal business hours.

(2) You are required to notify local law enforcement within six hours if the child is missing. However, if one or more of the following factors is present, you must contact law enforcement immediately:

(a) The child is believed to have been taken from placement. This means the child's whereabouts are unknown, and it is believed that the child has been concealed, detained, or removed by another person;
(b) The child is believed to have been lured from placement or has left placement under circumstances that indicate the child may be at risk of physical or sexual assault or exploitation;
(c) The child is age thirteen or younger;
(d) The child has one or more physical or mental health conditions that if not treated daily will place the child at severe risk;
(e) The child is pregnant or parenting and their infant or child is believed to be with them;
(f) The child has severe emotional problems (e.g., suicidal thoughts) that if not treated will place the child at severe risk;
(g) The child has an intellectual and developmental disability that impairs the child's ability to care for themselves;
(h) The child has a serious alcohol or substance abuse problem; or
(i) The child is at risk due to circumstances unique to that child.

(3) After contacting local law enforcement, you must also contact the national center for missing and exploited children at 1-800-843-5678 and report the child missing from care.

(4) If the child leaves school or has an unauthorized absence from school, you should consult with the child's DCYF caseworker to assess the situation and determine when you should call law enforcement. If any of the factors listed in subsection (2) (a) through (i) of this section are present, you and the child's DCYF caseworker may decide it is appropriate to delay notification to law enforcement for up to four hours after the end of the school day to give the child the opportunity to return on their own.

(5) You must provide the following information to law enforcement and to the child's DCYF caseworker when making a missing child report, if available:
(a) When the child left;
(b) Last known location of the child;
(c) What the child was wearing;
(d) Any known behaviors or interactions that may have caused the child's departure;
(e) Possible places where the child may go;
(f) Special physical or mental health conditions or medications that affect the child's safety;
(g) Known companions who may be aware or involved in the child's absence;
(h) Other professionals, relatives, significant adults, or peers who may know where the child would go; and
(i) Recent photo of the child.

(6) You must ask law enforcement for the missing person report number and provide it to the DCYF caseworker or staff and the child's tribal Indian child welfare (ICW) case manager.

(7) At any time after making an initial report you learn of a missing child's whereabouts, you must report that information to the child's DCYF caseworker and the child's tribal Indian child welfare (ICW) case manager.

(8) If a child is returned to your care, it is your responsibility to cancel the run report and notify all persons you have informed of the child's return.

(9) Youth participating in the extended foster care (EFC) program are exempt from these requirements. You must follow all other reporting requirements as defined in WAC 110-145-1535.

youth is listed as missing, you must immediately notify DCYF intake with the information listed in subsection (1) of this section.


WAC 110-145-1550  What changes must I report to my licensor?  You must immediately report to your licensor changes in the original licensing application. You must report:

1. Changes in your location, including address or phone number;
2. Changes in your program description or population served, including the maximum number, age ranges, and sex of children you wish to serve;
3. Changes in the structure of your facility or premises from events causing damage, such as a fire, or from remodeling;
4. Additional staff or volunteers who might have unsupervised contact with the children in care;
5. Significant changes in the physical condition of you, your staff, or volunteers affecting the ability to provide care in your facility;
6. Staff or volunteer arrests or convictions of which you are aware that occur between the date of your license and the expiration date of your license;
7. Any staff changes including the executive director, program manager, or master's level consultants;
8. Death, retirement, or incapacity of the person who holds the license;
9. Changes in the name of your licensed corporation, or the name by which your facility is commonly known and/or your articles of incorporation and bylaws.


ENVIRONMENT, SPACE AND EQUIPMENT

WAC 110-145-1555  What does the department require for my buildings and property?  (1) You must maintain your buildings, premises, and equipment in a clean and sanitary condition, free of hazards, and in good repair. You must furnish your facility appropriately, based on the age and activities of the children in your care. You must:

(a) Provide handrails for steps, stairways, and ramps if required by the department;
(b) Have emergency lighting devices available and in operational condition;
(c) Provide appropriate furnishings, based on the age and activities of the children in your care;
(d) Have washable, water-resistant floors in bathrooms, kitchens, and other rooms exposed to moisture. Washable short-pile carpeting may be approved in kitchen areas if kept clean and sanitary;
(e) Provide tamper-proof or tamper-resistant electrical outlets or blank covers installed in areas accessible to children under the age of six or other persons with limited capacity or who might be endangered by access to them; and
(f) Have easy access to rooms occupied by children in case an emergency arises.

(2) You must have adequate indoor and outdoor space, ventilation, toilet and bathing facilities, light, and heat to ensure the health and comfort of all members of the household.

(3) The cleanliness and care of your premises must meet generally accepted health standards for the storage and preparation of food.

(4) You must make reasonable attempts to keep the premises free from pests, such as rodents, flies, cockroaches, fleas, and other insects using the least toxic methods.

(5) People must be able to easily open doors from the inside and outside in all areas of the facility that are occupied, unless the building or structure has a fire sprinkler protection system and was previously approved by the local fire marshal or building official with jurisdiction. This includes closets, bathrooms, and bedrooms. You must also have easy access to the outside in case of an emergency.

(6) Facilities must have nonbreakable light fixture covers or shatter-resistant light bulbs or tubes in food preparation and dining areas. LD will review your facility to determine other areas that may be a concern for the safety of children.

(7) You must have an immediate plan to address hazardous conditions on your property or in your facility. The department may remove children from your care if hazardous conditions are not immediately remedied.

(8) Your facility must be accessible to emergency vehicles and your address must be clearly visible on your facility or mailbox so that first responders can easily find your location.

(9) Your facility must be located on a well-drained site, free from hazardous conditions. You must discuss with your licensor any potential hazardous conditions, considering the children's ages, behaviors, and abilities.

(10) You must have a working landline telephone at all times. Individuals calling your facility must be able to leave a message at all times.

(11) You must post emergency numbers and the physical address of the facility in an easily visible location near the telephone. This must include the Washington state poison control number (1-800-222-1222).

(12) Utility rooms with mop sinks that do not have windows opening to the outside must be ventilated with a mechanical exhaust fan to the outside of the building.

(13) The use of window blinds or other window coverings with pull cords capable of forming a loop and posing a risk of strangulation to children are prohibited under RCW 43.216.380.

(14) Infants and toddlers are not allowed to use wheeled baby walkers.
WAC 110-145-1560  What toilet and bathing facilities are required?  (1) You must meet the following requirements for toilets, sinks, and bathing facilities:

(a) Provide toilets, urinals, and hand-washing sinks appropriate to the height for the children served, or have a safe and easily cleaned step stool or platform that is water-resistant;

(b) Provide soap and clean towels, disposable towels or other approved hand-drying devices to the children in your care;

(c) Provide adequate grab-bars or nonskid pads convenient for children;

(d) Provide appropriate toilet training equipment for children. You must regularly maintain this equipment and keep it in sanitary condition. You must place toilet training equipment on washable, water-resistant surfaces and disinfect toilet training equipment after each child's use.

(2) If you care for children under the age of six, or children with intellectual and developmental disabilities, you must monitor the use of bathtub, shower, or other bathing facilities while in use.

(3) If you operate a group care facility for six or more children you must have a housekeeping sink or department of health approved method of drawing clean mop water and disposing of the wastewater.

WAC 110-145-1565  What is the ratio of persons normally on the premises to bathrooms at my facility?  (1) You must maintain the following ratio of toilets, handwashing sinks, and bathing facilities:
(2) In programs providing care to expectant mothers, all sleeping areas must have at least one toilet and handwashing sink on the same floor.

(3) Children eighteen months of age or younger and other children who do not use a toilet need not be included when determining the number of required flush-type toilets.

WAC 110-145-1570 What are the requirements for indoor recreation areas? (1) You must provide indoor recreational areas appropriate to children's age and developmental levels.

(2) If you provide group care to more than 12 children you must have at least one separate indoor recreation area with a size and location that is suitable for recreational and informal educational activities. Depending on the number and age range of children served, you must provide:
   (a) Adequate area for child play; and
   (b) Sufficient space to house a developmentally appropriate program.

(3) If you care for children with intellectual and developmental disabilities you must provide them with a room for physical and occupational therapy, if a physician prescribes these services. The room must be adequate for storing equipment used during therapy sessions. If you do not have a room for physical and occupational therapy, you must arrange for these therapies outside of your facilities.

(4) If you operate a group care program that serves medically fragile children younger than age six, you must follow these additional room requirements:
   (a) If you care for infants, and are licensed to care for more than twelve children you must provide separate safe play areas for children less than one year or children not walking. The department must approve the rooms or areas;
   (b) Children less than one year must be cared for in rooms or areas separate from older children;
   (c) No more than eight children younger than one year of age may be in the room at a time; and
   (d) Handwashing facilities must be available nearby.

[WSR 18-14-078, recodified as § 110-145-1565, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.010, 74.15.030, 74.15.040, 74.15.090, 74.13.031, 74.39A.056, 43.43.832. WSR 18-11-138, § 388-145-1565, filed 5/23/18, effective 6/23/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1565, filed 12/11/14, effective 1/11/15.]
WAC 110-145-1575 What are the requirements for outdoor recreation areas? (1) If you care for children under the age of twelve you must provide a safe and securely fenced or department-approved, enclosed outdoor recreation area appropriate to a child's age and developmental level. The recreation area must:
   (a) Prevent the child's access to roadways and other dangers;
   (b) Protect the play area from unauthorized exit or entry. Any fence or enclosure must be designed to discourage climbing; and
   (c) Directly adjoin the indoor premises or be reachable by a safe route.

(2) If you are a group receiving center or an emergency respite center you must have an outside recreation area that is suitable for the number of children you are serving. If not all of the children are using the outdoor recreation area at the same time, you may reduce the size to the number of children normally using the area at one time.

(3) If you are licensed as a secure CRC, you must maintain a recreational area within the secure facility or on the property of the facility that can support the youth's daily activity. A nonscalable fence must surround the recreational area.

WAC 110-145-1580 What are your requirements for storing dangerous chemicals or other substances? (1) You must store the following items in a place that is not accessible to preschool children or other persons with limited capacity or who might be endangered by access to these products:
   (a) Cleaning supplies;
   (b) Toxic or poisonous substances;
   (c) Aerosols; and
   (d) Items with warning labels.

(2) When containers are filled with toxic substances from a stock supply, you must clearly label those containers.

(3) Toxic substances must be stored separately from food items.

WAC 110-145-1585 What are the requirements for water, garbage, and sewer? (1) You must maintain adequate sewage and garbage facilities.
Your facility must be connected to a public sewer system or have an on-site sewage system permitted by the local health department or the Washington state department of health.

You must have access to a public water supply approved by the local health district or tribal government unless you have a private water supply tested by the local health district or a private water-testing laboratory approved by the Washington state department of health. Testing is required at the time of licensing, relicensing and at any time the department deems necessary.

Running water may not exceed one hundred twenty degrees Fahrenheit.

You must provide paper cups, individual drinking cups or glasses, or drinking fountains.

WAC 110-145-1590 How must I keep children safe around bodies of water? (1) You must ensure children in your care are safe around bodies of water. You must:

(a) Keep all swimming pools and other bodies of water fenced with a locking gate or other DLR-approved safety device;
(b) Lock hot tubs when not in use;
(c) Make all potential water hazards, including wading pools, inaccessible to children when not in use.

