



State of Washington  
**DEPARTMENT OF FISH AND WILDLIFE**

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December 30, 2022

The Honorable Christine Rolfes  
Chair, Senate Ways and Means  
303 John A. Cherberg Building  
Post Office Box 40466  
Olympia, WA 98504-0466

The Honorable Timm Ormsby  
Chair, House Appropriations  
315 John L. O'Brien Building  
Post Office Box 40600  
Olympia, WA 98504-0600

The Honorable Van De Wege  
Chair, Senate Agriculture, Water  
Natural Resources, and Parks  
212 John A. Cherberg Building  
Post Office Box 40424  
Olympia, WA 98504-0424

The Honorable Mike Chapman  
Chair, House Rural Development,  
Agriculture, and Natural Resources  
132B Legislative Building  
Post Office Box 40600  
Olympia, WA 98504-0600

Dear Chairs,

I am writing to provide you with the Washington Department of Fish and Wildlife's report to the legislature regarding the Cowlitz River salmon and steelhead hooking mortality study. Funding and the proviso language requires a report to the relevant committees of the legislature per language in our 2021-23 operating budget, which reads as follows:

(35) \$90,000 of the general fund—state appropriation for fiscal year 2022 is provided solely for the department to complete the final phase of the Cowlitz river salmon and steelhead hook mortality study. No less than \$60,000 of the amount provided in this subsection is provided for the original contractor of the study to complete their work. A final report shall be provided to the appropriate committees of the legislature by December 31, 2022.

This proviso allowed WDFW and its contractor Mount Hood Environmental to complete analysis and report on a three-year field study completed on the Cowlitz River to evaluate the effects of recreational angling on the post-release survival of adult salmon and steelhead.

If you have any questions or concerns about this report, please feel free to contact Tom McBride, WDFW's Legislative Director, at (360)480-1472.

Sincerely,

Kelly Susewind  
Director

# Cowlitz Hooking Mortality Study



December, 2022



Washington Department of Fish and Wildlife

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# Executive Summary

## Proviso Background

The Washington State legislature identified a proviso in the 2021-2023 biennium operating budget for the Washington Department of Fish and Wildlife (WDFW) to complete a final report on the Cowlitz River Hooking Mortality study:

“\$90,000 of the general fund—state appropriation for fiscal year 2022 is provided solely for the department to complete the final phase of the Cowlitz river salmon and steelhead hook mortality study. No less than \$60,000 of the amount provided in this subsection is provided for the original contractor of the study to complete their work. A final report shall be provided to the appropriate committees of the legislature by December 31, 2022.”

The intent of this proviso was to allow WDFW and its contractor Mount Hood Environmental (MHE) to complete analysis and reporting resulting from a three-year field study completed on the Cowlitz River to evaluate the effects of recreational angling on the post-release survival of adult salmon and steelhead. Prior to the 2021-2023 biennium, WDFW and MHE had been funded in 2017-2020, using Columbia River Salmon and Steelhead Endorsement (CRSSE) funds and subsequently some Fish Program funds to complete the field portion of the study. The goal of the final year proviso was to allow WDFW and MHE to finalize statistical analysis of data collected and prepare a scientific manuscript for publication in a peer-reviewed journal.

## Project Budget

The project was funded for field data collection and interim annual reporting each year from 2017-2020. Final analysis and reporting were delayed in part due to the cessation of the intended funding source, the CRSSE. In 2021, the legislative proviso provided the necessary funding to complete the project.

Fiscal Years	Budget	Primary Tasks	Funding Source
2017-18	\$180,581	Planning, Data Collection, Interim Reporting	CRSSE
2018-19	\$172,499	Planning, Data Collection, Interim Reporting	CRSSE
2019-20	\$198,923	Planning, Data Collection, Interim Reporting	CRSSE
2021-2	\$90,000	Final Analysis and Report	Proviso
<b>Total</b>	<b>\$642,003</b>		



## Project Overview

Efforts to recover depressed stocks of salmon and steelhead in North America include implementation of mark-selective recreational fisheries by WDFW and other management agencies, whereby anglers are allowed to harvest hatchery-origin fish but must release natural-origin fish. Catch and release (C&R) is generally thought to be an effective tool for conservation due to high survival of released adult salmon and steelhead in freshwater. However, estimates of C&R mortality are necessary for conservation and management of populations to determine how many fish are killed post-release. Previous studies designed to estimate C&R mortality have produced highly variable results among species and size classes of fish, gear types, and environmental conditions. Moreover, many of these studies suffered from considerable variability in study design, sample sizes, and associated scientific rigor, making it challenging for WDFW and other managers to identify mortality rates for use in specific fisheries. Therefore, WDFW and other managers have often adopted C&R mortality rates based on qualitatively averaging the results of previous studies. In addition, WDFW and other managers often restrict use of certain angling methods and terminal tackle that are assumed to result in higher mortality, leading to diverse regulations developed with limited empirical basis.

Improved estimates of C&R mortality rates for adult salmon and steelhead would greatly benefit WDFW and other managers enabling development of management plans with stronger empirical support. To address this need, WDFW partnered with MHE to conduct a novel three-year mark-recapture study in the Cowlitz River, Washington to estimate effects of a variety of factors hypothesized to influence salmon and steelhead C&R survival using a treatment-control design. Three species of salmonids (including spring Chinook and coho salmon, and steelhead) were captured and released as treatments using various angling techniques and terminal tackle. Non-angled fish were captured in a trap and released back into the fishery to serve as controls. Statistical models were used to estimate the probability of recovery for both treatments and controls, where survival was estimated as the probability of recovery of treatments divided by controls.

Hooking mortality rates were generally very low and the effects of covariates on survival supported the results of previous research. Recovery rates of Coho salmon differed less than a percent between angled and non-angled fish across multiple gear types, indicating negligible effects of C&R. Angled Spring Chinook Salmon were predicted to experience 3.6% to 10.2% C&R mortality relative to non-angled control fish, depending on terminal tackle. Barbless hooks were associated with higher survival than barbed hooks for both Chinook and Coho Salmon, although differences were small for Chinook and negligible for Coho. In contrast, steelhead angled on barbed hooks were recovered at slightly higher rates than those caught on barbless hooks. We also found strong evidence for a reduction in landing rates while using barbless hooks, particularly when angling for steelhead. Finally, use of bait increased the probability that fish would be hooked in a critical location such as the esophagus or stomach. Our findings are useful for assessing trade-offs between conservation measures and harvest opportunity when defining fishing regulations in mark-selective salmon and steelhead fisheries.



# Final Report and Pre-Peer Review Scientific Manuscript

Following this page, the final proviso report is provided in scientific manuscript format, intended for submission to the journal *Fisheries Research*



1 **Influence of angling methods and terminal tackle on survival of salmon and steelhead caught and**  
2 **released in the Cowlitz River, Washington**

3 Pre-Publication Manuscript intended for peer review and publication in: *Fisheries Research*

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24 *Running title: Catch and release survival of salmon and steelhead*

25 ABSTRACT

26 Efforts to recover depressed stocks of salmon and steelhead in North America include  
27 implementation of mark-selective recreational fisheries, whereby anglers are allowed to harvest  
28 hatchery-origin fish, but must release natural-origin fish. Catch and release (C&R) is generally  
29 thought to be an effective tool for conservation relative to traditional retention fisheries due to  
30 high survival of released adult salmon and steelhead in freshwater. However, estimates of C&R  
31 mortality are necessary for conservation and management of populations. Studies designed to  
32 estimate C&R mortality have produced highly variable results among species and size classes of  
33 fish, gear types, and environmental conditions. Moreover, previous studies suffered from  
34 considerable variability in study design, sample sizes, and associated scientific rigor, making it  
35 challenging for managers to identify mortality rates for use in specific fisheries. Therefore, crude  
36 approximations of C&R mortality are commonly used to quantify impacts to natural-origin  
37 salmon and steelhead. In addition, managers often restrict use of certain angling methods and  
38 terminal tackle that are assumed to result in higher mortality, leading to a multiplicity of different  
39 regulatory requirements with limited empirical support. We conducted a novel three-year mark-  
40 recapture study in the Cowlitz River, Washington to estimate effects of a variety of factors  
41 hypothesized to influence salmon and steelhead C&R survival using a treatment-control design.  
42 Three species of salmonids were captured and released as treatments using various angling  
43 techniques and terminal tackle. Fight time, handling time, and water temperature were also  
44 recorded during each capture event. Non-angled fish were captured in a trap and released back  
45 into the fishery to serve as controls. Logistic regression models were used to estimate the  
46 probability of recovery for both treatments and controls, where survival was estimated as the  
47 probability of recovery of treatments divided by controls. Models simultaneously evaluated the  
48 effects of covariates and isolated the effects of potential confounding variables. Recovery rates  
49 of Coho Salmon differed less than a percent between angled and non-angled fish across multiple  
50 gear types, indicating negligible effects of C&R. Angled Spring Chinook Salmon were predicted  
51 to experience 3.6% to 10.2% C&R mortality relative to non-angled control fish, depending on  
52 terminal tackle. Barbless hooks were associated with higher survival than barbed hooks for both  
53 Chinook and Coho Salmon, although differences were small for Chinook and negligible for  
54 Coho. In contrast, steelhead angled on barbed hooks were recovered at slightly higher rates than  
55 those caught on barbless hooks. We also found strong evidence for a reduction in landing rates



