If I have intellectual disability, how do I meet the definition of substantial limitations? If you have an eligible condition of intellectual disability, in order to meet the definition of substantial limitations you must have:

1. Documentation of a full-scale intelligence quotient (FSIQ) score of more than two standard deviations below the mean per WAC 388-823-0720, and subject to all of WAC 388-823-0720 and 388-823-0730, and

2. Documentation of an adaptive skills test score of more than two standard deviations below the mean as described in WAC 388-823-0740 and subject to all of WAC 388-823-0740 and 388-823-0750.