(2) All swimming pools and other bodies of water must comply with state and local regulations. You must work with your licensor to establish a plan for the bodies of water based on the development level and behaviors of the children in your facility.

(3) You must ensure age and developmentally appropriate supervision of any child that uses hot tubs, swimming pools, spas, and around man-made and natural bodies of water. A supervision plan may be necessary for children with specific behaviors.

(4) You must observe the following when foster children are swimming in pools or outdoor bodies of water:

(a) Swim only in designated swimming areas; or
(b) Require all children age 13 and under to wear U.S. Coast Guard approved personal floatation devices when swimming outside the supervision of a lifeguard.

(5) If you have any water-based recreation devices, you must use and maintain them according to manufacturer's recommendations. All children and youth who ride in a water-based recreation device must wear a U.S. Coast Guard approved personal floatation device at all times.

(6) Except for staffed residential homes licensed for five or fewer children, you must have a person with current life saving certification on duty when children are swimming in any swimming pool or outdoor body of water.

(7) For staffed residential licensed for five or fewer children, an adult with current age-appropriate first aid and CPR or a person...
with current life saving certification must supervise children swimming under age twelve. The supervising adult must know how to, and be able to use rescue equipment, and be able to see and hear the children at all times.

(8) Children under the age of five must be within touching distance of a supervising adult or the child's birth parent at all times.


WAC 110-145-1595 Are there room requirements for a group care facility? (1) You must meet the following room requirements to operate a group care facility:
   (a) Provide rooms that are ample in size and properly furnished for the number of children you serve;
   (b) Have a dining room area that is ample in size and suitably furnished for your residents;
   (c) Provide a room or area that is used as an administrative office. In addition, suitable offices must be provided for case management staff. In facilities caring for fewer than thirteen children, these offices may be combined with the administrative office;
   (d) Provide a space that can be used as a visiting area; and
   (e) Maintain the temperature within your facility at a reasonable level when occupied. You must consider the age and needs of the children under your care in determining appropriate temperature.

[WSR 18-14-078, recodified as § 110-145-1595, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1595, filed 12/11/14, effective 1/11/15.]

WAC 110-145-1600 What are the general requirements for bedrooms? (1) Each child must have or share a bedroom, approved by the licensor, with privacy and space that is appropriate and adequate to meet the child's developmental needs.
   (2) For facilities licensed after December 31, 1986, bedrooms must have:
      (a) Adequate ceiling height for the safety and comfort of the occupants (typically, seven and one-half feet); and
      (b) A window that can open to the outside, allows natural light into the bedroom, and permits emergency access or exit.
   (3) Each bedroom must have unrestricted direct access to outdoors, as well as one direct access to common use areas such as hallways, corridors, living rooms, day rooms, or other common use areas.
   (4) Approval may be granted to a building or structure that does not have direct access to the outdoors if it has a fire sprinkler protection system and was previously approved by the local fire marshal or building official with jurisdiction.
   (5) You must not use hallways, kitchens, living rooms, dining rooms, or unfinished basements as bedrooms.
(6) You must not use common areas of the facility such as hallways, kitchens, living rooms, and dining rooms as bedrooms for anyone in the household without permission of the LD licensor and DCYF caseworker, if applicable.

(7) An adult must be on the same floor or within easy hearing distance and access to where children under six years of age are sleeping.

[Statutory Authority: RCW 74.15.030. WSR 22-11-091, § 110-145-1600, filed 5/18/22, effective 6/18/22. WSR 18-14-078, recodified as § 110-145-1600, filed 6/29/18, effective 7/1/18. Statutory Authority: RCW 74.15.010, 74.15.030, 74.15.040, 74.15.090, and 74.13.031. WSR 17-22-039, § 388-145-1600, filed 10/24/17, effective 11/24/17. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1600, filed 12/11/14, effective 1/11/15.]

WAC 110-145-1605 What are the requirements for sharing bedrooms?

(1) A provider must consider what bedroom placement is in the best interest of a foster child in consultation with the child's DCYF caseworker.

(2) Shared bedrooms must provide enough floor space for the safety and comfort of children.

(3) When a teen parent and their infant sleep in the same room, the room must contain at least 80 square feet of usable floor space. You must allow only one parent and infants to occupy a bedroom.

(4) No more than four children can sleep in the same room, with the exception of interim facilities. This includes foster children and any other children.

(5) Children over age one may share a bedroom with an adult who is not the child's parent only if necessary for close supervision due to the child's medical or developmental condition and the child's licensed health care provider recommends it in writing.

(6) An individual in the extended foster care program may share a bedroom with a younger child of the same gender. If the younger child is unrelated to the individual in the extended foster care program, the child must be at least 10 years of age. A provider may place a child who identifies as transgender, gender fluid, or both in a bedroom with a child of the same or similar gender identity.

(7) Foster children may not share the same bedroom with a child of another gender identity unless all children are under age six. In circumstances of transgender, gender fluidity, or both, a provider may place a child in a bedroom with another child of the same or similar gender identity.

(8) An exception may be granted to subsections (3) through (7) in this section with an administrative approval if it is supported by the LD licensor and the children's DCYF caseworker, if appropriate, and is in the best interest of the child.

WAC 110-145-1610 What are the requirements for beds in a facility? (1) You must provide an appropriately sized separate bed for each child, with clean bedding and a mattress in good condition.

(2) Some children may soil the bed, and you may need to plan accordingly. You must provide waterproof mattress covers or moisture-resistant mattresses if needed. Each child's pillow must be covered with waterproof material or be washable.

(3) A mat may be used for napping but not as a substitute for a bed.

(4) You must provide an infant with a crib that ensures the safety of the infant, and complies with chapter 70.111 RCW, Infant Crib Safety Act. These regulations include:

(a) A maximum of 2 and 3/8" between vertical slats of the crib; and

(b) Cribs, infant beds, bassinets, and playpens must be made of wood, metal, or approved plastic, with secure latching devices and clean, firm, snug fitting mattresses covered with waterproof material that can easily be disinfected.

(5) You must place infants on their backs for sleeping, unless advised differently by the child's licensed health care provider.

(6) You must not have loose blankets, pillows, crib bumpers, or stuffed toys with a sleeping infant.

(7) You may swaddle infants using one lightweight blanket upon the advice and training of a licensed health care provider. You must keep the blanket loose around the hips and legs when swaddling in order to avoid hip dysplasia. You may swaddle infants under two months of age unless a licensed health care provider directs otherwise. You must not dress a swaddled infant in a manner that allows them to overheat.

(8) You must not use wedges and positioners with a sleeping infant unless advised differently by the infant's licensed health care provider.

(9) You must not use weighted blankets for children under three years of age or for children of any age with mobility limitations.

(10) You may use a weighted blanket upon the advice and training from a licensed health care provider for children over the age of three years who do not have mobility limitations. You must meet the following requirements:

(a) The weight of the blanket must not exceed 10 percent of the child's body weight;

(b) Metal beads are choking hazards and must not be used in a weighted blanket;

(c) You must not cover the child's head with a weighted blanket or place it above the middle of the child's chest;

(d) The weighted blanket must not hinder a child's movement; and

(e) The weighted blanket must not be used as a restraint.

(11) You must not allow children to use loft style beds or upper bunks if the child is vulnerable due to age, development, or condition, such as preschool children, expectant mothers, and children with a disability.
WAC 110-145-1615 What are the requirements for laundering and storage of clothing and linen?  (1) You must assure that children have access to clean clothing that is appropriate to their age.  
(2) You must provide for separate and safe storage of children's clothing and personal possessions.  
(3) The department has specific requirements for laundering:  
(a) You must have separate and adequate facilities for storing soiled and clean linen;  
(b) You must provide adequate laundry and drying equipment, or make other arrangements for getting laundry done on a regular basis;  
(c) You must locate laundry equipment in an area separate from the kitchen and child care areas;  
(d) If you care for children under the age of five, you must make laundry equipment inaccessible;  
(e) Laundry dryers must be ventilated to the outside; and  
(f) You must use an effective way to sanitize laundry.

WAC 110-145-1620 What are the requirements for diapers and diaper changing areas?  (1) You must separate diaper changing areas from food preparation areas.  
(2) You must disinfect diaper changing areas and toilet training equipment between each use or you must use a nonabsorbent, disposable covering that is discarded after each use.  
(3) For cleaning children, you must use either disposable towels or clean cloth towels that have been laundered between each use.  
(4) You must use disposable diapers, a commercial diaper service, or reusable diapers supplied by the child's family.  
(5) You and your staff must wash hands before and after diapering each child.  
(6) Diaper changing procedures must be posted at the changing areas.  
(7) Diaper changing areas must be adjacent to a handwashing sink.  
(8) If you are diapering a child on a diaper changing table, you must be within arms-length of the child at all times.
**WAC 110-145-1625** What are the requirements for the use of electronic monitors to monitor children?  (1) DCYF prohibits the use of video and audio monitoring of children in the interior of a group residential facility unless all of the following are met:

   (a) The LD administrator grants approval for the use of an electronic monitoring device in your facility following a request by the child's DCYF caseworker;

   (b) The court approves implementation of the monitoring as part of the child's case plan; and

   (c) You maintain a copy of the approval.

   (2) The prohibition of audio or visual monitoring does not include monitoring of the following:

      (a) Infants or children through four years of age;

      (b) Medically fragile or sick children;

      (c) Video recording equipment to document actions of a child as directed in writing by the child's physician;

      (d) Video recording for special events such as birthday parties or vacations; or

      (e) The use of door or window alarms or motion detectors.

**WAC 110-145-1630** Are time-delay mechanisms allowed on windows and doors? The use of time-delay mechanisms on windows and doors of a group care facility (except for staffed residential homes licensed for five or fewer children) may be approved if:

(1) They meet the fire codes and approval of the WSP/FPB;

(2) There is an exterior door that ensures escape in the event of an evacuation;

(3) The time-delay mechanisms automatically unlock when the fire alarm goes off;

(4) The licensee has approval from the LD licensor stating that the program is in compliance with DCYF's behavior management guidelines; and

(5) The licensee has written approval from the LD administrator.
**WAC 110-145-1635  What are the requirements for the prevention of the spread of infections and communicable disease?**

(1) You must notify your DLR licensor if you or any adults having access to children in your care, have been exposed to someone with tuberculosis or when a health care provider recommends testing.

(2) Retesting for license renewals is not required unless the above conditions apply.

(3) Staff with a reportable communicable disease or a notifiable disease condition in an infectious stage, as defined by the department of health in chapter 246-101 WAC, must not be on duty until they have a physician's approval for returning to work.

(4) Each facility that cares for medically fragile children must have an infection control program supervised by a nurse licensed by the department of health. Staffed residential homes licensed for five or fewer children who are medically fragile may use other methods to develop infection control procedures, such as in-home nursing services, upon approval by the department.

(5) You must promote personal hygiene to help prevent the spread of germs.

(6) You must have written policies and procedures about the control of infections. These must include, but are not limited to, the following areas:
   
   (a) Isolation of sick children;
   (b) Germ control procedures;
   (c) Hygiene, including hand washing, using the toilet, diapering, and laundering;
   (d) Prevention of the transmission of communicable diseases including management and reporting;
   (e) First aid;
   (f) Care of minor illnesses;
   (g) Actions to be taken for medical emergencies;
   (h) Infant care procedures when infants are under care; and
   (i) General health practices.