56 while using barbless hooks, particularly when angling for steelhead. Finally, use of bait increased  
57 the probability that fish would be hooked in a critical location such as the esophagus or stomach.  
58 Our findings are useful for assessing trade-offs between conservation measures and harvest  
59 opportunity when defining fishing regulations in mark-selective salmon and steelhead fisheries.

60 INTRODUCTION

61 Natural-origin Pacific salmon (*Oncorhynchus sp.*) and steelhead trout (*Oncorhynchus mykiss*)  
62 abundance has declined throughout western North American (Kendall et al., 2017; National  
63 Research Council (NRC), 1996; Nehlsen et al., 1991; Welch et al., 2021) leading to widespread  
64 protection under the U.S. Endangered Species Act (ESA) (Good et al., 2005) and Canadian  
65 Species at Risk Act (Hutchings and Festa-Bianchet, 2009). Efforts to recover depressed stocks  
66 include implementation of mark-selective recreational fisheries, whereby anglers are allowed to  
67 harvest hatchery-origin fish, but must release natural-origin fish (Johnson, 2004; Zhou, 2002).  
68 Catch and release (C&R) is generally thought to have small impacts on salmon and steelhead  
69 survival in freshwater (reviewed in Raby et al. 2015) and negligibly impact population  
70 productivity (Whitney et al., 2019). However, the practice of C&R has also been shown to  
71 occasionally cause mortality of adult fish due to injury and stress, even when adopting best  
72 handling and release practices (Brownscombe et al., 2017).

73 Results of C&R mortality studies have varied among species and by geographic location, with  
74 the most robust studies occurring in Alaska and British Columbia, where C&R of natural-origin  
75 salmon and steelhead rapidly gained popularity in the 1980s and 1990s. Steelhead C&R  
76 mortality in the Keogh and Salmon Rivers, British Columbia was 3.4% (Hooton, 1987) and 5.4%  
77 (Lirette and Hooton, 1988), respectively. Similarly, steelhead C&R mortality in the Chilliwack  
78 River, British Columbia was 3.6% (Nelson et al., 2005). Pacific salmon studies during the same  
79 era of recreational fisheries assessment suggested higher mortality due to C&R relative to  
80 steelhead. Coho Salmon (*Oncorhynchus kisutch*) in the Little Susitna and Unalakleet Rivers,  
81 Alaska experienced 11.7% (Vincent-Lang et al., 1993) and 15% mortality (Stuby, 2002).  
82 Bendock and Alexandersdottir (1993) reported 7.6% mortality for Chinook Salmon  
83 (*Oncorhynchus tsawytscha*) released by recreational anglers in the Kenai River. More  
84 contemporary studies of C&R impacts on Pacific salmon and steelhead survival in freshwater  
85 estimated mortality rates between 1% and 12% for Chinook Salmon (Cowen et al., 2007; Fritts et  
86 al., 2016; Lindsay et al., 2004), 16% for Sockeye Salmon (Donaldson et al., 2011), and 3-5% for  
87 steelhead (Nelson et al., 2005; Twardek et al., 2018; Whitney et al., 2019).

88 Approximations of C&R mortality, typically inferred from disparate studies, are used by  
89 managers to estimate fishery impacts from catch and release and in turn set allowable C&R  
90 encounters in locations where impacts to natural-origin salmon and steelhead runs are a concern.  
91 Population-scale impacts are estimated by multiplying a C&R mortality rate by the number of  
92 natural-origin fish encountered in the fishery (Kerns et al., 2012). For example, in the lower  
93 Snake River, Washington steelhead fisheries are limited by a 2% impact rate on late-run  
94 steelhead, which is estimated by assuming a 10% mortality rate on all late-run steelhead caught  
95 in the fishery. Similarly, recreational angling seasons on the mainstem Columbia River, and  
96 tributaries are limited by C&R of natural-origin steelhead (WDFW 2003; NOAA 2018).

97 In addition to setting seasons and monitoring encounter rates, angling techniques and terminal  
98 tackle are often regulated as a conservation measure for protected stocks of salmon and steelhead  
99 (e.g. Ministry of Forests 2021). Restricting angling techniques and terminal tackle is thought to  
100 reduce C&R impacts on salmonids (Gresswell and Harding, 1997; Hooton, 2001; Muoneke and  
101 Childress, 1994) while still affording anglers an opportunity to catch fish with less harmful  
102 methods. For example, several Pacific Northwest salmon and steelhead fisheries prohibit the use  
103 of bait and/or barbed hooks and hooks with multiple points. These types of regulations are  
104 thought to improve survival of fish after release, however empirical evidence to support such  
105 claims for adult salmon and steelhead remains limited. Empirical studies of the effects of  
106 terminal tackle on salmonid C&R survival in freshwater are rare, and those that have occurred  
107 either report low sample sizes (Lindsay et al., 2004; Twardek et al., 2018) or were not conducted  
108 on anadromous salmonids (e.g. DuBois and Dubielzig 2004; DuBois and Kuklinski 2004; Bloom  
109 2013).

110 The dual mandates of many management agencies to conserve salmon and steelhead runs while  
111 providing angling opportunity have led to a diverse set of rules governing the use of certain types  
112 of recreational fishing tackle in Pacific salmon and steelhead fisheries. Review of angling  
113 regulations for western North America reveals a general gradient of restrictions from low to high  
114 elevation, with the most restrictive regulations occurring at higher elevations proximate to  
115 spawning areas. A few exceptions to this general pattern are worth noting, such as barbed hook  
116 restrictions in select Lower Columbia River fisheries.

