A short description of Appendix F to 29 C.F.R. 1910.1027—Nonmandatory protocol for biological monitoring. Appendix F is not included in this standard due to limited employer/employee application. The following is a brief synopsis of the content of Appendix F to 29 C.F.R. 1910.1027, Cadmium.

1. The medical monitoring program for cadmium requires that blood and urine samples must be collected at defined intervals from workers by physicians responsible for medical monitoring. These samples are sent to commercial laboratories that perform the required analyses and report results of these analyses to the responsible physicians. To ensure the accuracy and reliability of these laboratory analyses, the laboratories to which samples are submitted should participate in an ongoing and efficacious proficiency testing program.

2. This nonmandatory protocol is intended to provide guidelines and recommendations for physicians and laboratories to improve the accuracy and reliability of the procedures used to analyze the biological samples collected as part of the medical monitoring program for cadmium. This protocol provides procedures for characterizing and maintaining the quality of analytic results derived from the analyses of cadmium in blood (CDB), cadmium in urine (CDU), and beta-2-microglobulin in urine (B2MU) by commercial laboratories. Laboratories conforming to the provisions of this nonmandatory protocol shall be known as "participating laboratories."

3. This protocol describes procedures that may be used by the responsible physicians to identify laboratories most likely to be proficient in the analysis of samples used in the biological monitoring of cadmium. It also provides procedures for record keeping and reporting by laboratories participating in proficiency testing programs, and recommendations to assist these physicians in interpreting analytical results determined by participating laboratories.

4. For those needing Appendix F, 29 C.F.R. 1910.1027, in its entirety, a copy may be obtained by request to:
   Department of Labor and Industries
   Division of Industrial Safety and Health
   Standards and Information
   Post Office Box 44620
   Olympia, Washington 98504-4620
   or telephone (360) 956-5527

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