(7) If you are licensed to care for thirteen or more persons at once, you must arrange to have one of the following people help you develop and periodically review your medication management and your medical policies and procedures:

   (a) An advisory physician;
   (b) A physician's assistant; or
   (c) A registered nurse.

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**WAC 110-145-1640  Am I required to keep first-aid supplies?**

(1) You must keep adequate first-aid supplies and medications recommended by a child's physician, on hand for immediate use. The following first-aid supplies must be available to staff at all times:
(a) Protective nonlatex gloves;
(b) Bandages;
(c) Scissors;
(d) Ace bandages;
(e) Gauze; and
(f) Nonbreakable and mercury free thermometer.

[WSR 18-14-078, recodified as § 110-145-1640, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1640, filed 12/11/14, effective 1/11/15.]

**WAC 110-145-1645  What are the requirements regarding pets and animals in my facility?** (1) All animals on your property must be safe and cared for in a sanitary manner.

(2) You must comply with city, county, state and federal statutes and regulations regarding:
(a) Animal safety;
(b) Vaccinations; and
(c) Standard veterinary care.

(3) You may not have an animal in your facility or on your premises that is dangerous to children.

(4) The department has the discretion to limit the type and number of household pets and animals if we determine there are risks to the children in your care.


**WAC 110-145-1650  Are alcoholic beverages, marijuana or illegal drugs allowed on a facility's property?** (1) You must not have or consume alcohol, marijuana or illegal drugs on the premises.

(2) You must not allow staff under the influence of alcohol, marijuana or illegal drugs, to have contact with children in care.

[WSR 18-14-078, recodified as § 110-145-1650, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1650, filed 12/11/14, effective 1/11/15.]

**WAC 110-145-1655  Is smoking permitted around children?** (1) You must not allow smoking in the living space of your facility or motor vehicles while transporting children.

(2) You may permit adults to smoke outdoors away from children in accordance with RCW 70.160.075.

(3) These rules do not apply to traditional or spiritual Native American or religious ceremonies involving the use of tobacco.
Are guns allowed on a licensed facility's property?  (1) You must not permit guns, ammunition, and other weapons on the premises of your facility, with the exception of law enforcement.

(2) You may allow a child under your care to use a firearm only if:

(a) The child's DCYF caseworker approves;
(b) The youth has completed an approved gun safety or hunter safety course; and
(c) Adults who have completed a gun or hunter safety course are supervising use.

What are the fire safety requirements for all group residential facilities?  (1) You must comply with the regulations developed by the WSP/FPB. These regulations are contained in the current fire code and Washington state amendments as adopted by the state of Washington. Contact the WSP/FPB for specific requirements.

(2) If you operate a staffed residential home for five or fewer children you must meet the fire safety requirements outlined in chapter 110-148 WAC for child foster homes.

(3) You and your staff must be familiar with safety procedures related to fire prevention, including fire drill procedures.

(4) You and your staff must be able to:

(a) Operate all fire extinguishers installed on the premises;
(b) Test smoke detectors, more specifically, single station types;
(c) Conduct frequent inspections at your facility to identify fire hazards and take action to correct any hazards noted during the inspection;
(d) Ensure children are able to escape from every floor in your facility. In most cases, this includes a functional fire ladder available from upper stories; and
(e) Ensure windows open to the outside and are large enough for emergency personnel to enter and exit wearing rescue gear, unless the building or structure has a fire sprinkler protection system and was previously approved by the local fire marshal or building official with jurisdiction.
(5) You must have easy access to all rooms in your facility in case of emergencies.

(6) Barriers are required for fireplaces, wood stoves, and other heating systems for facilities licensed for children less than six years of age. You must not leave open-flame devices unattended or use them for a purpose other than for what they were designed.

(7) Emergency vehicles must be able to access your facility. Your address must be clearly visible on your facility or mailbox so that emergency personnel can easily find your location.

(8) We may require you to have an inspection by WSP/FPB or the local fire authority if we have questions about fire safety, or if local ordinances or WSP/FPB require these inspections.

WAC 110-145-1670 Do I need a written emergency plan? (1) You must have a written plan on how you will evacuate children in case of fire or other emergencies such as natural disasters or unforeseen events. Evacuation plans must be developed reflective of the developmental level and behaviors of children living in your facility.

(2) You must be prepared for emergencies (such as hostile persons on the premises, fires, or earthquakes) by having a written evacuation plan prepared that identifies how you will:
   (a) Educate and familiarize your residents appropriate to their age and development level; and
   (b) Notify the department if an incident occurs.

(3) The emergency plan must include an evacuation floor plan, identifying exit doors and windows, and must be posted at each exit door. You must ensure that the evacuation plan includes:
   (a) Action to be taken by the person discovering a fire, including methods for sounding an alarm on the premises;
   (b) Action to be taken following a natural disaster or emergency;
   (c) Evacuation of the building in a manner that ensures safety for staff and children; and
   (d) Action to be taken while waiting for the fire department.

(4) Emergency plans should be easily viewable for staff and residents at all times.

WAC 110-145-1675 What requirements must be followed for smoke detectors? (1) Staffed residential homes licensed for five or fewer children must meet all of the following:
Your facility must have smoke detectors in operating condition both inside and outside of all sleeping areas. Smoke detectors must also be installed on each story of the facility, in all play areas, and in the basement. You must install and maintain smoke detectors according to the manufacturer's specifications.

(b) If a smoke detector is mounted on a wall, it must be twelve inches from the ceiling and a corner.

(c) Smoke detectors must be tested twice a year to ensure they are in working order. You must document the date and time of the test.

(2) All other group residential facilities must meet the regulations developed by the WSP/FPB. You must also meet all of the following:

(a) Smoke detectors must be Underwriter's Laboratory (UL) or Factory Mutual (FM) approved and in operating condition both inside and outside of all sleeping areas. Smoke detectors must also be installed on each story of the facility, in all play areas, and in the basement. You must install and maintain smoke detectors according to the manufacturer's specifications.

(b) Smoke detectors must be tested twice a year to ensure they are in working order. You must document the date and time of the test.

(c) Test single-station smoke detectors monthly or in a manner specified by the manufacturer. You must maintain a written record of such testing on the premises that indicates the date and time the test was completed.

(3) If questions arise concerning fire danger, the department may require that the local fire protection authority be consulted.

[WSR 18-14-078, recodified as § 110-145-1675, filed 6/29/18, effective 7/1/18. Statutory Authority: RCW 74.15.010, 74.15.030, 74.15.040, 74.15.090, and 74.13.031. WSR 17-22-039, § 388-145-1675, filed 10/24/17, effective 11/24/17. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.15.032, 13.04.011, 74.13.031, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1675, filed 12/11/14, effective 1/11/15.]

WAC 110-145-1680 What requirements must be followed for carbon monoxide detectors? (1) Carbon monoxide alarms must be provided with single station carbon monoxide alarms installed:

(a) In or near each separate sleeping area in the immediate vicinity of the bedrooms; and

(b) On each level of the dwelling.

(2) Carbon monoxide alarms shall be listed as complying with UL 2034 and be installed and maintained in accordance with NFPA 720 and the manufacturer's instructions.

[WSR 18-14-078, recodified as § 110-145-1680, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.15.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1680, filed 12/11/14, effective 1/11/15.]

WAC 110-145-1685 What are the requirements for fire drills? (1) You must conduct a fire drill at least once each month at varying
times of the day and night so that staff on all shifts practice the procedures.

(2) You must maintain a written record on the premises that indicates the date and time that all drills were completed.

(3) If you care for nonambulatory children, you must consult with and follow the WSP/FPB protocol for "simulated" fire drills.

[WSR 18-14-078, recodified as § 110-145-1685, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1685, filed 12/11/14, effective 1/11/15.]

WAC 110-145-1690 What are the requirements for fire extinguishers? (1) You must have at least one approved 2A10BC-rated 5lb or larger all-purpose (ABC) fire extinguisher readily available at all times. You must maintain and service fire extinguishers according to manufacturer's specifications. Approved 2A10BC-rated means a fire extinguisher with an underwriters' laboratory label on the nameplate classifying the extinguisher as 2A10BC-rated or larger.

(2) Approved fire extinguisher(s) must be located in the area of the normal path of exiting. The maximum travel distance to an extinguisher from any place on the premises must not exceed seventy-five feet. When the travel distance exceeds seventy-five feet, additional extinguisher(s) are required.

(3) You must have at least one fire extinguisher on each floor of a multilevel facility.

(4) Fire extinguishers must:
   (a) Be mounted in a bracket or in a fire extinguisher cabinet so that the top of the extinguisher is no more than five feet above the floor; and
   (b) Receive an annual maintenance certification by a licensed firm specializing in this work, based on the manufacturer's recommended schedule. Maintenance means a thorough check of the extinguisher for:
      (i) Mechanical parts;
      (ii) Extinguishing agent; and
      (iii) Expelling means.

(5) New fire extinguishers do not need to receive an additional certification test during the first year.

(6) The department may require that additional fire extinguishers be available on the premises, in consultation with the local fire authority or WSP/FPB.

[WSR 18-14-078, recodified as § 110-145-1690, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1690, filed 12/11/14, effective 1/11/15.]

WAC 110-145-1695 Are there different construction and fire safety requirements for facilities that have multiple licenses in the same building? (1) A facility with multiple Washington state licenses or certifications for the care of children in the same building must com-
ply with the most stringent construction and fire safety requirements for the physical structure, if children share the same space.

(2) If the same facility has multiple Washington state licenses the licensee must notify:
(a) The Washington state patrol fire protection bureau inspector; and
(b) All licensing and certification agents.

[WSR 18-14-078, recodified as § 110-145-1695, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1695, filed 12/11/14, effective 1/11/15.]

**SERVICE PLANNING**

**WAC 110-145-1700** What must I include in a child's orientation to my facility?  (1) As part of admission, staff must give an orientation to all children over the age of six, as developmentally appropriate. The orientation will include, but not be limited to:
(a) A description of the program and services;
(b) A map or tour of the physical facility;
(c) A review of your fire evacuation plan;
(d) The department-approved policy that states that a child may not have guns and other weapons, alcohol, tobacco, and drugs within the facility;
(e) Orientation on personal protection and personal boundaries; and
(f) The department-approved policy on client visitation that includes access to the youth's attorney and DCYF caseworker.

(2) Written documentation of this orientation must be kept in each child's file.


**WAC 110-145-1705** How does my agency meet the religious needs of children in care?  (1) You must ensure an environment of tolerance and sensitivity to a child's spiritual and religious beliefs. This includes providing adequate opportunity for spiritual and religious training and participation appropriate to the child's beliefs. You must not require any child to participate in spiritual or religious practices contrary to the child's beliefs.

(2) You must not impose consequences if a child chooses not to participate in particular spiritual or religious practices.

[WSR 18-14-078, recodified as § 110-145-1705, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020,
WAC 110-145-1710 What are the requirements about nondiscrimination? (1) You must follow all state and federal laws regarding nondiscrimination while providing services to children in your care.

(2) You must support and engage foster children in your care with dignity and respect regardless of actual or perceived race, ethnicity, culture, sex, or SOGIE.