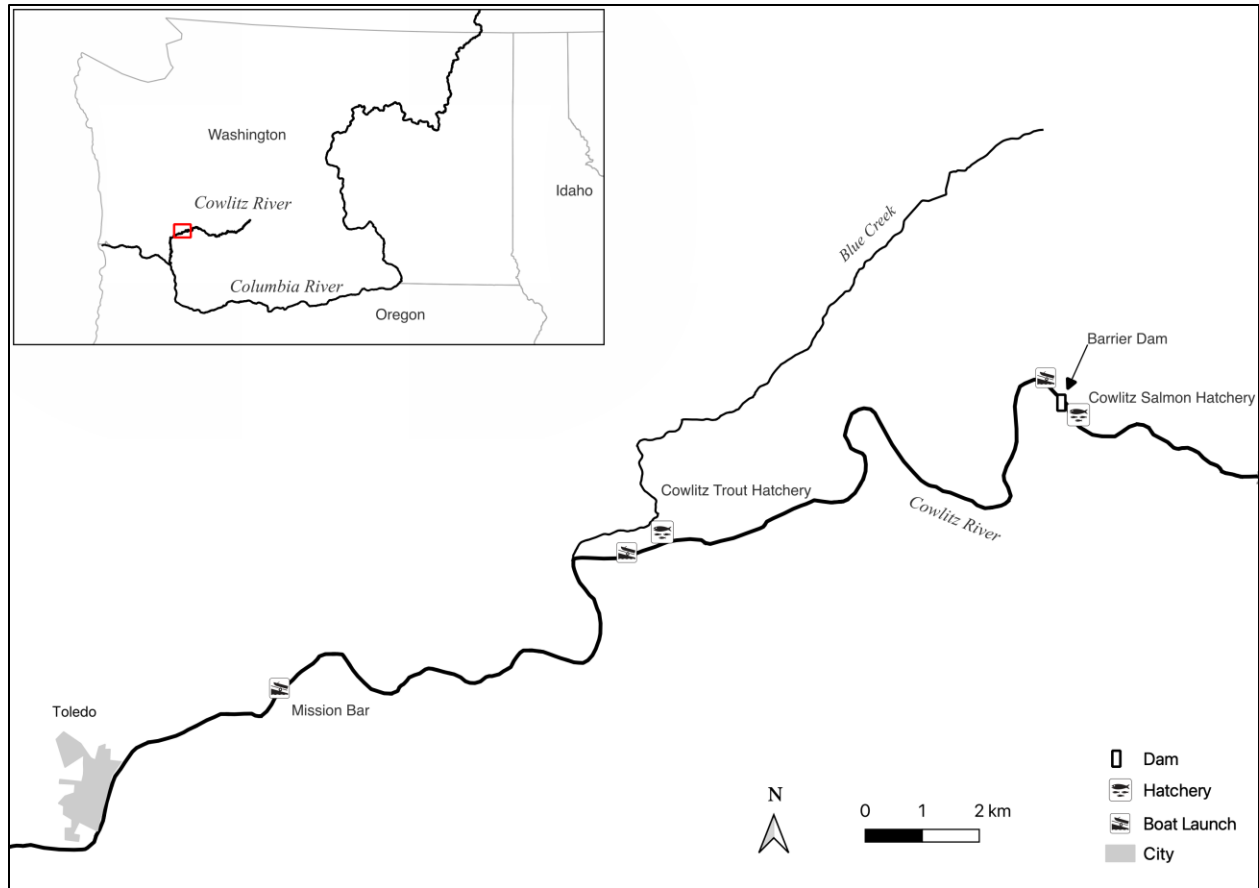
117 There is a need to improve the accuracy and specificity of C&R survival estimates used to  
118 manage Pacific salmon and steelhead recreational fisheries. Indeed, biased estimates of angling  
119 impacts may lead to overly constrained fisheries, or alternatively, excessive exploitation of  
120 imperiled populations. Ideally, managers would have sufficient empirical information on how  
121 C&R survival varies as a function of species, terminal gear type (e.g., bait, lures, treble hooks,  
122 and single barbless hooks), angling methods, and environmental variables, such as water  
123 temperature.

124 We conducted a three-year study on the Cowlitz River, Washington to evaluate the effects of  
125 angling on salmon and steelhead post-release survival. Our study aimed to address limitations of  
126 previous work by incorporating a treatment-control design, obtaining large sample sizes, and  
127 measuring numerous variables hypothesized to affect C&R mortality. Specifically, we analyzed  
128 the effects of terminal tackle and angling technique on Chinook and Coho salmon and summer  
129 and winter-run steelhead trout. We provide relative impact rates as a function of the full suite of  
130 variables measured as well as for a subset of variables under regulatory control.

131 METHODS

132 *Study Area.* — The Cowlitz River is a major tributary to the Columbia River draining nearly  
133 6,500 square kilometers from the western slopes of the Cascade mountains (Serl et al. 2017;  
134 Figure 1). The river is home to anadromous fish including natural and hatchery origin Coho  
135 Salmon, spring Chinook Salmon, fall Chinook Salmon, winter steelhead trout, coastal cutthroat  
136 trout, hatchery origin summer steelhead and natural origin Chum Salmon. Occasionally other  
137 stray anadromous fish are encountered as well (i.e., Sockeye salmon). The Basin is divided into  
138 an upper and lower watershed by the Cowlitz River Hydroelectric Project, comprised of three  
139 hydroelectric dams and a large concrete weir known as the Barrier Dam. The Barrier Dam is  
140 approximately 80 kilometers upstream from the confluence with the Columbia River and  
141 prevents migrating adult salmon and steelhead from entering the Hydroelectric Project area. A  
142 trap-and-haul program transports migrating adult fish collected at the Barrier Dam upstream of  
143 the Hydroelectric Project.

144 Thousands of hatchery-origin (HOR) salmon and steelhead trout migrate back to the lower  
145 Cowlitz River annually, supporting a large harvest-oriented recreational fishery. Chinook and  
146 Coho Salmon are raised at the Cowlitz Salmon Hatchery (CSH), and summer and winter  
147 steelhead trout are raised at the Cowlitz Trout Hatchery (CTH). The CTH is located 11  
148 kilometers downstream of the CSH near the mouth of Blue Creek. A high proportion of  
149 migrating adult HOR salmon and steelhead trout are captured at the Cowlitz Salmon Separator  
150 (CSS), a fish sorting facility associated with the Barrier Dam.



151

152 Figure 1. Study area.

153

154 *Data Collection.* — A treatment-control study was implemented to assess survival of angled  
 155 hatchery-origin spring Chinook Salmon, Coho Salmon, and steelhead trout. Treatment fish were  
 156 angled using a variety of different methods and gear types and released back into the study area,  
 157 while non-angled control fish were captured at the CSS, transported downstream, and released  
 158 back into the study area at several locations to disentangle release location effects from angling  
 159 mortality effects on recovery. The apparent survival of both angled and non-angled fish was  
 160 monitored using uniquely numbered anchor tags implanted in each treatment and control fish.  
 161 Recaptured fish were primarily collected at the CSS, however recaptures were also recorded by  
 162 recreational anglers (self-reporting), or during Washington Department of Fish and Wildlife  
 163 (WDFW) creel and spawning surveys.

164 Angling occurred between the Barrier Dam and the town of Toledo from June 1, 2017 to May  
165 31, 2020 with the majority of fish captured between the CTH and the Barrier Dam. Fish were  
166 angled from shore or by boat at least two days per week by field biologists, local fishing guides,  
167 and volunteer anglers, but all fish used for the study were captured under the supervision of  
168 project personnel who then sampled and tagged them. A variety of hook types (barbed or  
169 barbless; single or treble), gear types (bait, lures, jigs, or yarn), and angling methods (bobber,  
170 cast, side drifting, or back trolling) were used (Table 1). Gear and method selection was  
171 conducted in a non-randomized way with the intent to capture a large sample size of fish  
172 reflective of common angling practices in the region, while ensuring a reasonable variety of  
173 terminal tackle types. All captures followed legal C&R practices for salmon and steelhead in the  
174 State of Washington. Accordingly, all captured fish remained submerged in a landing net during  
175 handling. During each capture event we documented species, origin (hatchery or natural), sex,  
176 hooking location (Figure 2), hook type and size, gear type, angling method, fish condition factors  
177 (presence of fungus, percent descaling, net marks, or mammal/lamprey wounds/scars), fish  
178 length, surface water temperature, and handling and fight times. Hatchery-origin fish received a  
179 T-bar anchor tag (Floy Tag & Mfg, Seattle WA) with a unique identification number implanted  
180 on each side of the dorsal fin. Data were also recorded for fish that were hooked for at least three  
181 seconds, but not landed. Angling effort was recorded as the number of hours fished per angler.

