



**STATE OF WASHINGTON  
DEPARTMENT OF HEALTH**

**MODEL LIST OF TRAINING PROGRAMS IN SUICIDE ASSESSMENT,  
TREATMENT, AND MANAGEMENT  
2013 REPORT**

**LEGISLATION REQUIREMENTS**

Engrossed Substitute House Bill (ESHB) 2366 (chapter 181, Laws of 2012), which was codified as RCW 43.70.442 and amended by Substitute House Bill (SHB) 1376 (chapter 78, Laws of 2013) requires the secretary of health (secretary), Examining Board of Psychology, and Board of Occupational Therapy Practice (boards) to work together to develop a model list of training programs in suicide assessment, treatment and management.

As required in RCW 43.70.442, when developing the model list the secretary and the boards formed a workgroup that:

- Considered suicide assessment, treatment, and management training programs of at least six hours in length listed on the best practices registry of the American Foundation for Suicide Prevention and the Suicide Prevention Resource Center. Based on the amendments in SHB 1376, the workgroup evaluated programs that were at least three hours in length; and
- Consulted with public and private institutions of higher education; experts in suicide assessment, treatment, and management; and affected professional associations.

**RESEARCH METHODS**

The Department of Health reviewed courses listed on the Suicide Prevention Resource Center website<sup>1</sup> while gathering course content to be reviewed for inclusion in the model list.

Agency staff contacted local community colleges and associations, as well as local and national continuing education providers, and conducted a thorough Internet search of suicide education and continuing education programs.

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<sup>1</sup> <http://www.sprc.org/>

## **WORKGROUP MEMBERS**

- Bridgette Nedia Agpaoa Ryder, CDP, LMHC, Chemical Dependency Professional Advisory Committee
- Karin Schulze, OT, Occupational Therapy Practice Board
- Tim Livingston, Washington Professional Counselor Association
- Timothy Cahn, Ph.D., Examining Board of Psychology
- Carlos R. Carreon, LICSW, ACSW, BDC, Licensed Mental Health Counselors, Marriage and Family Therapists and Social Workers Advisory Committee
- Fredda Jaffe, LMFT, Licensed Mental Health Counselors, Marriage and Family Therapists and Social Workers Advisory Committee
- Mark Loes, MBA, CDP, Chemical Dependency Professional Advisory Committee

## **MEETING DATES**

The workgroup met at the Department of Health Tumwater office on July 26. In addition to the workgroup members, 17 members of the public attended and participated in the discussion. The workgroup also met via phone on Aug.7. Fifteen members of the public participated in the call. Notice of the workgroup meetings was sent to the certified counselor/adviser, chemical dependency professional, licensed counselor, psychology, and occupational therapy program ListSers.

## **COURSE INCLUSION**

During the course review, the workgroup and members of the public were divided into three groups. One group reviewed three-hour programs while the two other groups reviewed six-hour programs. Each group had two members of the workgroup leading the review of courses.

After the groups reviewed the courses, they came together and reported their recommendations to the full workgroup. In total, 48 courses and 31 programs from the model list were reviewed.

When developing the model list the workgroup considered courses that were at least six hours long and that were listed on the best practices registry of the American Foundation for Suicide Prevention and Suicide Prevention Resource Center. The department consulted with public and private institutions of higher education, experts in suicide assessment, treatment, and management, and the affected professional associations.

The workgroup members used a checklist based on the criteria outlined in statute, which helped ensure that each approved program included the necessary legislative requirements. The model list of training programs is attached in alphabetical order.

## Model List

### Training Programs in Suicide Assessment, Treatment, and Management October 10, 2013

Six Hour Training Suicide Assessment, Treatment & Management		
Name of Course	CE Provider	Type of Training
Addressing Suicide Risk in Substance Abuse Clients	CounselorCEUs.com	Online
Applied Suicide Intervention Skills Training (ASIST)	Two-day training session by certified ASIST trainers	In person
Assessing & Managing Suicidal Risk (AMSR)	Training by an authorized AMSR trainer	In person
Assessment and Management of the Suicidal Patient	BehavioralHealthCE	Online
Chronological Assessment of Suicide Events (CASE)	A trainer from the Training Institute for Suicide Assessment and Clinical Interviewing (TISA) is required	In person
CONNECT	Connect Staff Program developed by NAMI New Hampshire	In person
Depression and Suicide	NetCE	Online
DPT with Adolescents: Helping Emotionally Dysregulated and Suicidal Teens	Behavioral Tech Research, Inc.	In person
Evidence-Based Treatment of Adolescent Depression and Suicide	J&K Seminars	Online
Fear of Feelings: Treating Male Suicide & Depression	OnLineCEUCredit	Online DVD
Managing Suicidal Risk (CAMS Approach)	CE-credit.com	Online
Question Persuade Refer – Suicide Risk Assessment & Management Training (QPRT)	Training must be conducted by a certified QPRT trainer	In person
Recognition, Assessment & Treatment of Suicidality	Cascadia Training for Professional Development	In person
Recognizing and Responding to Suicide Risk (RRSR)	Training must be conducted by an authorized RRSR trainer	In person
Suicide Assessment and Management	J&K Seminars	Online
Suicide Assessment and Treatment	Washington State Coalition for Mental Health Professional	In person
Suicide Assessment, Prevention, Risk Management and Choice	Zur Institute	Online

Six Hour Training Suicide Assessment, Treatment & Management		
Name of Course	CE Provider	Type of Training
Suicide Intervention	Starr Global Learning Network	Online
Suicide Risk Assessment and Management	American Healthcare Institute	In person Online
Suicide Thoughts and Behaviors in Substance Abuse	Quantum Units Education	Online
Suicide What Therapists Need to Know	Professional Psych Seminars	Online
Suicide: Treating the Self Destructive Client	CMI Premier Education Solutions	Online
Treating Suicidal Behavior	The Institute for the Study of Human Knowledge	Online
WA Psychological Association Suicide Assessment & Treatment	Washington State Psychological Association	In person
Three Hour Training Suicide Assessment, Screening & Referral		
Name of Course	CE Provider	Type of Training
Dealing with Suicidal Behavior	Service Alternatives Training Institute	In person
QPR Suicide Training Triage	QPR Institute	In person Online
Risk Assessment Training – Suicide Risk Assessment, Screening and Referral	EPOCH Continuing Education, in collaboration with the WA Professional Counselors Association	In person
Suicide Alertness for Everyone - SafeTALK	SafeTALK	In person
Suicide Prevention and Early Intervention Training – Applied Suicide Intervention Skills Training (ASIST)	American Indian Institute – University of Oklahoma	In person
Suicide Prevention Training for Gatekeepers of Older Adults	Offered by the Samaritans of Merrimack Valley, MA	In person
Suicide Risk Assessment, Screening and Referral Association	EPOCH Continuing Education, in collaboration with the Washington Professional Counselors	In person