(3) You must connect a child with resources that supports the child's needs regarding race, religion, culture, and SOGIE.

WAC 110-145-1715 Are there additional considerations in service to Native American children? You must make every effort to provide culturally relevant and sensitive child welfare services to Native American children and their families. You must follow all federal and state laws for any Native American children that you have under your care.

WAC 110-145-1720 Do I need a social summary for children under my care (except for interim facilities)? (1) You must develop a written social summary for each child accepted for care within seventy-two hours but no longer than thirty days of the child's placement. The social summary must serve as the basis of the child's admission to your care.

(2) The summary must contain the following information for the child:

(a) Available copies of psychological or psychiatric evaluations, if any, on the child under care;

(b) A narrative description of the child's background and family that identifies the immediate and extended family resources;

(c) The child's interrelationships and circumstances that have brought the child into out-of-home care;

(d) The child's primary and alternate permanency plan;

(e) Previous placement history (if any); and

(f) An evaluation of the child's need for the particular services and type of care you provide.
WAC 110-145-1725 When do I need a treatment plan for children in care and what must be included in the plan? (1) An agency must develop and implement an individualized written treatment plan for each child or youth in care if the agency:
   (a) Provides care or services to children or youth who are under the care and authority of the department; and
   (b) Has an agreement with the department to provide treatment or therapeutic services.
   (2) Treatment plans required by this section must:
      (a) Be developed and implemented on or before the child or youth's 30th day in care;
      (b) Be approved by a case manager or consultant;
      (c) Identify the service needs of the child or youth and the child or youth's parent or guardian;
      (d) Describe the treatment goals and strategies for achieving those goals;
      (e) Include an ongoing account of the treatment received by the child or youth and others involved in the treatment plan, such as any group treatment or individual counseling; and
      (f) Be updated at least quarterly to show the progress toward meeting goals and identify barriers to the permanent plan.
   (3) An individual instruction and support plan required under WAC 388-826-0044 for youth receiving out-of-home services administered by the department of social and health services, developmental disabilities administration will satisfy the requirement in subsection (1) of this section.


WAC 110-145-1730 What are the educational and vocational instruction requirements for children placed by the department, except interim facilities? (1) You must meet the following requirements for providing education and vocational instruction to the children placed by the department. For each child you must:
   (a) Follow the educational plan approved by the child's DCYF caseworker;
   (b) Support the child in regular school attendance. If a child is absent from school you must follow the school's reporting requirements. Notify the child's DCYF caseworker if the child is absent from school more than three consecutive school days;
   (c) Receive approval from the child's DCYF caseworker prior to making any changes to a child's educational plan;
   (d) Support the child's educational plan by providing each child with necessary school supplies and a suitable place to study;
(e) Develop a plan for a child's transportation to and from school;
(f) Provide or arrange for independent living skills education for developing self-sufficiency for children over the age of 15 years; and
(g) Encourage older youth to pursue a post-secondary education when appropriate.

(2) If the instruction is given on your premises, you must:
   (a) Receive approval from the child's DCYF caseworker if the child is placed in your care by the department;
   (b) Have the program certified by the office of the superintendent of public instruction (OSPI) and provide classrooms separate from the living area; and
   (c) Send LD a written description of how you will provide an educational program for children under your care.

(3) If a child is not enrolled and attending school within three consecutive school days after being placed in your care, you must contact the child's school and DCYF caseworker in order to develop a plan which could involve long distance learning if appropriate.


**WAC 110-145-1735 What are the requirements for an activity program?**

(1) You must provide an activity program that includes integration of children and youth in the community. Safe and suitable materials must be designed to meet the developmental, cultural, and individual needs of the children served. A schedule of weekly activities must be posted and available to view by residents and others.

(2) Activities must be designed for the developmental stages of the children you serve, allowing a balance between:
   (a) Child-initiated and staff-initiated activities;
   (b) Free play and organized events;
   (c) Individual and group activities; and
   (d) Quiet and active experiences.

(3) Children must be grouped with similar ages to ensure their safety.

[WSR 18-14-078, recodified as § 110-145-1735, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1735, filed 12/11/14, effective 1/11/15.]

**WAC 110-145-1740 Can children in my care receive services through the extended foster care program?**

Your facility can serve youth enrolled in the extended foster care program. You must adhere to WAC 110-90-0010 through 110-90-0200.
DAILY CARE, BEHAVIOR MANAGEMENT

WAC 110-145-1745  What are the general well-being requirements for a group care program?  You must provide a safe and healthy, age-appropriate home-like living environment that meets the medical, psychological, physical and developmental needs of the children in your care.

WAC 110-145-1750  What are the requirements for supervising children?  (1) You must provide and arrange supervision that is appropriate for the child's age, and developmental level including:
   (a) Appropriate adult supervision including ongoing and periodic checks of the children in your facility;
   (b) Personal attention;
   (c) Emotional support;
   (d) Structured daily routines and living experiences; and
   (e) Additional supervision as needed and required by the department. This supervision may require auditory or visual supervision at all times.
   (2) You must also ensure that:
   (a) Children under five years of age and children who are vulnerable due to their disability are not left unattended in a bathtub or shower;
   (b) Cribs, bassinets, cradles, playpens, and swings are not used as a substitute for supervising or interactive play with infants and young children;
   (c) Children who help with activities involving food preparation are supervised based on their age and skills;
   (d) Children are assisted to develop self-control and judgment skills; and
   (e) Children are encouraged to assume age-appropriate responsibility for their decisions and actions.
   (3) Prior to placement, you must inquire if a child poses a risk to the other children in your facility or has special supervision needs by obtaining information from the parent or guardian, the child's DCYF caseworker, therapist, or previous placements. You must also:
   (a) Develop a plan to address those needs;
(b) Obtain approval for the plan from the child's DCYF caseworker if the child is under the care and authority of the department; and

(c) Inform your licensor of the plan.

(4) All high-risk activities, including the use of power driven machines or other hazardous equipment, must be properly supervised by an adult. When participating in high-risk activities, children must:
   (a) Be instructed how to use and required to use appropriate safety equipment, such as helmets and life vests; and
   (b) Be in continuous visual or auditory range at all times, unless approved by the child's DCYF caseworker.


WAC 110-145-1755 What requirements must I follow when I transport children? (1) Transportation you provide must be safe, reliable, and in compliance with law and contract requirements.

(2) The driver of the vehicle must:
   (a) Have a valid driver's license; and
   (b) Be covered under an automobile liability insurance policy.

(3) The vehicle must:
   (a) Be kept in safe operating condition;
   (b) Be equipped with seat belts, car seats and booster seats, and/or other appropriate safety devices for all passengers as required by law. All persons in the vehicle must use the restraint system when the vehicle is in motion; and
   (c) Contain first aid supplies.

(4) There must be at least one adult other than the driver in a vehicle when:
   (a) There are more than five preschool age children in the vehicle;
   (b) Staffing requirements or your contract requires a second staff person; or
   (c) The child's specific needs require a second adult.

(5) Buses approved by the state patrol are not required to have seat belts.

[WSR 18-14-078, recodified as § 110-145-1755, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1755, filed 12/11/14, effective 1/11/15.]

WAC 110-145-1760 What are the travel requirements for children in care? You must get written approval from the child's DCYF caseworker for children in the care and custody of the department, or the child's parent or guardian for children not in the department's care and custody prior to any travel over 72 hours, and any out-of-country travel.
WAC 110-145-1765  Can children be assigned work in a facility or work outside the facility?  (1) Children may do regular household tasks without payment, or may be assigned other work that is appropriate to the child's age and developmental level, with monetary compensation.

(2) It may be appropriate for some children to obtain employment when:
   (a) Laws regarding minors working are followed; and
   (b) The child's work does not interfere with school.

WAC 110-145-1770  Can a child earn allowance while in care?  If a child is placed in your facility over thirty days you must give the child an allowance based on age, needs, and the child's ability to manage money. You must keep track of allowances given to children in a ledger.

WAC 110-145-1775  What belongings must be provided to a child leaving my facility?  (1) You must permit a child who leaves your facility to take their personal belongings with them. This includes belongings the child brought with them or acquired in your care, such as clothing, mementos, bicycles, gifts, and any saved money.

(2) If it is not possible for the child to take their belongings at the time they leave, you are required to secure them for up to 30 days and cooperate with the child's DCYF caseworker to transfer them to the child, as soon as possible.
**WAC 110-145-1780**  Do I have responsibility for a child's personal hygiene?  You must provide or arrange for children in your care to have items needed for grooming and personal hygiene. You must assist children in using these items, based on the child's developmental needs.

[WSR 18-14-078, recodified as § 110-145-1780, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1780, filed 12/11/14, effective 1/11/15.]

**WAC 110-145-1785**  What are the requirements for privacy for children in out-of-home placements?  (1)  In general, children in out-of-home placements have the right to privacy of personal mail, electronic mail and phone calls.

(2)  The department and its delegates may censor the child's mail and monitor telephone calls to the extent necessary and in the manner specified by the court order for the child's safety and well-being.


**WAC 110-145-1790**  What are the food and meal guideline requirements?  (1)  Food served to children in your care must be properly stored and prepared, and meet children's nutritional, cultural and developmental needs, offering a variety of foods for meal enjoyment.

(2)  You must routinely provide an opportunity during mealtimes for socialization for all children.

(3)  You must not serve home canned foods to children.

(4)  You must properly store, prepare, and serve food to meet the needs of the children in your care. All food service facilities and food handling practices must comply with rules and regulations of the state board of health governing food service sanitation. This includes a food handler's permit for all staff per chapter 246-215 WAC.

(5)  You must prepare and date daily menus, including snacks, at least one week in advance. You must keep the menus on file for a minimum of six months so that we can review them.

(6)  You must establish and post a schedule of mealtimes.

(7)  You must ensure that staff are aware of each child's dietary restrictions, in a manner that ensures the child's privacy.

[WSR 18-14-078, recodified as § 110-145-1790, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1790, filed 12/11/14, effective 1/11/15.]

**WAC 110-145-1795**  How often do children need to be provided meals?  You must provide all children a minimum of three meals and two snacks in each 24-hour period. You may vary from this guideline only
if you have written approval from the child's physician and DCYF caseworker.

WAC 110-145-1800  What are the requirements for handling a child's special diet? You must have approval of the child's DCYF caseworker and written instructions by a physician, parent or guardian before serving nutrient concentrates, nutrient supplements, vitamins, and modified diets, such as therapeutic and allergy diets.

WAC 110-145-1805  Are there special requirements for serving milk?  (1) The milk or milk products you serve must be pasteurized and follow these recommended guidelines:

   (a) Children under the age of 12 months must receive formula or breast milk unless written authorization from the child's licensed health care provider requires a different liquid intake; and

   (b) Children between the age of 12 and 24 months must receive whole milk unless you have written authorization from a licensed health care provider not to serve whole milk.

   (2) Before serving a child breast milk you must have approval of the child's DCYF caseworker, licensed health care provider, and parent or guardian. If breast milk is provided by anyone other than a baby's biological mother, it must be obtained through a licensed breast milk bank.

   (3) When you are using bottles to feed infants you must sterilize and use them according to product standards and commonly acceptable practices. You must refrigerate filled bottles if you do not use them immediately, and you must empty the bottle if not used within 24 hours. If more than one child is bottle-fed, the child's name and date the bottle is prepared must be on each bottle.