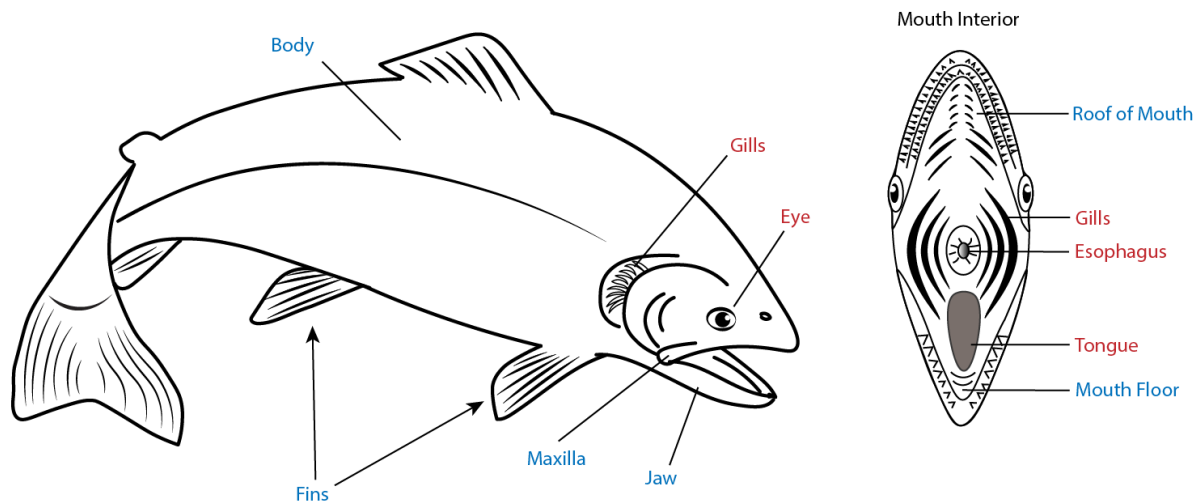
182 During angling surveys, non-angled fish were concurrently captured at the CSS to serve as a  
183 control group. These fish were anesthetized by electro-anesthesia, as is standard practice at the  
184 facility for adult salmonids collected for hatchery broodstock and upstream transport, marked  
185 with anchor tags, and then transported downstream. Oxygen tanks with diffusers were used to  
186 maintain dissolved oxygen levels during transport and water temperatures and dissolved oxygen  
187 levels were continuously monitored to ensure oxygen saturation and minimal change to ambient  
188 temperatures. The locations of control fish releases were proximal to concurrent angling survey  
189 locations and included the Mission Bar, Blue Creek, or Barrier Dam boat launches. Capture data  
190 for all control and treatment fish included field survey data from the initial capture event and any  
191 subsequent recapture information including self-reporting by anglers, creel surveys, and  
192 spawning ground surveys.

193 Table 1. Covariates included in the full and regulatory models.

Covariate	Levels	Full Model	Regulatory Model
Treatment	Control, treatment	Yes	No
Gear type	Control, bait, lure, jig, yarn	Yes	Yes
Angling method	Control, bobber, cast, drift, backtroll	Yes	No
Barb type	Control, barbless, barbed	Yes	Yes
Hook type	Control, single hook, multi-hook	Yes	Yes
Hook location	Control, critical, non- critical	Yes	No
Hook removed	Control, yes, no	Yes	No
Fork length	Continuous	Yes	No
Fight time	Continuous	Yes	No
Handling time	Continuous	Yes	No
Water temperature	Continuous	Yes	No

194

195



196

197 Figure 2. Critical (red) and non-critical (blue) anatomical hooking locations.

198



199 *Analytical Approach.*

200 We used a hierarchical Bayesian mixed-effects modeling approach to quantify Coho Salmon, Chinook  
201 Salmon, and steelhead trout mortality due to C&R angling by comparing the predicted recapture  
202 probability between the control and treatment groups using a logit-link regression model. Survival of  
203 treatment fish relative to controls was estimated by dividing the inverse-logit transformed predicted  
204 recovery rate of treatments by that of controls. Within this approach, we examined the influence of the  
205 method and gear types used for angling and other covariates collected at the time of capture on recapture  
206 probability and survival. Models also contained random-effects parameters including a random intercept  
207 accounting for unique release events and factor spline terms for the year and day of year a fish was  
208 captured or released and the location. The generalized regression formula is given by:

209

210 Equation 1:

$$211 \quad R = f(\mathbf{X}\mathbf{b} + D_{d,y} + L_{m,y,r} + \gamma_k + \varepsilon_{ijk})$$

212

213 where  $R$  is the recapture response variable (whether a fish was recaptured or not) distributed Bernoulli  
214 with a logit-link function  $f$ . Predicted survival was a function of the product of an  $n$  row (observations) by  
215  $k$  column (parameter) design matrix  $\mathbf{X}$ , consisting of categorical and continuous covariates, and a vector  $\mathbf{b}$   
216 of corresponding regression coefficients, including a global intercept. In addition to these linear  
217 continuous and categorical effects, the model included terms  $D_{d,y}$  and  $L_{m,y,r}$ , where subscripts included the  
218 day  $d$ , year  $y$ , river mile  $m$ , and run type (summer or winter run for steelhead)  $r$ . These were smoothing  
219 terms that used factor spline basis functions and were used to estimate non-linear effects of possible  
220 nuisance variables to control for possible spatial and temporal variability and confounding of recovery  
221 probabilities. Date effects  $D$  estimated day of year effects within each study year and location effects  $L$   
222 estimated release location effects as a function of river mile of release within each study year  
223 independently for each run type (summer and winter) for steelhead. The model also included a random  
224 effect  $\gamma_k$  with mean zero and variance  $\sigma_s^2$  to account for the repeated measures variance associated with  
225 each unique release event  $k$ , and finally, the *iid* residual error term  $\varepsilon_{ijk}$ , which was the difference between  
226 the logit-transformed prediction and the Bernoulli response.

227

228 Separate models were constructed for Coho Salmon, spring Chinook Salmon, and steelhead trout. Coho  
229 and spring Chinook models did not include the location by year factor spline because > 99% of the

230 releases of control and treatment fish occurred in the vicinity of the Barrier Dam boat launch, and  
231 consequently the negligible amount of data from other release locations was excluded from the analysis  
232 for these species to eliminate the need to estimate spatial random effects. Spring chinook control fish  
233 were only available in 2018 therefore modeling only included that single year. Steelhead models did not  
234 include control fish, and inferences were therefore limited to the relative recovery rates within the  
235 treatment arm of the study. Despite attempts to release control fish in the steelhead study, the downstream  
236 location of the steelhead hatchery in the Cowlitz River at Blue Creek relative to the salmon hatchery  
237 adjacent to our main point of recapture at the Barrier Dam (Figure 1) led to unanticipated confounding of  
238 the steelhead controls and thereby precluded their use in the analysis. For each species, we fit a full model  
239 along with a reduced ‘regulatory model’ that included parameters commonly regulated in C&R fisheries  
240 (Table 1). Full models were used to rank the relative importance of covariates on recapture probability,  
241 however many of these covariates, such as fight time and hook location, are not under regulatory or  
242 angler control (within the study or in a C&R fishery). Therefore, we also fit a model that restricted  
243 variables to those under angler and regulatory control to predict C&R mortality as a function of variables  
244 under resource manager control.

245

246 Because a fully randomized study design was not intended, we applied a regularized horseshoe prior on  
247 the vector of  $\mathbf{b}$  coefficients, excluding the global intercept (Piironen and Vehtari, 2017). This method was  
248 chosen for its robustness to (1) correlation between angling methods, gear selection, and angler success  
249 that led to small sample sizes for some combinations of gear types and methods, and (2) the assumption  
250 that not all covariate levels will have a strong influence on mortality, and 3) a desire to identify a sparse  
251 and regularized model that evaluated the relative strength of support for all covariate effects with  
252 maximum explanatory power, without either over-fitting, or constructing numerous models comprised of  
253 factorial combinations of predictor variables that would be difficult to distinguish with classical model  
254 selection approaches (Hooten and Hobbs, 2015).

255

256 To facilitate direct comparison of categorical and continuous covariates, continuous covariates were  
257 standardized by two standard deviations as described in Gelman (2008). Models were constructed using  
258 the ‘brms’ package in the program R (Bürkner, 2017; R Core Team, 2022), that leverages the ‘mgcv’  
259 package (Wood, 2017) to calculate basis functions for the random intercept and spline terms. Spline terms  
260 were given the default hyperparameters (e.g., penalty order, knot numbers and locations) from mgcv.  
261 Model predictions for recapture probability were calculated using the ‘brmsmargins’ package (Wiley,

262 2022). Model outputs were assessed using convergence trace plots, Gelman-Rubin Rhat values (Gelman  
263 and Rubin, 1992), inspection of random-effects spline curves, and the posterior distributions of covariate  
264 coefficients along with associated 95% highest density intervals (HDI).

265

266 For Coho Salmon, which had much greater treatment and control sample sizes than other species, we  
267 conducted two additional Bayesian regression analyses that examined the factors that influence critical  
268 hooking location and handling time. In part this was because hooking location and handling time cannot  
269 be controlled during fish capture events but may influence C&R mortality (Bartholomew and Bohnsack,  
270 2005; Lindsay et al., 2004). The critical hook location model treated whether or not a fish was hooked in a  
271 critical location as a Bernoulli-distributed response using a logit link to an additive regression function  
272 with covariates including angling method and gear type which were given a regularized horseshoe prior  
273 similar to the hooking mortality models (eq. 1). The handling time model used a gaussian-distributed  
274 response with a horseshoe prior on critical hooking location, barb or barbless hook, and single or multi-  
275 hook type predictor covariates.

