**WAC 388-97-1120 Meal provision.** The nursing home must:

1. Provide a minimum of three meals in each twenty-four period, at regular times similar to normal meal times in the community;
2. Make fresh fruits and vegetables, in season, available to residents on a daily basis;
3. Make reasonable efforts to:
   a. Accommodate individual mealtime preferences and portion sizes, as well as preferences for between meal and evening snacks when not medically contraindicated;
   b. Offer a late breakfast or an alternative to the regular breakfast for late risers; and
   c. Provide food consistent with the cultural and religious needs of the residents.
4. Use input from residents and the resident council, if the nursing home has one, in meal planning, scheduling, and the meal selection process.

[Statutory Authority: Chapters 18.51 and 74.42 RCW and 42 C.F.R. 489.52. WSR 08-20-062, § 388-97-1120, filed 9/24/08, effective 11/1/08.]