   (4) You must hold infants under the age of six months for all bottle feedings. Infants who are six months of age or over who are developmentally able may hold their own bottles as long as an adult remains in the room and within sight. You must take bottles from the child when the child finishes feeding, when the bottle is empty, or when the child falls asleep. You must not prop bottles when feeding infants.

   (5) To prevent burns, formula or breast milk must not be warmed in a microwave oven.
WAC 110-145-1810  Are there special requirements for infants and young children? In caring for infants and young children, you must hold infants at times other than feeding for the purposes of comfort and attention; and allow children plenty of free time outside of a swing, crib or playpen.

WAC 110-145-1815  Are written policies and procedures required describing a facility's discipline methods? (1) You must provide a written statement with your application and reapplication for license describing the discipline methods you use. This plan must be approved by your LD licensor.

(2) You and authorized care providers have the responsibility for discipline; you may not delegate that responsibility to a child.

(3) You must not withhold a child's need for necessary services including contact with the child's DCYF caseworker, case manager, and legal representatives. You must not withhold approved contact with a child's family, without further approval from the child's DCYF caseworker.

(4) For additional information you may refer to DCYF's behavior management guidelines.

(5) If your discipline methods change, you must immediately provide a new statement to your LD licensor describing your current practice.

(6) You must use positive methods of guidance and discipline that promote self-control, self-responsibility, self-direction, self-esteem, and cooperation. Positive methods may include:

(a) Redirecting children;

(b) Giving choices when appropriate;

(c) Time-out as a method of guidance, to allow children time to change their behavior;

(d) Planning in order to prevent problems; and

(e) Using positive reinforcement and encouraging children to express their feelings and ideas.

(7) You must use discipline that is appropriate to the child's age and level of development.

(8) You must not use corporal punishment or verbally abusive, neglectful, humiliating, or frightening punishment.
You must not discipline children in the following ways:
(a) Physical punishment;
(b) Cursing;
(c) Threats;
(d) Humiliation or intimidation; or
(e) Methods that interfere with a child's basic needs, including withholding of food.

WAC 110-145-1820 When may a child be restrained?  (1) You must use efforts other than physical restraint to redirect or deescalate a situation, unless the child's behavior poses an immediate risk to the physical safety of the child or another person, or of serious property damage. If restraint is necessary, it must be reasonable and necessary to:
   (a) Prevent a child from harming self or others; or
   (b) Protect property from serious damage.
(2) All staff must be trained in an LD-approved behavior management training prior to using physical restraint.
(3) You must not use physical restraint as a form of punishment or discipline. You must not use mechanical restraints unless ordered by the child's physician and approved by the department. You must not use physical restraint techniques that restrict breathing, inflict pain as a strategy for behavior control, or is likely to cause injury that is more than temporary. These include, but are not limited to:
   (a) Restriction of body movement by placing pressure on joints, chest, heart, or vital organs;
   (b) Sleeper holds, which are holds used by law enforcement officers to subdue a person;
   (c) Arm twisting;
   (d) Hair holds;
   (e) Choking or putting arms around the throat; or
   (f) Chemical restraints, such as pepper spray.
(4) When you have to use physical or mechanical restraints on a regular basis, you must get prior written approval from the child's DCYF caseworker and approval by your LD licensor.
(5) You must develop policies and procedures, approved by the department, when your behavior management practices include use of physical restraint, including:
   (a) Who may authorize the use of physical restraint; and
   (b) The circumstances when physical restraint may be used, including time limitations, reevaluation procedures, and supervisory monitoring.
WAC 110-145-1825 What must I do following an incident that involved using physical restraint? Your executive director or program supervisor must:

1. Review any incident with the staff who used physical restraint to ensure that the decision to use physical restraint and its application were appropriate; and
2. Report the incident if it meets the criteria listed in WAC 110-145-1535.

[WAC 110-145-1830 Are there requirements for time-out or quiet rooms? Locked time-out or locked deescalation rooms are prohibited in all facilities. In certain circumstances, facilities may have time-out rooms or deescalation rooms that allow for securing the youth in a room, requiring a staff to be present, holding the door closed so the youth may not exit. In these cases you must meet the following requirements:

1. Have a window that allows for visual monitoring of all areas of the room;
2. Have approval from the WSP/FPB or a certificate of compliance stating that the facility is in compliance with the fire codes with Washington state amendments;
3. Have approval from the LD licensor stating the facility is in compliance with the department's behavior management guidelines; and
4. Have current written approval of the LD administrator.

[WAC 110-145-1835 Am I required to assess a child's need for immediate medical attention? (1) When a child first enters out-of-home care, other than overnight youth shelters, an initial health screen is required as soon as possible, but no later than five days after entering your program. You do not need to take a child to get this screen if you received the child directly from a hospital, pediatric interim care, or another out-of-home care provider.]

MEDICAL SAFETY
care, or the child is receiving services through a child advocacy center or sexual assault clinic.

(2) You must also make reasonable attempts to obtain the following health history:

(a) Allergies;
(b) All currently prescribed medications; and
(c) Any special physical or mental health issues.

(3) If the child remains in placement beyond 72 hours, you must contact the child's DCYF caseworker, CPA, or parent or guardian to obtain the following information:

(a) The date of the child's last physical and dental exams;
(b) Their history of immunizations; and
(c) Clinical and medical diagnoses and treatment plans.

(4) When a child leaves the facility, the health history of the child must be provided to the child's DCYF caseworker or the next caregiver.

(5) You should refer to the department of health's dental care brochures, Publications Nos. 920-923 through 920-928, as guides for maintaining proper dental care for children.

WAC 110-145-1840 When must I get an early and periodic screening, diagnosis, and treatment (EPSDT) exam for a child? Children who are in out-of-home care must receive an EPSDT exam within 30 days, unless they have had an EPSDT exam in the previous 30 days, except for overnight youth shelters and children placed by DDA through a voluntary placement agreement. Children also receive subsequent periodic EPSDT exams; information on these required exams may be obtained from the child's DCYF caseworker.


WAC 110-145-1845 What are the requirements for obtaining consent for emergency and routine medical care? (1) The department is the legal custodian for children it places in care. We have the authority to consent to emergency and routine medical services on behalf of a child under the age of 18. Youth in care over the age of 18 must consent to their own medical care or have an identified person who has been granted the legal authority to consent on their behalf. We delegate some
of the authority to providers. You must contact the child's DCYF case-worker or intake for specific information for each child.
(2) If you care for children in the custody of another agency, tribal court or other court, you must follow the direction of that agency or court regarding permission to provide consent for medical care.
(3) In case of medical emergency, contact the child's DCYF case-worker and the child's tribal ICW case manager or intake as soon as possible.
(4) It is your responsibility to ensure that a child receives the necessary medical attention if injured or harmed. In the event of a life-threatening medical emergency, you must contact 911 prior to transporting the child to a medical facility.


WAC 110-145-1850 What requirements are there for the storage of medications? (1) Prescription and over-the-counter medications must be kept in a locked container in a manner that minimizes the risks for medication errors.
(2) Human medication and animal medication must be kept separate from each other and in locked containers.
(3) Life-saving medications must be accessible in an emergency.


WAC 110-145-1855 What are the general requirements for managing a child's medication? (1) Medication must not be used for behavior control, unless prescribed for that purpose by a physician or another person legally authorized to prescribe medication.
(2) Only you, a licensed foster parent, or another authorized care provider, such as a respite provider, are allowed to have access to medications for a child in your care.
(3) You must not use medication in an amount or frequency other than that prescribed by an appropriately licensed health care provider or psychiatrist.
(4) You must not reduce or stop a child's prescribed medication without the written approval of the child's physician. You must report this information to the child's DCYF caseworker. In addition to the physician, you must coordinate starting or stopping a child's psychotropic medication with the child's DCYF caseworker to determine what
consent is needed. The DCYF caseworker may need to obtain consent from the child age 13 or older, the parent or guardian, or the court.

(5) You must follow the direction of the agency or court regarding giving or applying prescription and nonprescription medications if you care for children in the custody of another agency, or tribal or other court. If this is in conflict with the department's policy, you must notify the child's DCYF caseworker.

(6) You must not give medications to a child that has been prescribed for someone else.

(7) You must keep a record of all prescription and nonprescription medications given to children in care. This documentation includes:
   (a) Child's name;
   (b) Time of medication;
   (c) Dosage of medication; and
   (d) Name of person administering medication.

(8) You must obtain a signature from a licensed health care provider within 72 hours of obtaining a medication order by phone.

[WAC 110-145-1850 How do I manage a child's nonprescription medications? (1) You or another authorized care provider must give nonprescription medications:
   (a) Only as specified in the instructions; or
   (b) As otherwise approved by a physician or another person legally authorized to prescribe medication.

[WAC 110-145-1865 Can I give a child nonprescription medications with prescription medications? You must give prescription and over the counter medications as specified on the medication label or as prescribed by persons legally authorized to prescribe medication. This includes herbal supplements and remedies, vitamins, or minerals.


Certified on 8/9/2023
WAC 110-145-1870 How do I dispose of medications?  (1) You must consult with a pharmacist or other health professional on the proper disposal of medications that are no longer being taken or have expired. The disposal of any prescription medication must be documented and contain the following information:
   (a) What medication was disposed;
   (b) The name of the child for whom the medication was prescribed;
   (c) The amount disposed;
   (d) The name of the person disposing of the medication; and
   (e) The name of the person witnessing the disposal.

[WSR 18-14-078, recodified as § 110-145-1870, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2),  74.15.311(2),  74.13.032,  13.04.011,  74.13.020,  13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1870, filed 12/11/14, effective 1/11/15.]

WAC 110-145-1875 Can I accept medication from a child's parent or guardian?  (1) The only medicine you may accept from the child's parent, guardian, or responsible relative is medicine in the original container labeled with:
   (a) The child's first and last name;
   (b) The date the prescription was filled;
   (c) The medication's expiration date; and
   (d) Legible instructions for administration (manufacturer's instructions or prescription label) of the medication.

   (2) You must notify the child's DCYF caseworker if you have any concerns about medication being provided to you by the child's parent, guardian, or relative.


WAC 110-145-1880 When may children take their own medicine?  (1) You may permit children under your care to take their own medicine as long as:
   (a) They are physically and mentally capable of properly taking the medicine;
   (b) You monitor that the youth is taking the medication according to the prescription or manufacturer's instructions to ensure proper amount and frequency; and
   (c) You must keep the written approval by the child's DCYF caseworker in your records.

   (2) When a child is taking their own medication, the medication and medical supplies must be kept locked or inaccessible to unauthorized persons.

   (3) In emergency respite centers, a parent or guardian may provide written approval.
In overnight youth shelters, youth may take their own prescription or nonprescription medications if you follow the requirements outlined in subsection (1)(a) and (b) in this section.

(4) In overnight youth shelters, youth may take their own prescription or nonprescription medications if you follow the requirements outlined in subsection (1)(a) and (b) in this section.

WAC 110-145-1885 What are the immunization regulations? (1) Immunization standards for all children in your facility are based on the advisory committee for immunizations practices of the Center for Disease Control (ACIP/CDC). Children placed in your care by the department are required to be immunized according to advisory committee on immunization practices as established in the recommended immunization schedule for persons Aged 0-18 Years, United States, 2012 and as amended each subsequent year, except for rotavirus and human papilloma virus.