276 RESULTS

277 From June 1, 2017, to May 31, 2020, more than 7,200 rod-hours resulted in angling 2,700  
278 salmon and steelhead trout, including non-target species (Table 2). Of these fish, 2,014 were  
279 landed after being hooked, including 1,562 hatchery-origin salmon and steelhead. Landing rates  
280 for all target species were higher when angling with barbed hooks compared to barbless hooks.

281 Concurrent with angling surveys, 3,791 fish were trapped at the CSS, tagged, and released into  
282 the lower Cowlitz River as control fish. Most of these fish were Coho Salmon (n = 1,096) and  
283 summer (n = 1,832) and winter steelhead trout (n = 781). 82 spring Chinook Salmon were  
284 released as control fish. Returns of spring Chinook in 2019 and 2020 were not sufficient to allow  
285 for control fish releases.

286 The majority of treatment and control fish were recaptured at the CSS (84.5%) and by  
287 recreational anglers (13.1%). Other minimal sources of recapture included spawning surveys  
288 (<1%) and out-of-basin fish traps (<1%). The proportion of fish recaptured by each method was  
289 similar across species, with the exception of summer steelhead trout; of which 62.5% were  
290 recaptured at the CSS and 35.2% by anglers. This is likely due to prolonged exposure of summer  
291 steelhead trout to angling pressure downstream of Blue Creek. Initial recaptures of treatment fish  
292 occurred between 1 and 97 days after capture (median = 18 days; Figure 3).

293 The hooking mortality analysis excluded angled fish that were not tagged, and were  
294 consequently not available for recapture (e.g., natural origin fish and fish that were not landed).  
295 Additionally, control fish that were subsequently recaptured during angling surveys were  
296 recorded as control recaptures, then converted to treatment fish and released. Our analysis only  
297 considered the first recapture event for individual fish that were recaptured multiple times. All  
298 recapture events were defined as capture events that occurred at least 24 hours after the initial  
299 release. Seven treatment Coho were not included in the analysis due to insufficient sample sizes  
300 for the gear and methods used during their capture. Control fish that were released upstream of  
301 the study area were also removed from the analysis.

302 Full and regulatory models were fit for Coho and Chinook data and effects of covariates on  
303 recovery rates and survival relative to controls are reported. For steelhead, model results describe

304 variation in recapture probability only (no inference relative to controls) as a result of the  
305 removal of the control group. For all models, the horseshoe prior led to  $\beta$  coefficient posterior  
306 distributions with clear shrinkage towards zero and long tails when posterior samples were  
307 further from zero, as expected. Therefore, the density of posterior distributions was greatest near  
308 zero and covariates with evidence for influence on C&R mortality had posterior distributions  
309 with strong negative skew. Random effects intercept and spline terms indicated some variation in  
310 recapture probability attributed to unique surveys, and day and year of capture or release for  
311 treatment and control fish, and for steelhead, capture or release rkm for years by run type. Spline  
312 functions were consistent within species across models.

313 The Coho full model did not provide clear evidence for covariate effects on recapture probability  
314 (Table 3). Handling time and critical hooking location covariates were weakly associated with  
315 reduced Coho recapture probability; the probability of a negative effect was 0.61 and 0.58,  
316 respectively (Table 3). Median relative mortality predictions for angled fish relative to non-  
317 angled from the regulatory model were less than 1%, and did not indicate significant differences  
318 due to gear, barbs, or single and multiple hook types (Table 4; Figure 5).

319 The Coho handling time and critical hook location regression analyses provided some insight to  
320 factors that affect handling time duration and the probability of hooking Coho in a critical  
321 location. In the handling time model, barbed hooks had the greatest magnitude of effect, with a  
322  $>0.9$  probability that barbs increased handling time and a median predicted increase of 3 seconds  
323 (95% HDI: -0.6 - 8.5). Critical hook location and multi-hooks were predicted to increase  
324 handling time to a lesser degree (Table 5). The critical hook location model revealed significant  
325 differences in the probability of hooking Coho in a critical location for some angling method and  
326 gear type combinations (Figure 4). The median probability of critical hook locations while  
327 casting with jigs and lures were 1.9% and 5.1%, respectively, while using a bobber with bait  
328 resulted in a critical hook probability of 19%.

329 Spring Chinook models provided stronger evidence for a treatment effect. Lower recovery  
330 probabilities were weakly associated with barbed hooks relative to non-barbed, critical hooking  
331 locations relative to non-critical hooking locations, and multiple hooks relative to single hooks,  
332 however all of these associations had probabilities far below statistical significance standards

333 (e.g., 95%). The overall median predictions of relative mortality from the regulatory model  
 334 ranged from 3.6% to 10.2% depending on gear type, barbed or barbless hook, and single or multi-  
 335 hook type (Table 7; Figure 4). In all cases, the 95% HDI for estimates of relative mortality  
 336 included zero.

337 Steelhead models did not provide any evidence for variation in recapture rates among angled  
 338 fish. Similarly, recapture probabilities predicted from the regulatory model did not display  
 339 significant variation for gear, barb, and single or multiple hook type combinations (Table 8;  
 340 Figure 6).

341

342 Table 2. Summary of angling surveys. Totals include NOR and HOR fish and control fish that  
 343 were converted to treatment fish. CPUE does not include recaptures angled by the public or  
 344 unknown species.

<b>Species</b>	<b>Number Hooked</b>	<b>Number Landed</b>	<b>Landing rate with barbs</b>	<b>Landing rate without barbs</b>	<b>CPUE (fish landed / hour)</b>
Chinook Salmon	411	345	.871	.782	0.293
Coho Salmon	1503	1270	.871	.802	0.992
Summer-run steelhead	182	127	.765	.571	0.057
Winter-run steelhead	384	268	.735	.617	0.103
Sockeye Salmon	3	3	1.00	--	--

345

346 Table 3. Coho Salmon full model outputs. Covariate coefficients are relative to non-angled  
 347 control fish.

<b>Covariate</b>	<b>Mean</b>	<b>Median</b>	<b>95% HDI, lower</b>	<b>95% HDI, upper</b>	<b>Probability of negative effect</b>
Handling time	-0.034	-0.0006	-0.282	0.0447	0.6135
Critical hook location	-0.0441	-0.0004	-0.3548	0.1246	0.5768
Bobber with bait	-0.0257	-0.0003	-0.2202	0.1017	0.5748
Barbed hook	-0.0024	-0.0001	-0.0679	0.0483	0.5255
Hook removed	-0.0011	0	-0.0628	0.0563	0.5088
Angling effect	-0.0017	0	-0.0727	0.0666	0.5035
Multi-hook	-0.0033	0	-0.0964	0.0679	0.5032
Single hook	0.0012	0	-0.0651	0.0685	0.4958
Backtrolling with bait	0.0047	0	-0.1088	0.1008	0.4948
Hook left in fish	-0.0019	0	-0.1062	0.0893	0.494
Barbless hook	0.0023	0	-0.0681	0.0661	0.4852
Casting a lure	0.0005	0	-0.061	0.0694	0.4835
Drifting with bait	0.0064	0	-0.111	0.0881	0.4808
Casting a jig	0.0032	0.0001	-0.0554	0.0734	0.469
Fork length	0.0046	0.0001	-0.0443	0.0758	0.465
Non-critical hook location	0.0072	0.0001	-0.0625	0.0825	0.4582
Temperature	0.0054	0.0001	-0.0624	0.0743	0.4572
Fight time	0.0109	0.0002	-0.0608	0.1191	0.4475

348

349

350 Table 4. Predictions of Coho Salmon survival, relative to non-angled control fish, based on gear,  
 351 barb, and hook types from the associated regulatory model.

<b>Gear</b>	<b>Hook</b>	<b>Barb or barbless</b>	<b>Mean</b>	<b>Median</b>	<b>95% HDI, lower</b>	<b>95% HDI, upper</b>
Bait	Single	Barbless	0.9976	0.9999	0.9592	1.0339
		Barbed	0.9964	0.9998	0.9580	1.0292
	Multi	Barbless	0.9966	0.9998	0.9466	1.0332
		Barbed	0.9955	0.9996	0.9495	1.0336
Jig	Single	Barbless	1.0021	1.0002	0.9771	1.0341
		Barbed	1.0010	1.0001	0.9753	1.0303
Lure	Single	Barbless	1.0008	1.0001	0.9740	1.0302
		Barbed	0.9997	1.0000	0.9716	1.0262
	Multi	Barbless	0.9998	1.0000	0.9700	1.0392
		Barbed	0.9987	0.9999	0.9661	1.0317

352

353 Table 5. Predicted effects on Coho Salmon handling time, in seconds, produced from the  
 354 handling time model (mean handling time = 95 seconds).

