WAC 388-829C-160 What health care support must a companion home provider provide? To provide the client health care support the companion home provider must:

1. Schedule or assist the client in scheduling appointments and any follow-up appointments for dental, mental, and physical health services;
2. Ensure the client receives an annual physical and dental examination, unless the client has a written exemption from a physician or dentist;
3. Document the client's refusal of any annual physical or dental examination under WAC 388-829C-370;
4. In the event of an emergency or a change in the client's health, act in the client's best interest;
5. If necessary, provide medication assistance under chapter 246-888 WAC;
6. If necessary, perform delegated nursing tasks and medication administration under WAC 246-840-910 through 246-840-970;
7. Maintain health care records under WAC 388-829C-340;
8. Assist the client to understand and follow their health care professional's instructions, referrals, and medication directions;
9. Communicate directly with the client's health care professionals, if necessary;
10. Provide a balanced and nutritious diet; and
11. Assist the client to access health care benefits available through medicare, medicaid, private health insurance, and other resources while acting in the client's financial best interest and supporting client choice.