(2) Except for overnight youth shelters, if a child who has not received all recommended immunizations is placed in your care, you must take the child to a health care provider as soon as medically possible for catch-up immunizations according to the ACIP/CDC catch-up schedule.

(3) You must contact each child's DCYF caseworker and your LD licensor if a serious infection or a communicable disease is a threat to the children in your care. The department may remove a foster child from your facility when the threat of a serious infection or communicable disease creates a risk to the health of any child placed in your facility.

WAC 110-145-1890 What type of crisis residential center (CRC) facilities may be licensed? (1) You may be licensed as a semi-secure CRC or a secure CRC.

(2) Semi-secure CRCs are not locked facilities, but are operated in a way that reasonably assures that youth placed there will not run
away. Regular CRCs are also known as semi-secure CRCs, as referred to in RCW 13.32A.030(16).

(3) A secure CRC is designed and operated to prevent a youth from leaving without permission of the staff, as referred to in RCW 13.32A.030(15).

[WSR 18-14-078, recodified as § 110-145-1890, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1890, filed 12/11/14, effective 1/11/15.]

WAC 110-145-1895 What hours must I be available to receive youth? You must be open and available to receive youth twenty-four hours a day, seven days a week.

[WSR 18-14-078, recodified as § 110-145-1895, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1895, filed 12/11/14, effective 1/11/15.]

WAC 110-145-1895 What residents are admitted to a semi-secure CRC? (1) Semi-secure CRCs provide emergency, temporary residence to youth ages twelve through seventeen who meet one of the following criteria:

(a) Are beyond the control of their parents or guardians and behave in a way that endangers any person's welfare;

(b) Need assistance getting food, shelter, health care, clothing, educational services, and/or resolving family conflicts;

(c) Need temporary protective custody; or

(d) Have parents who are not able or willing to continue efforts to keep the family together.

[WSR 18-14-078, recodified as § 110-145-1900, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-1900, filed 12/11/14, effective 1/11/15.]

WAC 110-145-1905 What residents are admitted to a secure CRC? (1) Secure CRCs provide emergency, temporary residence to youth ages twelve through seventeen who meet one of the following criteria:

(a) Youth ordered by the court to be placed for contempt on CHINS, ARP, or truancy orders. These youth may be ordered into a secure CRC that is colocated with a detention facility; or

(b) Youth placed by law enforcement officers who are runaways, are in dangerous situations or are in violation of curfew.

WAC 110-145-1910  What are the ratio requirements of staff to youth in crisis residential centers?  (1) Semi-secure CRCs
   (a) At all times, you must have at least one direct care staff on duty and must maintain a staffing ratio of one staff for every four youth in care when youth are present.
   (b) During waking hours of youth, you must have at least two awake direct care staff on duty when youth are present.
   (c) During sleeping hours of youth, at least one of your staff must be awake. One or more additional (back-up) staff must be on the premises during sleeping hours to maintain staffing ratios. Under extraordinary circumstances, the DLR director may approve an alternative back-up plan.
   (2) Secure CRCs
      (a) At all times (including sleeping hours), you must have at least two staff on duty when youth are present.
      (b) At all times, secure crisis residential centers not colocated with a detention center must have at least one youth care staff on duty for every three youth in care.
      (c) At all times, secure crisis residential centers that are located in the same facility as a detention center must have at least one awake youth care staff on duty for every four youth in care.


WAC 110-145-1915  What are the requirements for secure CRCs?  Secure CRCs must meet each of these requirements:
   (1) Be a free-standing facility, separate unit, or separate building within a campus;


WAC 110-145-1920  What are additional physical requirements for secure CRCs?  (1) Your secure CRC must ensure that no youth is kept in a locked room that isolates the youth from the general population or staff.
   (2) You must also limit exit by one of the following methods:
      (a) Have windows and doors that allow exit, but have a non-scalable perimeter fence around the facility property. This fence shall be designed to not cause injury, avoiding use of electrification, razor wire or concertina wire; or
      (b) Have egress-control devices which meet or exceed current state building codes for facilities with special egress-controlled de-
vices (rather than locking windows and doors or a perimeter fence), that prevent unauthorized exit.


**WAC 110-145-1925** May a juvenile detention center operate as a separate secure CRC program? 1 (1) A juvenile detention center may operate a separate secure crisis residential center (CRC) program. The physical facility must be operated so that no direct communication or physical contact can be made between a resident of the secure crisis residential center and a person held in the detention facility.

(2) Staff assigned to the secure crisis residential center youth must not be simultaneously assigned to the juvenile detention center residents on the same shift.


**WAC 110-145-1930** What steps must be taken after a youth is admitted into any CRC? 1 (1) You must notify the parents or guardians of the youth who has been admitted to the CRC if the youth is not under the care and authority of the department. If you are unable to contact the youth's parents or guardians within 48 hours, you must:

(a) Contact the department and request that the case be reviewed for dependency filing under chapter 13.34 RCW or "child in need of services" filing under chapter 13.32A RCW; and

(b) Document this information in the youth's case file.

(2) You must notify DCYF intake of the youth's admission to the CRC within 24 hours of admission.

(3) If you decide that a youth is unlikely to stay in a regular facility, you must make reasonable efforts to transfer the youth to a secure facility.


**WAC 110-145-1935** What additional steps must be taken after a youth is admitted into a secure CRC? 1 (1) You must make an assessment of the youth's risk of running, within the first twenty-four hours after admitting a youth to a secure crisis residential center, and each twenty-four hours thereafter.
(2) You must determine what type of CRC, (semi-secure or secure,) would be best for the youth.
(3) You must use the following criteria in making the decision, considering the safety, health and welfare of the youth and others:
   (a) The youth's age and maturity;
   (b) The youth's physical, mental, and emotional condition upon arrival at the center;
   (c) The circumstances that led to the youth's placement at the facility;
   (d) The youth's behavior;
   (e) The youth's history of running away;
   (f) The youth's willingness to cooperate in conducting the assessment;
   (g) The youth's need for continued assessment, protection, and intervention services in a CRC; and
   (h) The likelihood the youth will remain at a CRC.
(4) You must put the decision about the youth's status in writing in the youth's file.
(5) By the first school day after admission, the crisis residential center staff must:
   (a) Notify the youth's school district about the youth's placement; and
   (b) Assess the youth for any educational needs as a part of the assessment process for inclusion in the discharge summary.


WAC 110-145-1940 How long may a youth stay in a CRC? (1) Youth may stay in a semi-secure CRC or a secure CRC not located in a detention center, for no longer than fifteen consecutive days, including Saturdays, Sundays and holidays.
(2) Youth admitted to a secure CRC located in a juvenile detention center must remain in the facility for at least twenty-four hours after admission but for no more than five consecutive days per admission, including Saturdays, Sundays and holidays.
(3) If a youth has been transferred between secure and semi-secure crisis residential centers, the total number of consecutive days spent in a secure CRC located in a detention facility may not exceed five days and the total number of consecutive days spent in all crisis residential centers may not exceed fifteen days per admission.


WAC 110-145-1945 What happens when no space exists in a secure CRC? (1) If space is not available in a secure crisis residential center (CRC), you or your designee may transfer a different youth from that facility to a semi-secure CRC as long as the youth:
(a) Has been in the secure facility for at least twenty-four hours; and
(b) Is considered likely to remain at a semi-secure CRC facility.


WAC 110-145-1950 How is a youth transferred from one type of CRC to another? (1) After deciding that a youth needs to be transferred from one type of CRC to another, you must take the following steps:
(a) Obtain the department's agreement with the transfer decision;
(b) Communicate with the CRC where the youth is being relocated;
(c) Make sure that space for the youth is available to support the transfer;
(d) Assure mutual agreement with the transfer decision; and
(e) Document all communication related to the transfer into the youth's file.
(2) You must also establish and maintain transfer procedures.


WAC 110-145-1955 What intervention services must I provide or arrange for at a CRC? (1) You must provide a safe environment that supports the reduction of high risk behaviors and an increase of stable behaviors of the youth.
(2) You must also provide or arrange, at a minimum, the following services:
(a) Assessment of the family in order to develop a treatment plan for the youth;
(b) Family counseling focused on communication skills development and problem solving;
(c) Individual and/or group counseling;
(d) School participation;
(e) Safety and transition plans to address the youth's high risk behaviors; and
(f) Referrals to transition the family to community-based support services.
(3) Intervention services must be documented, in writing, in the youth's case record.

What additional recordkeeping is required for all CRCs? (1) In addition to meeting the reporting requirements listed in WAC 110-145-1535 through 110-145-1550, you must also maintain for a minimum of six years, the following:
   (a) Hourly logs of where the child is physically located;
   (b) Records of a multidisciplinary team, if convened;
   (c) The time and date a placement is made;
   (d) The names of the person and agency making the placement; and
   (e) Reasons for the placement.
(2) If the child has a DCYF caseworker, you must send the DCYF caseworker the following information within seven days of the child's discharge. The information must include a written summary that addresses the following:
   (a) Community-based referrals;
   (b) Assessment information on the family and child;
   (c) Family reconciliation attempts;
   (d) Contacts with families and professionals involved;
   (e) Medical and health related issues; and
   (f) Any other concerns, such as legal issues and school problems.

What is the purpose of a CRC multidisciplinary team? (1) The purpose of the multidisciplinary team is to evaluate the youth and the youth's family and when agreed to by the family, assist with any of the following services:
   (a) Developing a plan for accessing available social and health-related services;
   (b) Obtaining referrals to a chemical dependency specialist and/or county-designated mental health professional;
   (c) Recommending no further intervention because the youth and family have worked out the problems that were causing family conflicts; and
   (d) Reconciling the youth and family.
(2) Members of multidisciplinary teams may include:
   (a) Educators;
   (b) Law enforcement personnel;
   (c) Court personnel;
   (d) Family therapists or mental health providers;
   (e) Chemical dependency treatment providers;
   (f) Licensed health care practitioners;
   (g) Social service providers;
   (h) Youth residential placement providers;
   (i) Other family members;
   (j) Faith-based representatives; and
   (k) Members of the family's community.
(3) A CRC must have multidisciplinary teams available as a service to youth and their families, if they request the service.
WAC 110-145-1970  When should I convene a CRC multidisciplinary team?  (1) After a youth is admitted into a CRC, you must advise the parent or guardian and the youth of their rights to request a multidisciplinary team, and make arrangements to convene that team.

(2) You may set up a multidisciplinary team when you believe that the youth is a "child in need of services" under RCW 13.32A.030 and the parent is unavailable or unwilling to continue efforts to maintain the family structure.

WAC 110-145-1975  How is a CRC multidisciplinary team convened?  (1) You must notify the members of the multidisciplinary team of the need to convene and you must:

(a) Tell the youth's parents or guardians about the multidisciplinary team if the parents did not make the initial request to form a team;

(b) Advise the parents of their right to select additional members; and

(c) Assist in getting prompt involvement of additional persons that the parent or youth have requested to be added to the multidisciplinary team.

WAC 110-145-1980  May a parent disband the CRC multidisciplinary team?  (1) Parents may disband the multidisciplinary team:

(a) Unless a dependency petition has been filed (under RCW 13.32A.140); or

(b) After a dispositional hearing has taken place ordering out-of-home placement for the youth.