<b>Covariate</b>	<b>Mean</b>	<b>Median</b>	<b>95% HDI, lower</b>	<b>95% HDI, upper</b>	<b>Probability of positive effect</b>
Barbed hook	3.28	3.0	-0.58	8.52	0.91
Critical hook location	1.34	0.40	-2.00	7.14	0.69
Multi-hook	0.99	0.28	-2.36	6.26	0.67

355



356 Table 6. Spring Chinook Salmon full model outputs. Covariate coefficients are relative to non-  
 357 angled control fish.

<b>Covariate</b>	<b>Mean</b>	<b>Median</b>	<b>95% HDI, lower</b>	<b>95% HDI, upper</b>	<b>Probability of negative effect</b>
Angling effect	-0.2609	-0.0204	-1.3995	0.127	0.7048
Barbed hook	-0.0799	-0.0046	-0.6174	0.1854	0.6242
Casting a lure	-0.1101	-0.0023	-0.9708	0.3045	0.593
Multi-hook	-0.1092	-0.003	-0.9867	0.2876	0.5918
Hook removed	-0.0385	-0.0016	-0.463	0.2317	0.575
Non-critical hook location	-0.0504	-0.0019	-0.508	0.1907	0.5738
Bobber with bait	-0.0343	-0.001	-0.5184	0.2996	0.5538
Hook left in fish	-0.0378	-0.0009	-0.4749	0.2226	0.5512
Single hook	-0.0324	-0.0009	-0.5277	0.2724	0.551
Temperature	-0.0263	-0.0008	-0.3822	0.236	0.5508
Critical hook location	-0.0188	-0.0004	-0.3993	0.2193	0.5295
Barbless hook	-0.0047	0	-0.2763	0.239	0.502
Handling time	0.0051	0.0001	-0.2496	0.2263	0.488
Fork length	0.0053	0.0003	-0.2354	0.1827	0.474
Fight time	0.028	0.0011	-0.1623	0.332	0.4472
Angling effect	-0.2609	-0.0204	-1.3995	0.127	0.7048
Barbed hook	-0.0799	-0.0046	-0.6174	0.1854	0.6242
Casting a lure	-0.1101	-0.0023	-0.9708	0.3045	0.593

358

359

360 Table 7. Predictions of spring Chinook Salmon survival, relative to non-angled control fish,  
 361 based on gear, barb, and hook types from the associated regulatory model.

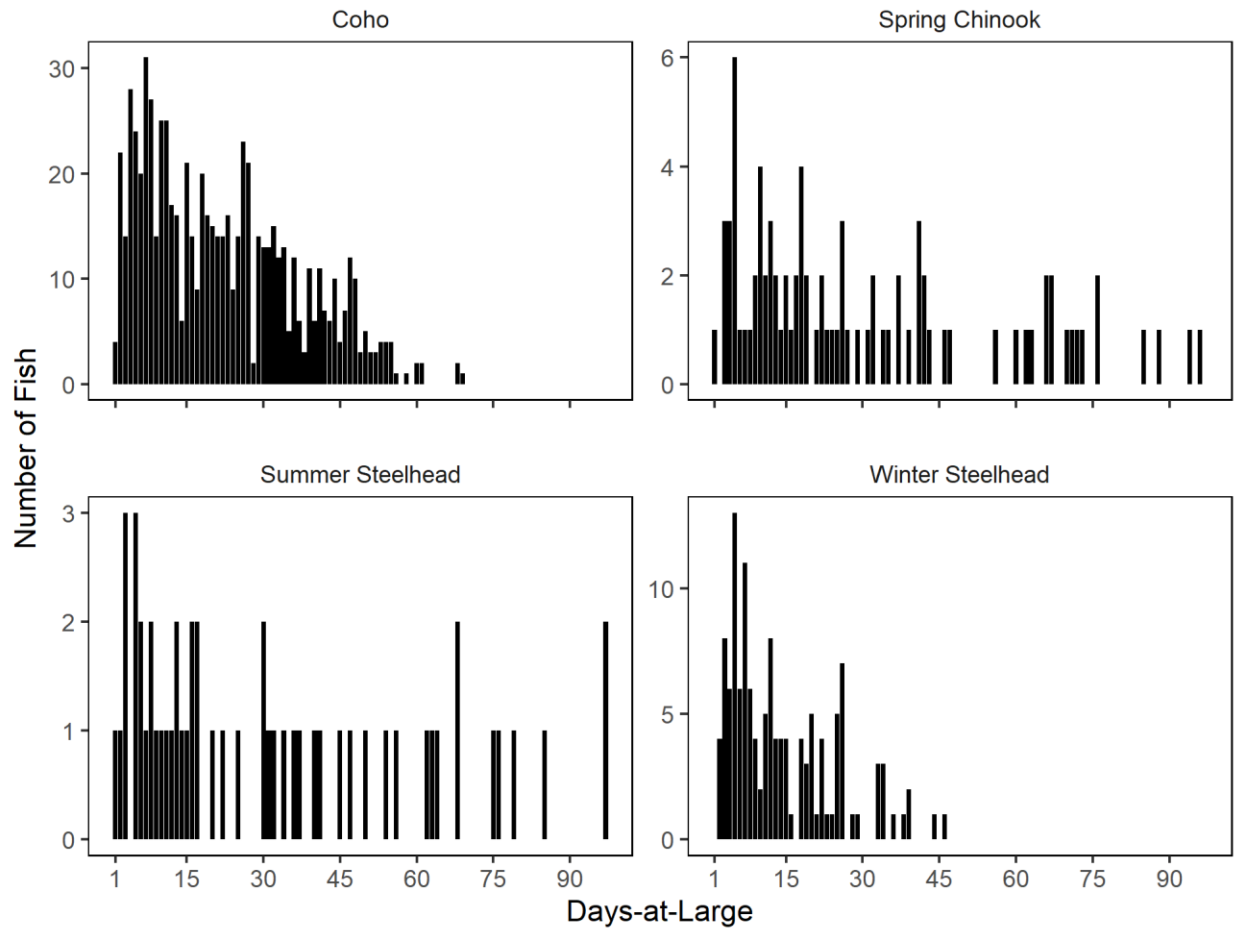
<b>Gear</b>	<b>Hook</b>	<b>Barb or barbless</b>	<b>Mean</b>	<b>Median</b>	<b>95% HDI, lower</b>	<b>95% HDI, upper</b>
Bait	Single	Barbless	0.9266	0.9643	0.6946	1.0580
		Barbed	0.8858	0.9132	0.6403	1.0429
Lure	Multi	Barbed	0.8129	0.8980	0.3397	1.0593
	Single	Barbed	0.8508	0.9251	0.4222	1.0979

362

363 Table 8. Predictions of steelhead trout recapture probability based on gear, barb, and hook types  
 364 from the associated regulatory model.

