How is my need for personal care services assessed in CARE? The department gathers information from you, your caregivers, family members and other sources to assess your abilities to perform personal care tasks. The department will also consider developmental milestones for children as defined in WAC 388-106-0130 when individually assessing your abilities and needs for assistance.

The department will assess your ability to perform:

1. Activities of daily living (ADL) using self-performance support provided, status and assistance available, as defined in WAC 388-106-0010. Also, the department determines your need for "assistance with body care" and "assistance with medication management," as defined in WAC 388-106-0010; and

2. Instrumental activities of daily living (IADL) using self-performance difficulty, status and assistance available, as defined in WAC 388-106-0010.

[Statutory Authority: RCW 74.08.090 and 74.09.520. WSR 12-14-064, § 388-106-0075, filed 6/29/12, effective 7/30/12; WSR 05-11-082, § 388-106-0075, filed 5/17/05, effective 6/17/05.]