(2) You must advise the parents of their right to disband the multidisciplinary team within twenty-four hours after they receive notice of the team forming, excluding weekends and holidays.
Day Treatment Programs

**WAC 110-145-1985** Who is eligible to attend my day treatment program? (1) Day treatment is for children who are unable to adjust to school programs due to disruptive behavior, family stress, learning disabilities or other serious emotional disabilities; and/or
(2) Have intensive needs, which cannot be adequately met through out-patient community mental health services.

**WAC 110-145-1990** What are the required ratios of staff to children in day treatment centers? (1) There must be one counselor or teacher for every six children in a day treatment program; and
(2) Either the executive director or on-site program manager must be on the premises while the children are in care.
(3) Another competent person may be left in charge during the director's and/or program manager's temporary absence (two hours or less).

**WAC 110-145-1995** What consultants must I use for my day treatment program? (1) You must use consultants, including psychiatrists, psychologists, teachers, and group counselors, for children under care as follows:
(a) Receive regular consultation from a child psychiatrist; and
(b) Provide or arrange for a psychologist for psychological testing and related services if the child's school does not provide these services.
(c) Provide or arrange for teaching by certified teachers qualified by training or experience in remedial education; and
(d) Use group counselors who are qualified by training or experience in the care of emotionally disturbed children.
WAC 110-145-2000  Can my emergency respite center have more than one type of license?  If you are licensed by LD as an emergency respite center, you may also be licensed as a child care center under the provisions of chapter 110-300 WAC. You must meet the requirements for both licenses and have written department approval to hold dual licenses.


WAC 110-145-2005  What are the required ratios of staff to children in an ERC?  (1) At all times, emergency respite centers must have the following minimum staffing ratios:
(a) At least two staff on duty when children are present; and
(b) One direct care staff providing visual or auditory supervision for every four children in care.
(2) The director, program manager, or case manager at an emergency respite center must normally be on the premises during daytime hours when children are in care.
(3) If temporarily absent (for two hours or less) from the center, the director and program manager must leave a competent, designated staff person in charge. This person must meet the qualifications of a direct care staff person.
(4) During evening, overnight, and weekend shifts, at least one of the staff on the premises must be a direct care worker when children are present. The other staff may be an assistant. The director, program manager, or case manager must be on-call and able to respond by telephone within fifteen minutes.


WAC 110-145-2010  Who are the residents served at my emergency respite center?  (1) An emergency respite center may provide care for:
(a) Children from birth through seventeen years; and
(b) Persons eighteen through twenty years of age when the person has intellectual and developmental disabilities and admitted with a sibling who is under eighteen.

[WSR 18-14-078, recodified as § 110-145-2010, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020,
WAC 110-145-2015  Who may place children at my emergency respite center?  A parent or legal guardian of a child may voluntarily place a child in an emergency respite center to prevent abuse and neglect for up to seventy-two hours.


WAC 110-145-2020  What information must I obtain before accepting a child for care at my emergency respite center?  (1) Before accepting a child for care at an emergency respite center you must obtain the following:

- (a) Permission from the child's parent or guardian authorizing placement and emergency medical care or surgery on behalf of the child;
- (b) Basic family information, including address, telephone numbers, and emergency contacts; and
- (c) Basic medical information, including current medication, known allergies, and at risk behaviors of the child.


WAC 110-145-2025  May services I provide at my emergency respite center substitute for other types of care?  (1) The services provided by an emergency respite center may not substitute for those provided by:

- (a) Crisis residential centers;
- (b) HOPE centers; or
- (c) Any other services required under chapter 13.32A (family reconciliation services) RCW or chapter 13.34 RCW (Juvenile court act).


WAC 110-145-2030  Are there additional bed requirements at my emergency respite center?  (1) If a cot is used as a bed you must ensure the child's cot is:

- (a) Sufficient in length and width, constructed to provide adequate comfort for the child to sleep; and

Certified on 8/9/2023
(b) Is made of material that can be cleaned with a detergent solution, disinfected, and allowed to dry.


Group Homes

WAC 110-145-2035  What are the required ratios of staff to children in group homes?  You must have at least one direct care staff on site while children are present for every eight children in your group home. If you have both a license and a contract for services, you must adhere to the most stringent staffing ratios.


Group Receiving Centers (GRC)

WAC 110-145-2040  Who are the residents at my group receiving center?  (1) You are limited to one of the following age groups:

(a) Age two through five;
(b) Six through twelve; or
(c) Thirteen through seventeen.

(2) With a DLR approved safety plan you may be licensed for more than one age group. This might include being licensed for children less than two years of age to accommodate sibling groups.

(3) If you provide care for children under age six and another age group, you may allow common activities for the children of different age groups.


WAC 110-145-2045  What are the required ratios of staff to children in group receiving centers?  (1) The department has the following specific requirements for the ratio of direct care staff to children at group receiving centers:

(a) At least two staff, including at least one direct care staff person, must be on site whenever children are on the premises; and
(b) If you have at least one child under the age of six in placement, the ratio for a group receiving center is at least one direct
care staff person on site during waking and sleeping hours, for every
four children.

(2) The ratio for a group receiving center is at least one direct
care staff person on site during waking and sleeping hours, for every
six children, age six years and older. If your group receiving center
is approved for more than one age group, you must maintain the staff-
ing ratio designated for the youngest child in the group.

WSR 18-14-078, recodified as § 110-145-2045, filed 6/29/18, effective
7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW
74.15.030 (2), 74.15.311 (2), 74.13.032, 13.04.011, 74.13.020,
13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105.

WAC 110-145-2050 When do I accept placements at my group receiv-
ing center? A group receiving center must accept placements twenty-
four hours a day, seven days a week.

WSR 18-14-078, recodified as § 110-145-2050, filed 6/29/18, effective
7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW
74.15.030 (2), 74.15.311 (2), 74.13.032, 13.04.011, 74.13.020,
13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105.

WAC 110-145-2055 What services must I provide at my group re-
ceiving center? (1) A group receiving center must provide direct re-
ceiving care and assessment of a child in terms of his or her physi-
cal, mental, social, and emotional condition.

(2) A group receiving center may provide transportation and/or
family support services, such as the supervision of family visits.

(3) You must arrange or provide transportation for each school-
age child in care to attend school.

WSR 18-14-078, recodified as § 110-145-2055, filed 6/29/18, effective
7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW
74.15.030 (2), 74.15.311 (2), 74.13.032, 13.04.011, 74.13.020,
13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105.

WAC 110-145-2060 What are the requirements for supervision of
children at my group receiving center? (1) Children must be within
visual or auditory range at all times during waking hours.

(2) You must ensure that staff providing direct care and supervi-
sion of the children are free of other administrative duties at the
time of care.

(3) When a child is known to have exhibited behavior that poses a
safety risk to other children, you must develop a safety and supervi-
sion plan with the child's DCYF caseworker to address the risk.

Statutory Authority: RCW 74.15.030. WSR 22-11-091, § 110-145-2060,
filed 5/18/22, effective 6/18/22. WSR 18-14-078, recodified as §
110-145-2060, filed 6/29/18, effective 7/1/18. Statutory Authority:
Chapters 13.34 and 74.13 RCW, RCW 74.15.030 (2), 74.15.311 (2),
74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145,
Programs for Medically Fragile Children

WAC 110-145-2065  What services must I provide for medically fragile children?  (1) Your licensed group home or staffed residential facility may also provide specialized care, to medically fragile children who need intensive personal care. The children may require skilled health care, physical therapy, or other forms of therapy.

(2) If you are serving this population as a specialty, you must ensure the following services are provided, if prescribed by a physician:

(a) An individualized treatment plan suited to the unique needs of each child in care;
(b) Care by physicians, including surgeons, general and family practitioners, and specialists in the child's particular diagnosis on either a referral, consultative, or ongoing treatment basis;
(c) Sufficient nursing staff to meet the nursing care needs of the children, including at least one registered nurse licensed by the state of Washington;
(d) Regular nursing consultation that includes at least one weekly on-site visit by a registered nurse, who initially assesses each child and updates the assessments as needed on subsequent visits. These assessments and updates must be documented. You must also keep records of the weekly on-site visits;
(e) Your nursing consultant must advise you and your staff on your infant care program, if applicable, and develop a written agreement with you about your child health program. The consultant must also advise and assist nonmedical staff at your facility in maintaining child health records, meeting daily health needs, and caring for children with minor illnesses and injuries;
(f) The nurse's name and telephone number must be posted or otherwise available in your home or facility;
(g) If you care for four or more infants, you must arrange for monthly on-site visits with a registered nurse that is trained or experienced in the care of young children; and
(h) If you care for children with intellectual and developmental disabilities requiring nursing services, you must have a registered nurse on staff or under contract.


WAC 110-145-2070  What recordkeeping requirements exist for medically fragile children?  In addition to meeting standard requirements for keeping records per WAC 110-145-1520 and 110-145-1525, you must also keep the following information for medically fragile children that have been in placement for more than 30 days in your facility:
(1) Report of a physical examination and diagnosis by a physician
and information about the child's daily care including treatment
plans, medications, observations, medical examinations, physicians'
orders, proper treatment for allergic reactions, consent authorizations,
releases, diagnostic reports, and revisions of assessments;
(2) Upon discharge, a summary including diagnoses, treatments,
and prognosis by the person responsible for providing care, and any
instructions and referrals for continuity of care; and
(3) Evidence of meeting criteria for eligibility for services
from the developmental disabilities administration, if appropriate.

WAC 110-145-2075  What are additional food requirements if I care
for medically fragile children?  You must follow the dietary plan for
each child as prescribed by the child's physician. You must use the
services of a dietitian who meets current registration requirements of
the American dietetic association if offering modified diets. You must
document in the child's file that staff are following the physician's
order.

WAC 110-145-2080  What age groups may I serve in my overnight
youth shelter?  Youth shelters may be licensed to provide care for
youth from thirteen through seventeen years of age or youth sixteen
through twenty years of age.

WAC 110-145-2085  How are youth admitted to my overnight youth
shelter?  (1) Youth are self-referred to overnight youth shelters.
(2) Foster parents may not place foster children in an overnight
youth shelter.
WAC 110-145-2090 What are the required ratios of staff to children under care in overnight youth shelters? (1) An OYS licensed for youth who are thirteen through seventeen years old must have one staff person to every eight youth.
(2) An OYS licensed for youth who are sixteen through twenty years old must have one staff person to every six youth.
(3) An OYS must maintain the staffing ratio while youth are asleep. At least one staff must remain awake while youth are asleep. Other staff may be asleep, but must be available in the shelter in case of emergency.
(4) Whenever only one staff is required to be on duty, a second staff person must be on call and available to respond within thirty minutes.

WAC 110-145-2095 What steps must I take when a youth first enters an overnight youth shelter? When a youth first enters an overnight youth shelter, you must:
(1) Determine whether the parents or guardians are aware of the whereabouts of the youth;
(2) Follow reporting requirements in WAC 110-145-1545; and
(3) Notify the police or DCYF intake (either the local CPS number or toll-free 1-886-ENDHARM) of any youth 12 years of age or younger who is unaccompanied by an adult and is requesting service, and you are unable to serve the child due to their age.