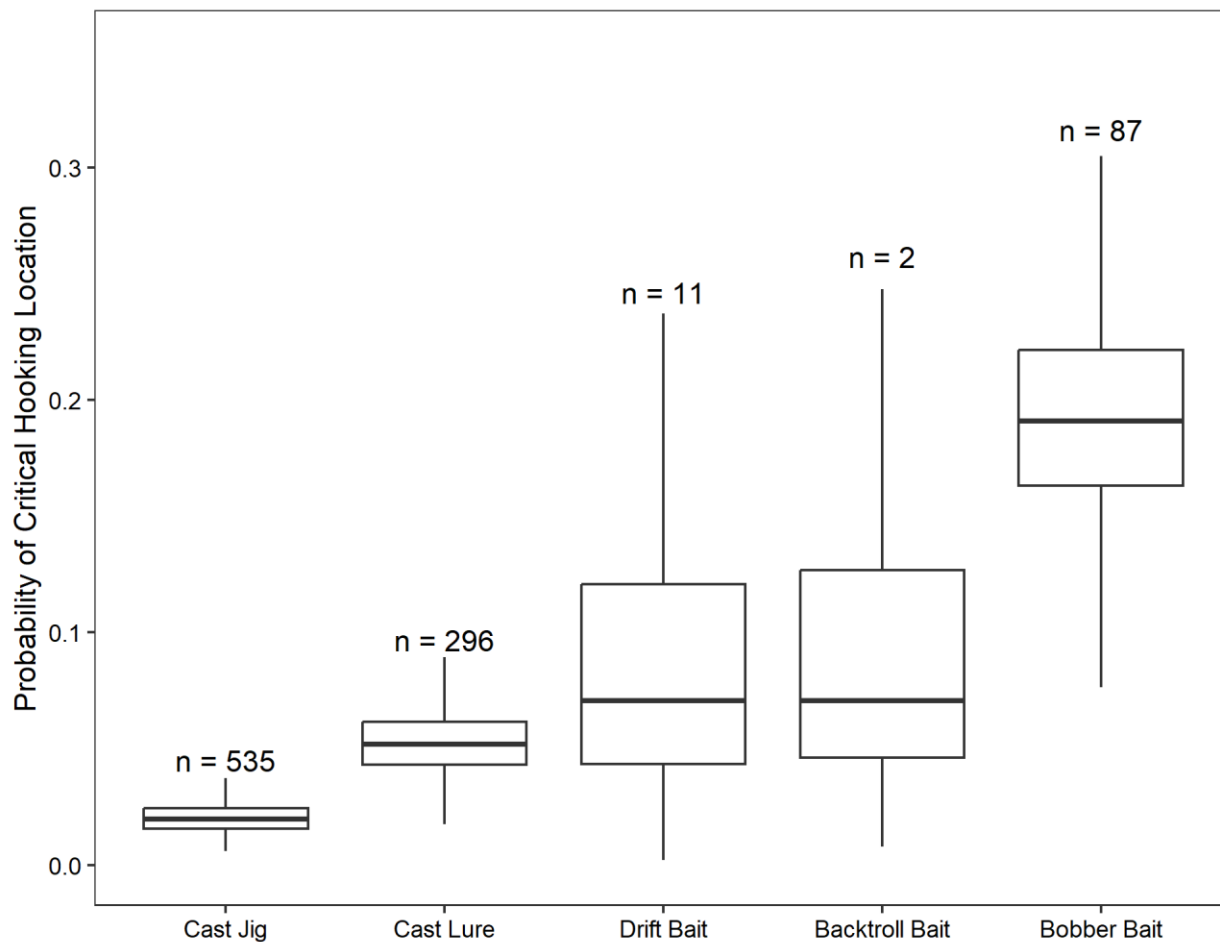
<b>Gear</b>	<b>Hook</b>	<b>Barb or barbless</b>	<b>Mean</b>	<b>Median</b>	<b>95% HDI, lower</b>	<b>95% HDI, upper</b>
Bait	Single	Barbless	0.5185	0.5201	0.4036	0.6211
		Barbed	0.5206	0.5230	0.4116	0.6252
	Multi	Barbless	0.5152	0.5174	0.4009	0.6300
		Barbed	0.5173	0.5197	0.4039	0.6313
Jig	Single	Barbless	0.5165	0.5184	0.4051	0.6163
		Barbed	0.5186	0.5208	0.4102	0.6163
Lure	Single	Barbless	0.5179	0.5201	0.4045	0.6287
		Barbed	0.5200	0.5219	0.4040	0.6238
	Multi	Barbed	0.5167	0.5199	0.4036	0.6337
Yarn	Single	Barbless	0.5097	0.5130	0.3944	0.6154
		Barbed	0.5117	0.5151	0.4041	0.6182
	Multi	Barbed	0.5085	0.5127	0.3951	0.6252

365



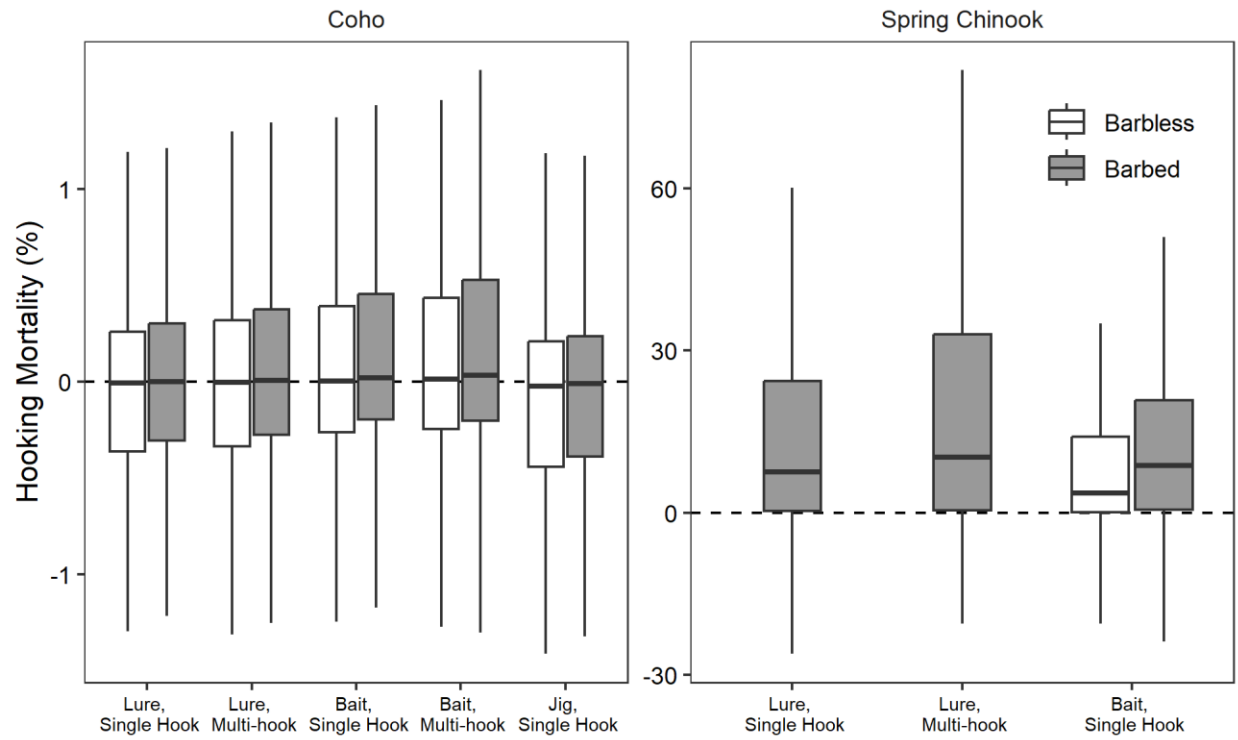
366

367 Figure 3. Frequency of the number of days between capture and initial recapture of treatment fish  
 368 by species and run type.