WAC 110-145-2100 What services must be offered at an overnight youth shelter? (1) At a minimum, all overnight youth shelters must offer an intake assessment on the youth including:
(a) Emergency telephone number contacts;
(b) Areas of possible problems, such as medical problems, family situation and suicide evaluation;
(c) History of assault or predatory behavior; and
(d) Drug and alcohol involvement.
(2) You must also assess the youth's:
(a) Outstanding warrants;
(b) Physical and medical needs, including medication;
(c) School status;
(d) Immediate needs for counseling; and
(e) Options for the near future.
(3) You must also offer a youth the following:
(a) Individual crisis intervention;
(b) Assistance in accessing emergency resources, including child protective services (CPS) and emergency medical services;
(c) Resource information;
(d) Educational or vocational services;
(e) Housing information;
(f) Medical care or services;
(g) Substance abuse services;
(h) Mental health services;
(i) Information regarding other treatment agencies;
(j) Food programs;
(k) Disability services; and
(l) Other DCYF services.
(4) If the overnight youth shelter cannot directly provide these services, staff must have information for referrals to programs or organizations that would provide these services to youth.


WAC 110-145-2105 What are the additional requirements for bedrooms in overnight youth shelters? (1) In overnight youth shelters:
   (a) The number of beds allowed at an overnight youth shelter or emergency respite center is established in consultation with the department of health for each facility. Youth of different genders may share common sleeping areas if a visual barrier at least five feet high separates the youth; and
   (b) Youth less than eighteen years old must be separated from youth eighteen through twenty years old by having a staff or volunteer supervise open space or have a physical barrier to prevent contact.

[WSR 18-14-078, recodified as § 110-145-2105, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-2105, filed 12/11/14, effective 1/11/15.]

WAC 110-145-2110 What are additional bedding requirements in my overnight youth shelter? The shelter must accept the use of sleeping and bedding equipment that is personally provided by the youth, if it is not a health or safety risk.

[WSR 18-14-078, recodified as § 110-145-2110, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020,
Do I need a citizens' board for my overnight youth shelter? (1) Every overnight youth shelter must have a citizens' board that complies with laws and rules for nonprofit boards of directors. If the overnight youth shelter is part of a larger agency that has a citizens' board, that board will suffice.

(2) The shelter director must keep the following on file:
(a) A list of all members of the current citizens' board; and
(b) A copy of the articles of incorporation filed with the secretary of state verifying nonprofit status.

What services shall be provided to pregnant and parenting youth? (1) Residential programs provide twenty-four hour care to expectant mothers and to new mothers with infants. Your licensed group home or staffed residential facility may provide this specialized care.

(2) You must provide or arrange for the following services:
(a) Information and referral services to every youth;
(b) Safe and stable housing;
(c) An assessment of the family's need(s);
(d) Referral to an authorized medical care provider for prenatal and postnatal medical care;
(e) Case management services; and
(f) The provision of direct services or referrals to available needed services. This includes consultation regarding prenatal care by specialists meeting their full professional qualifications when the physician requests prenatal care.

(3) You must also provide individual or group counseling sessions, if necessary, about the following topics:
(a) Pregnancy counseling;
(b) Independent living education;
(c) Infant and child care training;
(d) Living arrangements;
(e) Medical care planning;
(f) Legal issues;
(g) Vocational or educational guidance;
(h) Plans for the child;
(i) Financial, emotional or psychological problems;
(j) Relations with the child's other parent;
(k) Home management and consumer education;
(l) An expectant mother's delivery in a licensed hospital or licensed birthing facility;
(m) Postpartum medical examinations, as prescribed by a physician, to a new mother;
(n) Childcare, as needed; and  
(o) Case management services.

(4) You must provide or arrange for consultation regarding prenatal care by specialists meeting their full professional qualifications when the physician requests prenatal care.

(5) You must provide or assist a parent in arranging for licensed childcare when appropriate.

[WSR 18-14-078, recodified as § 110-145-2120, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-2120, filed 12/11/14, effective 1/11/15.]

WAC 110-145-2125 How are services for pregnant and parenting youth delivered? (1) The department must approve the program of daily activities that you've developed for pregnant and parenting youth.

(2) Provision of services must not be contingent upon a parent's decision to keep or relinquish a child.

(3) If you do not directly provide pregnant and parenting youth services in your facility, you must either:  
(a) Arrange for these services through formal agreements with other community agencies; or  
(b) Assist the clients in your program to get these services.

[WSR 18-14-078, recodified as § 110-145-2125, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-2125, filed 12/11/14, effective 1/11/15.]

WAC 110-145-2130 What types of health education must a facility offer to pregnant and parenting mothers? (1) You need to offer or arrange health education for pregnant and parenting mothers that includes the following areas:

(a) Hygiene;  
(b) Suitable preparation for childbirth;  
(c) The physiological changes during pregnancy;  
(d) Examinations and childbirth procedures;  
(e) Postnatal and pediatric care;  
(f) Contraception and family planning;  
(g) Nutritional requirements for mother and child;  
(h) Child health and development; and  
(i) Psychological and emotional changes during and after pregnancy.

[WSR 18-14-078, recodified as § 110-145-2130, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-2130, filed 12/11/14, effective 1/11/15.]
WAC 110-145-2135  How is capacity determined for a facility that provides services to pregnant and parenting youth?  (1) We count the number of parents and children in determining capacity.

(2) The space required for a parent and infant bedroom needs to be considered when determining the capacity of a group care facility providing pregnant and parenting youth services. This is determined by a department of health (DOH) representative.

[WSR 18-14-078, recodified as § 110-145-2135, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-2135, filed 12/11/14, effective 1/11/15.]

WAC 110-145-2140  What are the required ratios of staff to children in pregnant and parenting youth programs and programs providing maternity services?  (1) The minimum ratio of case management staff to youth for pregnant and parenting teen programs is one staff person to fifteen teens.

(2) When youth are on the premises, the ratio of staff to residents must be as follows:
   (a) At least one residential staff member must be on duty for every eight parents.
   (b) When more than eight parents are on the premises, at least two staff, including at least one direct care staff must be on duty.

[WSR 18-14-078, recodified as § 110-145-2140, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-2140, filed 12/11/14, effective 1/11/15.]

WAC 110-145-2145  What are the facility and room requirements for programs offering services for pregnant and parenting youth?  (1) If you have a residential program for pregnant and parenting youth with infants, you must meet the room requirements for group care facilities, per WAC 110-145-1600 through 110-145-1605.

(2) If your facility offers medical clinics, you must have a separate, adequately equipped examination room with adequate nursing equipment.


Resource and Assessment Centers (RAC)

WAC 110-145-2150  What is the purpose of a resource and assessment center (RAC)?  (1) The purpose of the resource and assessment
center is to provide short-term emergency and crisis care for children who are:

(a) Removed from their parent's or guardian's care due to suspected abuse or neglect; and

(b) In immediate need of health care or social services.

(2) Services provided by a center may not substitute for a crisis residential center, Hope center, or any other services required under chapter 13.32A, Family reconciliation services, or 13.34 RCW, Child welfare.

[WSR 18-14-078, recodified as § 110-145-2150, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-2150, filed 12/11/14, effective 1/11/15.]

**WAC 110-145-2155  What must I demonstrate to be licensed for an RAC?**  (1) In accordance with RCW 74.15.311, you must meet the following requirements:

(a) There is a need in the local community for a RAC;

(b) Be primarily staffed with trained volunteers in order to meet staffing requirements; and

(c) You are not financially dependent upon reimbursement from the state.

[WSR 18-14-078, recodified as § 110-145-2155, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-2155, filed 12/11/14, effective 1/11/15.]

**WAC 110-145-2160  What is the ratio of direct care staff/volunteers to children at an RAC?**  (1) At all times, resource and assessment centers must have the following minimum staffing ratios:

(a) At least two staff/volunteers on duty when children are present; and

(b) One staff/volunteer providing visual or auditory supervision for every four children in care.

[WSR 18-14-078, recodified as § 110-145-2160, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020, 13.34.030, 74.13.031, 13.34.145, 74.15.311, 74.15.030, and 2013 c 105. WSR 15-01-069, § 388-145-2160, filed 12/11/14, effective 1/11/15.]

**WAC 110-145-2165  Who are the residents at my RAC?**  A resource and assessment center is licensed to provide care for children ages birth through twelve, or for children ages thirteen through seventeen who are placed with a sibling(s) under thirteen years of age.

[WSR 18-14-078, recodified as § 110-145-2165, filed 6/29/18, effective 7/1/18. Statutory Authority: Chapters 13.34 and 74.13 RCW, RCW 74.15.030(2), 74.15.311(2), 74.13.032, 13.04.011, 74.13.020,
WAC 110-145-2170 How long can a child stay at an RAC? Children may be admitted to the resource and assessment center for up to seventy-two hours not including Saturdays, Sundays and holidays.

WAC 110-145-2175 When am I required to be available for services? You or a designated staff must be available by phone at all times when you are receiving new placements. Your resource and assessment center may limit days and times of operation, but if you accept placement of a child, you must be operational until that child is discharged. Resource and assessment centers are not required to be operational at times during which there are no children in care.

WAC 110-145-2180 Who may place children at an RAC? A DCYF case-worker may place a child in a resource and assessment center. These centers may not be used to address placement disruptions for children being removed from a foster home or group care facility.

WAC 110-145-2185 What services are provided or arranged for at an RAC? (1) A resource and assessment center may provide the following:

(a) Direct care of children and youth;
(b) Referral and provision of health care assessments or screening;
(c) Appropriate community service referrals, as needed; and/or
(d) Initial assessment of child functioning.
WAC 110-145-2190 How many children may be served in my staffed residential home? (1) The department may license a staffed residential home for six or fewer children. This must include the children of youth in care, as well as other children living in the facility who are not in care. The maximum number of children in your staffed residential home must not exceed six at any time to include youth eighteen or older enrolled in the Extended Foster Care program.

(2) The department may restrict the number of children in a staffed residential home according to the age and needs of the children.

(3) Except for programs for pregnant and parenting youth, you may have only two children under two years of age in your facility at a time.

(4) You must only be licensed for a maximum of three pregnant and parenting youth.

(5) The department may license a staffed residential home for up to three children with mental or physical disabilities that are severe enough to require nursing care if you meet the following conditions:

(a) You provide staff that are qualified by training and experience to provide proper care, including necessary medical procedures; and

(b) The children's treatment is under the supervision of a physician.

WAC 110-145-2195 What are the required ratios of staff to children under care in an SRH? (1) You must have at least one direct care staff for every six children during waking hours for the children placed in your home.

(2) During sleeping hours at least one staff person must be awake when:

(a) There is a written supervision agreement or a contract with the department specifying an awake staff is needed for either the program or a specific child; or

(b) A youth's behavior poses a safety risk to self and/or others; or

(c) A child's medical condition requires constant monitoring.

(3) The need for overnight supervision must be documented in each child's treatment plan, if awake supervision is necessary.

(4) When only one direct care staff is on duty, a second person must be on-call and available to respond within thirty minutes.

(5) You must have relief staff so that all staff can have the equivalent of two days off a week. This is not required for family members if the staffed residential home is a family residence.
Who is eligible to manage my staffed residential home? A staffed residential home may be managed by a family residing in the facility or by staff hired to work in the facility.