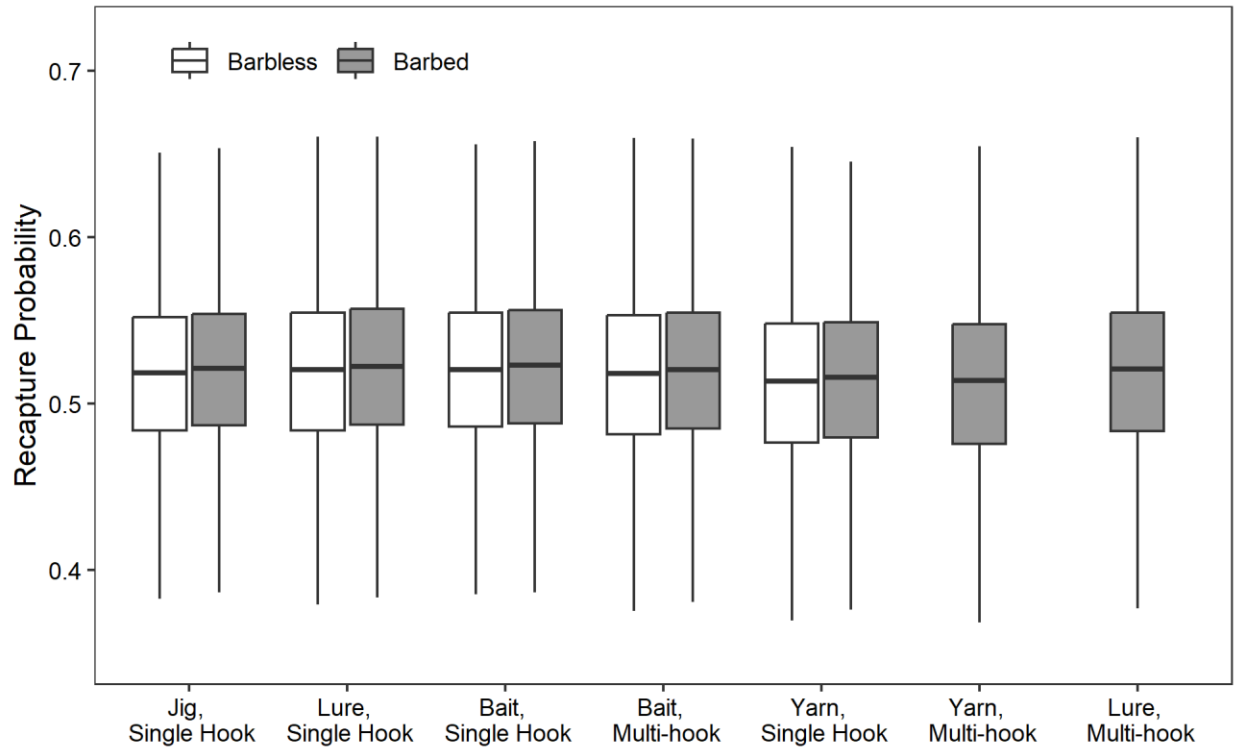
369

370 Figure 4. Critical hook probability for Coho Salmon by combinations of angling method and  
 371 gear type. Values above boxplots are the sample sizes observed for each combination.



372

373 Figure 5. Predicted hooking mortality for Coho Salmon and spring Chinook Salmon, given the  
 374 combinations of gear, single or multi-hook types, and barbed or barbless hooks that were  
 375 observed during the study.



376

377 Figure 6. Predicted variation in recapture probability for angled steelhead trout, given the  
 378 combinations of gear, single or multi-hook types, and barbed or barbless hooks that were  
 379 observed during the study.

380

381 DISCUSSION

382 Existing fish capture facilities, abundance of hatchery-origin fish, and anadromous fish species  
383 diversity made the Cowlitz River an ideal location for implementing a C&R survival study.  
384 Previous research has been conducted on select recreational fisheries in Alaska, British  
385 Columbia, and the Pacific Northwest, but these evaluations were typically limited to a single  
386 species. Moreover, few studies of salmon and trout C&R survival were designed to quantify the  
387 influence of terminal tackle and angling methods. In addition to estimating C&R survival of  
388 anadromous salmonids, our dataset proved useful for examining effects of terminal gear type and  
389 fishing methods, fight time and handling time, hook location, and water temperature.

390 Coho Salmon survival was high after C&R with no clear evidence for differences in recapture  
391 rates for control and treatment fish. This suggests C&R recreational fisheries that primarily target  
392 Coho Salmon with lures and jigs should be expected to have negligible impacts on prespawning  
393 survival. It was unclear whether Coho Salmon fisheries that rely on bait should be expected to  
394 increase prespawning mortality because few Coho in our database were angled with bait.  
395 However, we did find secondary evidence that terminal tackle may influence Coho Salmon  
396 survival. Specifically, use of bait increased the probability of hooking fish in critical locations,  
397 and use of barbed hooks slightly increased handling time. We found stronger evidence for  
398 angling effects on Spring Chinook Salmon, which were predicted to experience 3.6% to 10.2%  
399 C&R mortality relative to non-angled control fish, depending on terminal tackle.

400 Regulation of terminal tackle is commonly employed to reduce impacts of C&R. Therefore, we  
401 tested the efficacy of purported conservation measures, such as restricting use of barbed hooks.  
402 Lower recovery probabilities were weakly associated with barbed hooks relative to non-barbed  
403 hooks. Our results corroborate previous meta-analyses that indicate negligible differences in  
404 survival for adult anadromous fish angled with barbed and barbless hooks (Schill and Scarpella,  
405 1997), but differ from other studies that have reported barbless hooks result in higher post-  
406 release survival in Coho Salmon (Gjernes et al., 1993) and non-anadromous trout (Taylor and  
407 White, 1992). We found some secondary evidence that use of barbed hooks increased handling  
408 time, which has been associated with higher mortality in Atlantic Salmon recreational fisheries  
409 (Thorstad et al., 2003).

410 Although salmon and steelhead caught on barbed and barbless hooks were recaptured at nearly  
411 indistinguishable rates, we did find strong evidence for substantial differences in landing rates  
412 between the two hook types. Angling with barbless hooks, especially when targeting steelhead,  
413 resulted in lower landing rates. This was an important finding that could be useful to managers  
414 when assessing trade-offs between conservation and fish retention opportunity within  
415 recreational fisheries. For example, restricting anglers to use of barbless hooks in harvest-  
416 oriented fisheries may substantially impact harvest rates without providing a significant  
417 conservation benefit. Conversely, there may be no downside to restricting barbed hooks in C&R  
418 only fisheries where the intent is to minimize impacts on pre-spawning survival and all fish are  
419 required to be released.

420 Across all captures, our data indicate that angling with bait should be expected to reduce survival  
421 of C&R salmon and steelhead as compared to other gear types. Consistent with previous studies  
422 (see Bartholomew and Bohnsack 2005; Lindsay et al. 2004), this appears to be due to an  
423 increased probability of hooking fish in critical locations while using bait. The effect of bait on  
424 critical hooking location and recapture probability of C&R fish was subtle, but consistent for all  
425 species.

426 Our results corroborate previous findings that increased surface water temperature at capture  
427 negatively affects steelhead survival ((Bartholomew and Bohnsack, 2005; Bentley and Rawding,  
428 2016), although the effect was quite small, likely because temperatures in the Cowlitz River  
429 remain within the physiological optima for salmonids. This is because reservoirs in the Basin  
430 moderate river temperature conditions such that peak summer temperatures rarely exceed 16  
431 degrees Celsius. We expect that temperature effects are stronger in rivers where water  
432 temperatures approach and surpass critical stress thresholds for salmonids (e.g., 18 degrees  
433 Celsius or higher).

434 We did not evaluate effects of angling on resident or juvenile salmonid survival, which may  
435 explain differences between our findings and those of some previous studies. We hypothesize  
436 this may be because smaller resident and juvenile fish are more vulnerable to mortality due to  
437 serious injury from handling and hook removal. Small fish need to recover and continue actively  
438 feeding, whereas adult salmon and steelhead only need to survive to spawn, possibly lessening



439 the importance of some types of injuries. Given differences in life-history and size of resident  
440 and anadromous salmonids relative to typical terminal angling gear, it is reasonable to expect  
441 that specific types of terminal tackle, such as barbed hooks, may impact resident and juvenile  
442 salmonid mortality but negligibly influence adult anadromous salmonid mortality.

443 This research addressed a key shortcoming of many previous studies by using controls.  
444 However, control fish were imperfect representatives of the non-angled fish population. Capture  
445 at the CSS and transport of control fish, which differed from the handling of angled fish, could  
446 have positively biased estimates of survival for angled fish by an unknown amount due to  
447 unmeasured impacts of this additional handling. However, we believe these impacts were  
448 minimal because the trap and haul operations routinely assess mortality for hatchery broodstock  
449 and upstream transported salmon and steelhead and these impacts are thought to be negligible.  
450 Ideally, salmon and steelhead would have been marked as outmigrating juveniles and detected  
451 entering the study area as adults. This would have afforded us an unbiased group of non-angled  
452 control fish similar to the fish survival estimation methods described by Skalski et al. (2010).  
453 However, this method was not practical given our resource and timeline constraints.

454 Our study was designed to address mortality as the primary experimental endpoint. However,  
455 sublethal impacts of angling on anadromous salmon and steelhead remains a primary  
456 management concern. For example, changes in reproductive success, migratory behavior, or  
457 rates of iteroparity could have significant biological consequences. While difficult to assess,  
458 these types of sublethal impacts, if they occur because of angling, may be more consequential to  
459 population productivity than effects of angling on prespawning survival, and warrant further  
460 evaluation.

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476

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478

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